Clinical Reviews 2023: 34th Annual Family Medicine and Internal Medicine Update

March 2-5, 2023

Thursday, March 2, 2023

7:00 a.m.	Breakfast and Registration
7:45 a.m.	Welcome Announcements and Introductions Lesley L. Williams, M.D. and Nicholas A. Daniels, M.D., M.P.H.
SESSION	Neurology
8:00 a.m.	Diagnosis and Treatment of Headaches Rashmi B. Halker Singh, M.D.
8:30 a.m.	Advances in the Prevention and Treatment of Strokes and TIAs Cumara B. O'Carroll, M.D., M.P.H.
SESSION	Hematology/Oncology
9:00 a.m.	Evaluating and Managing Women at High Risk for Breast Cancer Jessica L. Fraker, M.D.
9:30 a.m.	Refreshment Break and Exhibits
10:00 a.m.	Practical Approach to Evaluation of the Abnormal CBC Donald W. Northfelt, M.D.
10:30 a.m.	Updates in Genetic Cancer Screening Niloy Jewel (Jewel) J. Samadder, M.D.
SESSION	Dermatology
11:00 a.m.	Common Dermatologic Office Procedures David L. Swanson, M.D.
12:00 p.m.	Lunch and Exhibits

Thursday, March 2, 2023 (continued)

1:00 p.m. **Concurrent Breakout Sessions** A. Introduction to Point-of-Care Ultrasound in the Primary Care Setting Shaun K. Yang, M.D., M.P.H. B. Shoulder and Knee Evaluation and Injections Matthew B. Anastasi, M.D. 2:00 p.m. **Concurrent Breakout Sessions** A. Advanced Breast Exam and Imaging for **Dense Breast Tissue** Denise C. Schweda, M.D. B. Integrated Behavioral Health Approach to **Urgent Psychiatric Evaluations** Neeta Jain, M.D. and Lesley L. Williams, M.D. **SESSION** Gastroenterology 3:00 p.m. Approach Abnormal LFTs and Fatty Liver / NASH Blanca C. Lizaola-Mayo, M.D. 3:30 p.m. **Update on Colon Cancer Screening** Shabana F. Pasha, M.D. 4:00 p.m. Day 1 Adjourn

Welcome Reception

4:15 p.m.

Friday, March 3, 2023

7:00 a.m. **Breakfast and Exhibits** 7:50 a.m. **Announcements** SESSION Cardiology 8:00 a.m. **Preventative Cardiology** Regis I. Fernandes, M.D. 8:30 a.m. **Lipid Disorder Management: Integrating the New Guidelines** Regis I. Fernandes, M.D. SESSION **Endocrinology** 9:00 a.m. **Management of Type 2 Diabetes** Aditi Kumar, M.B.B.S. **Refreshment Break and Exhibits** 10:00 a.m. 10:30 a.m. Hyperparathyroidism and Osteoporosis Update Michael D. Whitaker, M.D. Women's Health / GYN **SESSION** 11:00 a.m. Women's Health Update Paru David, M.D. 11:30 a.m. **Evaluation and Treatment of Uterine Fibroids** Michelle Y. Louie, M.D. 12:00 p.m. **Lunch and Exhibits SESSION** Nephrology **Evaluation and Management of CKD** 1:00 p.m. Mira T. Keddis, M.D. 1:30 p.m. **Hypertension Management in 2023**

Musab S. Hommos, M.B.B.S.

Friday, March 3, 2023 (continued)

2:00 p.m. **Day 2 Adjourn**

Optional Session – (Separate registration required)

2:15 p.m. ABFM Knowledge Self-Assessment (KSA) – Behavioral Health Care

Moderator: Lesley L. Williams, M.D. Content Expert: Ashley A. Stillwell, D.O.

6:15 p.m. **Optional Session Adjourn**

Saturday, March 4, 2023

7:00 a.m. **Breakfast and Exhibits**

7:50 a.m. **Announcements**

SESSION Pulmonary

8:00 a.m. Sleep Issues: Sleep Apnea, RLS and REM Behavior

Chad M. Ruoff, M.D.

8:30 a.m. **COPD and Pulmonary Nodules**

Ashley Garrett, M.D.

SESSION Musculoskeletal

9:00 a.m. New Regenerative Medicine Therapies

Arthur J. De Luigi, D.O.

SESSION Allergy / Immunology

9:30 a.m. Advances in Allergy and Immunology

Catherine (Kate) M. Freeman, M.B., B.Ch.

10:00 a.m. Refreshment Break and Exhibits

SESSION Health Equity

10:30 a.m. **Health Equity in Primary Care**

Augustine S. Chavez, M.D.

SESSION Infectious Disease

11:00 a.m. **Emerging Infectious Diseases and**

Antibiotic Stewardship

Nicholas A. Daniels, M.D., M.P.H.

SESSION Rheumatology

11:30 a.m. Updates in the Management of Polymyalgia and

Giant Cell Arteritis and Polymyositis for

Primary Care Providers Michael M. Pham, M.D.

12:00 p.m. Lunch and Exhibits

Saturday, March 4, 2023 (continued)

SESSION Adolescent Medicine

1:00 p.m. Transition from Pediatric to Adult Health Care

Kellie K. Kruger, M.D.

SESSION Urology

1:30 p.m. Update in Urology: UI, Overactive Bladder

Aqsa Khan, M.D.

2:00 p.m. Concurrent Breakout Sessions

A. Incorporating Teaching and Research into Your

Busy Clinical Practice

Jesus Bracamonte, D.O.; Martina Mookadam, M.D.;

and Mary M. Winscott, M.D.

B. Optimizing Revenue and Efficiency in Your Practice

Michael Underhill, M.D. and Christopher Pullins, M.D.

3:00 p.m. Day 3 Adjourn

Sunday, March 5, 2023

Breakfast and Exhibits
Announcements
Updates and Clinical Guidelines and Research
2022 Research Review Andrea Darby-Stewart, M.D.
Clinical Guidelines Review Andrea Darby-Stewart, M.D.
Geriatrics
Dementia Evaluation and Behavior Management Techniques Bryan Woodruff, M.D.
Geriatric Health Maintenance: What to Screen and When to Stop Amit Shah, M.D.
Refreshment Break and Exhibits
Immunizations
2023 Immunization Update Michael Campbell, PharmD
Practice Management
Palliative and Hospice Care for Primary Care Providers Mark K. Edwin, M.D.
Gender-Affirming Primary Care Robert (Bob) Horsley, M.D.
Lunch – Day 4 Adjourn