

# GRIT for Women in Medicine: Growth, Resilience, Inspiration & Tenacity 2022 Program Schedule

Thursday - Growth & Development	
Time	Event
6:30 a.m.	<b>Registration &amp; Breakfast</b>
7:30 a.m.	<b>GRIT 2022 Welcome</b> <i>Anjali Bhagra, M.D.</i> <i>Susan M. Moeschler, M.D.</i>
7:45 a.m.	<b>Keynote: Finding Meaning in Medicine &amp; Our Lives</b> <i>Annie T. Sadosty, M.D.</i>
8:30 a.m.	<b>Question &amp; Answer</b> <i>Annie T. Sadosty, M.D.</i>
8:45 a.m.	<b>Adapting in the Digital Age (Innovation, Disruption &amp; Digital Transformation)</b> <i>Shauna M. Overgaard, Ph.D.</i>
9:30 a.m.	<b>Question &amp; Answer</b> <i>Shauna M. Overgaard, Ph.D.</i>
9:45 a.m.	<b>Refreshment Break / Poster Presentations</b> <i>Moderators: Erin Barreto, Pharm.D. &amp; Alice Gallo De Moraes, M.D.</i>
10:15 a.m.	<b>Effective Communication and Presence</b> <i>Carrie A. Thompson, M.D.</i>
10:45 a.m.	<b>Emotional Intelligence</b> <i>Stephanie G. Vanterpool, M.D., M.B.A.</i> <i>The University of Tennessee</i>
11:15 a.m.	<b>Question &amp; Answer</b> <i>Carrie A. Thompson, M.D.</i> <i>Stephanie G. Vanterpool, M.D., M.B.A.</i>
11:30 a.m.	<b>Stories of GRIT</b> <i>Angela M. Donaldson, M.D.</i> <i>Young M. Erben, M.D.</i>
12:15 p.m.	<b>Morning session ends</b>

**Thursday – Afternoon Workshops**

<b>Time</b>	<b>Event</b>
12:15 p.m.	<b>Attendee Lunch</b>
1:00 p.m. – 3:15 p.m.	<b>Concurrent Workshops</b>  <b>Prioritizing Well-Being, Reflecting and Activating</b> <i>Kristin S. Vickers, Ph.D., L.P &amp; Kristin J. Somers, M.D.</i> General Session Room - Livestreamed  <b>Creating an Elevator Pitch</b> <i>Heidi L. Dieter &amp; Neha P. Raukar, M.D., M.S.</i> Hamptons Room – Live Only  <b>Addressing Patient Bias</b> <i>Katharine A. Price, M.D. &amp; Catherine W. Njathi-Ori, M.D.</i> Hampshire Room – Live Only  <b>Creating &amp; Elevating Your Social Media Presence</b> <i>Emily E. Sharpe, M.D. &amp; Amy Pearson, M.D., FASA</i> Malibu Room – Live Only
3:15 p.m.	<b>Day Adjourns</b>
<b>Networking Reception</b> Waterfall Lawn 5:30p.m. – 6:30p.m.	

<b>Friday - Diversity, Equity &amp; Inclusion</b>	
<b>Time</b>	<b>Event</b>
6:30 a.m.	<b>Breakfast with the Experts</b>
7:30 a.m.	<b>Recruiting and Retaining a Diverse Workforce</b> <i>Britany J. McElroy, M.H.A.</i>
8:00 a.m.	<b>MVP of Global Health</b> <i>Alyssa B. Chapital, M.D., Ph.D.</i>
8:30 a.m.	<b>Question &amp; Answer</b> <i>Britany J. McElroy, M.H.A.</i> <i>Alyssa B. Chapital, M.D., Ph.D.</i>
8:45 a.m.	<b>Pearls in the OR</b> <i>Shanda Blackmon, M.D., M.P.H.</i>
9:00 a.m.	<b>Panel Discussion: Creating a Culture of Advocacy and Leadership</b> <i>Molly A. Feely, M.D.</i> <i>Caroline J. Davidge-Pitts, M.B., B.Ch.</i> <i>Nouran Felo, M.D.</i> <i>Shanda Blackmon, M.D., M.P.H.</i>
9:45 a.m.	<b>Refreshment Break &amp; Poster Presentations</b> <i>Moderators: Erin Barreto, Pharm.D. &amp; Alice Gallo De Moraes, M.D.</i>
10:30 a.m.	<b>Masterfully Navigating Change in Challenging Times</b> <i>Prathibha Varkey, M.B.B.S., M.B.A.</i>
11:00 a.m.	<b>Question &amp; Answer</b> <i>Prathibha Varkey, M.B.B.S., M.B.A.</i>
11:15 a.m.	<b>Panel Discussion: Men as Allies</b> <i>Charanjit S. Rihal, M.D.</i> <i>Doug A. Simonetto, M.D.</i> <i>Bradley C. Leibovich, M.D.</i>  <i>Moderator: Mark Shapiro, M.D. – Santa Rosa Memorial Hospital</i>
12:00 p.m.	<b>Question &amp; Answer</b> <i>Charanjit S. Rihal, M.D.</i> <i>Doug A. Simonetto, M.D.</i> <i>Bradley C. Leibovich, M.D.</i> <i>Mark Shapiro, M.D.</i>
12:15 p.m.	<b>Morning session ends</b>

