

## Medical Breast Training Program

<b>Session Eight: Breast Cancer Survivorship</b>	
<p><b>Course Description:</b> This course will provide in depth information that will equip healthcare practitioners with skills so they may best collaborate with patients to optimize their survivorship journey. Topics include recommended surveillance and medication side effect management, to important health topics that commonly need addressed post breast cancer treatment such as bone health, sexual health and menopausal symptoms.</p>	
<p>Learning Objectives:</p> <ul style="list-style-type: none"> <li>• Describe healthcare needs for breast cancer survivors including surveillance imaging, management of SERM and AI side effects, bone health, and cardio-oncology surveillance.</li> <li>• Identify safe and effective treatments that may improve symptoms commonly seen with breast cancer survivors including vasomotor symptoms, sexual dysfunction, lymphedema, and mental health concerns.</li> <li>• Recognize the individual needs of breast cancer survivors, inclusive of support and self-care resources</li> </ul>	
30 Minutes	<p>General Survivorship <i>Machelle Moeller, CNP</i></p>
Objectives	<p>Objectives:</p> <ul style="list-style-type: none"> <li>• Define what survivorship is, and who qualifies as a survivor</li> <li>• Discuss important components that should be part of a survivorship plan</li> </ul>
30 Minutes	<p>Management of SERM and AI Side Effects <i>Carol Townsley, M.D.</i></p>
Objectives	<p>Objectives:</p> <ul style="list-style-type: none"> <li>• Describe common side effects of SERM's and AI's</li> <li>• Discuss strategies to minimize or treat common side effects of these medications</li> <li>• Formulate a stepwise approach to prescribing SERM's and AI's based on side effects (e.g. if this medication is not tolerated, move on to this one, etc...)</li> </ul>
30 Minutes	<p>Management of Menopausal Symptoms <i>Juliana (Jewel) M. Kling, M.D., M.P.H.</i></p>
Objectives	<p>Objectives:</p> <ul style="list-style-type: none"> <li>• Describe briefly the menu of available non-hormonal options for menopause treatment</li> <li>• Detail a few studies related to non-hormonal treatment options, including emerging therapies</li> <li>• Demonstrate understanding of a recent guideline for non-hormonal options for menopause symptom treatment (North American Menopause Society)</li> </ul>
30 Minutes	<p>Bone Health <i>Dawn M. Mussallem, D.O.</i></p>
Objectives	<p>Objectives:</p> <ul style="list-style-type: none"> <li>• Define what is normal and abnormal related to bone health</li> <li>• Discuss guideline-based recommendations for screening for osteoporosis</li> <li>• Relate evidence-based suggestions for maintaining or improving bone health post breast cancer treatment</li> </ul>

30 Minutes	Cardio-Oncology <i>Husam Abdel-Qadir, M.D., Ph.D.</i>
Objectives	Objectives: <ul style="list-style-type: none"> <li>• Define what is meant by ‘cardio-oncology’</li> <li>• Discuss the cardiovascular concerns that need to be considered in patients undergoing or post treatment for breast cancer</li> <li>• Formulate recommendations for screening for women at high risk of cardiovascular complications related to their breast cancer treatment</li> <li>• Discuss preventative cardiovascular strategies that people who have survived breast cancer can consider</li> </ul>
30 Minutes	Care of the Older Patient <i>Lauren F. Cornell, M.D.</i>
Objectives	Objectives: <ul style="list-style-type: none"> <li>• Define what is meant by ‘older’ patient</li> <li>• Detail considerations for older women who have survived breast cancer</li> </ul>
30 Minutes	Sexuality After Breast Cancer Treatment <i>Sheryl Kingsberg, Ph.D.</i>
Objectives	Objectives: <ul style="list-style-type: none"> <li>• Describe normal sexual functioning</li> <li>• Detail types of female sexual dysfunction and a general approach to treatment</li> <li>• Examine preventative strategies women or their physicians/APPs could consider regarding FSD</li> </ul>
30 Minutes	Lymphedema <i>Noli B. Dioneda, M.S., P.T., D.P.T.</i>
Objectives	Objectives: <ul style="list-style-type: none"> <li>• Detail the prevalence and impact of lymphedema on breast cancer survivors</li> <li>• Describe a general approach to treatment for patients with lymphedema</li> </ul>
30 Minutes	Survivorship Summaries <i>Daniela L. Stan, M.D.</i>
Objectives	Objectives: <ul style="list-style-type: none"> <li>• Define what a survivorship summary is and why it is important</li> <li>• Detail the components of a survivorship summary</li> </ul>
<b>Livestream July 23, 2022 9:00 a.m. – 12:00 p.m. CT</b>	Navigation and Breast Cancer & Survivorship Case Discussions (5) <b><i>Dawn M. Mussallem, D.O., Juliana (Jewel) M. Kling, D.O., Pooja Advani, M.B.B.S., Patricia A. Cronin, M.D., Chirag Shah, M.D., M.D., Bridgette Lord, MN, NP-Adult, Mabelle Moeller, CNP</i></b>