

Updates in Family Medicine

March 9-11, 2023

**All times listed PACIFIC time zone.*

Thursday, March 9, 2023	
6:30 a.m.	Registration and Breakfast
7:20 a.m.	Welcome and Conference Overview Nathan A. Jacobson, D.O. and Sean T. Powell, M.D.
7:30 a.m.	Pulmonary Pearls Megan Duloher Scrodin, M.D.
8:05 a.m.	Peds URI Karla Polk St. Germaine, M.D.
8:40 a.m.	Joint Injections Jason S. O'Grady, M.D.
9:15 a.m.	Break
9:35 a.m.	When Food Allergies are Not Allergies Rohit Divekar, M.B.B.S., Ph.D.
10:10 a.m.	Insomnia Susie Y. Yeh, M.D.
10:45 a.m.	Chest Pain Kathleen (Katie) A. Young, M.D.
11:20 a.m.	Pick Up Lunch
11:35 a.m.	Roundtable Lunch with Faculty
12:05 p.m.	Break/Reconvene
12:15 p.m.	Anxiety Kristin S. Vickers, Ph.D., L.P.
12:50 p.m.	Augmentation Treatment for Depression Sarah J. Carpenter, APRN, C.N.P., D.N.P.
1:25 p.m.	Non-insulin Therapies for Type 2 Diabetes Rosalina G. McCoy, M.D.
2:00 p.m.	Adjourn Day

Friday, March 10, 2023

6:45 a.m.	Registration and Breakfast
7:25 a.m.	Overview of Day
7:30 a.m.	Hocus POCUS Nathaniel T. Nielsen, D.O.
8:05 a.m.	Gout Attack Lynne S. Peterson, M.D.
8:40 a.m.	Integrative Medicine Heidi M. Meyer, M.D.
9:15 a.m.	Break
9:35 a.m.	COVID Outpatient Therapy Sidna M. Tullledge-Scheitel, M.D., M.P.H.
10:10 a.m.	Immunization Updates Robert M. Jacobson, M.D.
10:45 a.m.	Anemia Carrie A. Thompson, M.D.
11:20 a.m.	Pick Up Lunch
11:35 a.m.	Roundtable Lunch with Faculty
12:05 p.m.	Break/Reconvene
12:15 p.m.	PrEP Maryam Mahmood, M.B., Ch.B.
12:50 p.m.	Urinary Incontinence in Women Christopher F. Tenggaardjaja, M.D.
1:25 p.m.	Wound Closure Nahid Y. Vidal, M.D.
2:00 p.m.	Adjourn Day

Saturday, March 11, 2023

6:45 a.m.	Registration and Breakfast
7:25 a.m.	Overview of Day
7:30 a.m.	Pulmonary Nodules David E. Midthun, M.D.
8:05 a.m.	ENT Injuries Kristi M. Colbenson, M.D.
8:40 a.m.	Colon Polyp Management Stephanie L. Hansel, M.D., M.S.
9:15 a.m.	Eye Injuries Kristi S. Colbenson, M.D.
9:50 a.m.	Break
10:10 a.m.	Neurology Pearls James C. Watson, M.D.
10:45 a.m.	Telehealth Yvonne V.U. Bach, M.D.
11:20 a.m.	The Challenging Spine Stephen J. Wisniewski, M.D.
11:55 a.m.	Conference Highlights and Wrap Up Sean T. Powell, M.D.
12:10 p.m.	Adjourn Conference