**Friday – Afternoon Workshops**

<b>Time</b>	<b>Event</b>
12:15 p.m.	<b>Attendee Lunch</b>
1:00 p.m. – 3:15 p.m.	<b>Concurrent Workshops</b>  <b>Addressing Patient Bias</b> <i>Katherine A. Price, M.D. &amp; Catherine W. Njathi-Ori, M.D.</i> General Session Room – Livestreamed  <b>Creating an Elevator Pitch</b> <i>Heidi L. Dieter &amp; Neha P. Raukar, M.D., M.S.</i> Hamptons Room – Live Only  <b>Prioritizing Well-Being, Reflecting and Activating</b> <i>Kristin S. Vickers, Ph.D., L.P &amp; Kristin J. Somers, M.D.</i> Hampshire Room – Live Only  <b>Creating &amp; Elevating Your Social Media Presence</b> <i>Emily E. Sharpe, M.D. &amp; Amy Pearson, M.D., FASA</i> Malibu Room – Live Only
3:15 p.m.	<b>Day Adjourns</b>

<b>Saturday - Inspiration &amp; Tenacity</b>	
<b>Time</b>	<b>Event</b>
6:30 a.m.	<b>Breakfast with the Experts</b>
7:30 a.m.	<b>Developing a Strategic Approach to Risk Taking and Performance</b> <i>Karthik Ghosh, M.D.</i> <i>Erin M. Pagel, M.S.</i>
8:00 a.m.	<b>Essentials of Personal Finance Management</b> <i>Stacy Beal, M.D.</i> <i>University of Florida</i>
8:30 a.m.	<b>Question &amp; Answer</b> <i>Karthik Ghosh, M.D.</i> <i>Erin M. Pagel, M.S.</i> <i>Stacy Beal, M.D.</i>
8:45 a.m.	<b>Leadership Styles</b> <i>Devyani Lal, M.D.</i>
9:15 a.m.	<b>Coaching for Success</b> <i>Melinda (Mindy) S. McManus, MEd, PCC</i> <i>Ji Yun Kang, Ph.D.</i>
9:45 a.m.	<b>Question &amp; Answer</b> <i>Devyani Lal, M.D.</i> <i>Melinda (Mindy) S. McManus, MEd, PCC</i> <i>Ji Yun Kang, Ph.D.</i>
10:00 a.m.	<b>Refreshment Break / Poster Viewing</b>
10:15 a.m.	<b>Managing Time</b> <i>Peace N. Eneh, M.D., M.P.H.</i> <i>Dawn M. Mussallem, D.O.</i> <i>Kristen M. Scheitler, M.D.</i> <i>Moderator: Cheryll A. Albold, Ph.D., M.S.</i>
11:00 a.m.	<b>Question &amp; Answer</b> <i>Peace N. Eneh, M.D., M.P.H.</i> <i>Dawn M. Mussallem, D.O.</i> <i>Kristen M. Scheitler, M.D.</i> <i>Moderator: Cheryll A. Albold, Ph.D., M.S.</i>
11:15 a.m.	<b>Feedback as a Developmental Tool</b> <i>Sandra (Sandy) L. Kopp, M.D.</i>

11:45 a.m.	<b>Effective Mentorship and Sponsorship</b> <i>Jasmine Marcelin, M.D.</i> <i>University of Nebraska</i>
12:15 p.m.	<b>Question &amp; Answer</b> <i>Sandra (Sandy) L. Kopp, M.D.</i> <i>Jasmine Marcelin, M.D.</i>
12:30 p.m.	<b>Closing Remarks</b> <i>Anjali Bhagra, M.D.</i> <i>Susan M. Moeschler, M.D.</i>
12:45 p.m.	<b>Course Adjourns</b>