

***24<sup>th</sup> Annual Mayo Clinic  
Internal Medicine Update Session 1  
Program Schedule***

**Thursday, October 13, 2022**

---

6:00 a.m.	<b>Registration, Breakfast and Exhibits</b>
7:15 a.m.	<b>Welcome and Introductions</b>
7:30 a.m.	<b>ABC's of LFT's: Deciphering the Code</b> Hugo E. Vargas, M.D.
8:00 a.m.	<b>Integrative Medicine in Menopause</b> Denise M. Millstine, M.D.
8:30 a.m.	<b>Palliative Medicine 2022</b> Mark K. Edwin, M.D.
9:00 a.m.	<b>Q &amp; A Session</b>
9:45 a.m.	<b>Refreshment Break and Exhibits</b>
10:15 a.m.	<b>Esophageal Disorders</b> Allon Kahn, M.D.
10:45 a.m.	<b>Movement Disorders: Differentiation and Diagnosis</b> Shyamal H. Mehta, M.D., Ph.D.
11:15 a.m.	<b>Interesting Thyroid Cases</b> Lori R. Roust, M.D.
11:45 a.m.	<b>Office Based Sports Medicine</b> Karan A. Patel, M.D.
12:15 p.m.	<b>Q &amp; A Session</b>
1:15 p.m.	<b>Adjourn</b>

## **Friday, October 14, 2022**

---

- 6:00 a.m.            **Breakfast and Exhibits**
- 7:15 a.m.            **Announcements**
- 7:30 a.m.            **CHF: Interesting Cases, Algorithms for Success**  
Brian W. Hardaway, M.D.
- 8:00 a.m.            **Systemic Scleroderma - Updates On Early Detection and  
Multidisciplinary Approach**  
Vivek Nagaraja, M.B.B.S., M.D.
- 8:30 a.m.            **COPD Best Practices**  
Cyril Varghese, M.D., M.S.
- 9:00 a.m.            **Q & A Session**
- 9:45 a.m.            **Refreshment Break and Exhibits**
- 10:15 a.m.           **Syncope**  
Amit A. Shah, M.D.
- 10:45 a.m.           **Geriatrics: What's New with the Old?**  
Amit A. Shah, M.D.
- 11:15 a.m.           **Myelodysplastic Syndromes**  
Cecelia Y. Arana Yi, M.D.
- 11:45 a.m.           **Innovations in Dermatology - JAK inhibitors**  
Aaron R. Mangold, M.D.
- 12:15 p.m.           **Q & A Session**
- 1:15 p.m.            **Adjourn**

## **Saturday, October 15, 2022**

---

- 6:00 a.m.            **Breakfast and Exhibits**
- 7:15 a.m.            **Announcements**
- 7:30 a.m.            **Intersections: Art and Medicine**  
Charles J. Manak, M.D.
- 8:00 a.m.            **Urine It to Win It A.K.A. Avoiding Urinalysis Paralysis**  
Mira T. Keddis, M.D.
- 8:30 a.m.            **COVID Long Haul Syndrome**  
Christopher F. Saling, M.D.
- 9:00 a.m.            **Q & A Session**
- 9:45 a.m.            **Refreshment Break and Exhibits**
- 10:15 a.m.           **Utilizing SGLT2-Inhibitors in your Practice: Pearls and Pitfalls**  
Lisa M. LeMond, M.D.
- 10:45 a.m.           **Prime Today! The Impact of Uncertainty in Medicine?**  
Neera Agrwal, M.D., Ph.D.
- 11:15 a.m.           **Pulmonary Hypertension**  
Rodrigo Cartin-Ceba, M.D.
- 11:45 a.m.           **TB or Not TB: That is the Question**  
Lisa J. Speiser, D.O.
- 12:15 p.m.           **Q & A Session**
- 1:15 p.m.            **Adjourn**

## **Sunday, October 16, 2022**

---

- 6:00 a.m.            **Breakfast and Exhibits**
- 7:15 a.m.            **Announcements**
- 7:30 a.m.            **Targeted Therapies in Cancer Treatment:  
Raising PCP Awareness**  
Alan H. Bryce, M.D.
- 8:00 a.m.            **POTS: Principles of Diagnosis and Treatment**  
Brent P. Goodman, M.D.
- 8:30 a.m.            **Pulmonary Update 2022**  
Richard A. Helmers, M.D.
- 9:00 a.m.            **Q & A Session**
- 9:45 a.m.            **Refreshment Break and Exhibits**
- 10:15 a.m.           **Hypertension: Problem Solving**  
Musab S. Hommos, M.B.B.S.
- 10:45 a.m.           **Women's Sexual Health 101**  
Talia Sobel, M.D.
- 11:15 a.m.           **Artificial Intelligence in Medicine: A Briefing**  
Reza Arsanjani, M.D.
- 11:45 a.m.           **Q & A Session**
- 12:15 p.m.           **Adjourn**