

# Endocrine Update 2023

February 20-24, 2023

## Course Directors:

Maria L. Collazo-Clavell, M.D.

Travis J. McKenzie, M.D.

Jad Sfeir, M.D., M.S.

### SUNDAY, February 19, 2023

4:00-5:30 p.m. Pre-Dinner Welcome Reception

### MONDAY, February 20, 2023

7:00 a.m. **Registration & Continental Breakfast**

7:45 a.m. **Welcome and Course Overview**  
Maria L. Collazo-Clavell, M.D.

#### Thyroid

Moderator: Diana S. Dean, M.D.

8:00 a.m. **Thyroid Nodules- Guidelines**  
Victor Bernet, M.D.  
**Speaker Q&A**

8:30 a.m. **Advanced Thyroid Cancer**  
John C. Morris, III, M.D.  
**Speaker Q&A**

9:00 a.m. **Thyroid Eye Disease**  
Marius N. Stan, M.D.  
**Speaker Q&A**

9:30 a.m. **Challenging Thyroid Function Tests**  
Victor Bernet, M.D.  
**Speaker Q&A**

10:00 a.m. **Refreshment Break**

#### Endocrine Disorders/Unique Circumstances

Moderator: Dana Erickson, M.D.

10:20 a.m. **Management of Adrenal Tumors in Pregnancy**  
William Young, Jr., M.D.  
**Speaker Q&A**

10:50 a.m. **Bone Health in Transgender People**  
Caroline J. Davidge-Pitts, M.B., B.Ch.  
**Speaker Q&A**

11:20 a.m. **Metastatic Neuroendocrine Tumors**  
Timothy J. Hobday, M.D.  
**Speaker Q&A**

11:50 p.m. **Curbside Consult- Registrants Case Presentation/Discussion**

12:20 p.m. **Adjourn**

**7:15 a.m. Continental Breakfast**

**7:15 a.m. Breakfast Roundtable Discussions** (*Onsite attendance only*)

Marius N. Stan, M.D..... Thyroid  
Benzon M. Dy, M.D..... Endocrine Surgery  
Caroline J. Davidge-Pitts, M.B., B.Ch..... Pituitary  
William Young, Jr., M.D..... Adrenal  
Pankaj Shah, M.D..... Diabetes  
Jad Sfeir, M.D., M.S..... Bone

**Diabetes**

Moderator: Maria L. Collazo-Clavell, M.D.

**8:00 a.m. Physiology- based choices for pharmacotherapy in DM2**

Adrian Vella, M.D.

**Speaker Q&A**

**8:30 a.m. When U-100 is not enough...U- 300 and U-500 based therapies**

Pankaj Shah, M.D

**Speaker Q&A**

**9:00 a.m. DM 1 technology**

Aoife M. Egan, M.B., B.Ch., Ph.D.

**Speaker Q&A**

**9:30 a.m. Controversies in the Management of DKA and Hyperglycemic Hyperosmolar State**

Pankaj Shah, M.D

**Speaker Q&A**

**10:00 a.m. Refreshment Break**

**Clinical Pathological Conferences**

Moderator: Jad Sfeir, M.D., M.S

**10:20 a.m. Bone**

Presenter: Kurt A. Kennel, M.D.

Panelist: Robert A. Wermers, M.D.

**11:00 a.m. Hypoglycemia**

Presenter: Aoife M. Egan, M.B., B.Ch., Ph.D.

Panelist: Adrian Vella, M.D.

**11:40 a.m. Thyroid**

Presenter: Marius N. Stan, M.D.

Panelist: John C. Morris, III, M.D.

**12:20 p.m. Adjourn**

**WEDNESDAY, February 22, 2023****7:15 a.m. Continental Breakfast****7:15 a.m. Breakfast Roundtable Discussions** (*Onsite attendance only*)

John C. Morris, III, M.D. .... Thyroid  
 Melanie L. Lyden, M.D. .... Endocrine Surgery  
 Kurt A. Kennel, M.D. .... Bone  
 Adrian Vella, M.D. .... Diabetes  
 Aoife M. Egan, M.B., B.Ch., Ph.D. .... Diabetes and Pregnancy  
 Ekta Kapoor, M.B.B.S. .... Women's Health  
 Susan (Sue) L. Samson, M.D., Ph.D. .... Pituitary

**8:00 a.m. F. John Service Memorial Lecture**

Philip Raskin, M.D.

**8:50 a.m. Travel to Small Group Session****CONCURRENT SMALL GROUP SESSIONS – I**Session Times (Choose 2 out of 3 topics below):**8:55 a.m. – 9:50 a.m.****9:55 a.m. – 10:50 a.m.**

<b>Topic</b>	<b>Presenter</b>	<b>Location</b>
Adrenal E-mail Consults—The Questions, The Answers	William Young, Jr., M.D.	Salon 1 & 2
Transgender Medicine	Caroline Davidge-Pitts	Plaza 3
HRT	Ekta Kapoor, M.B.B.S.	Plaza 1 & 2

**8:55 a.m. Concurrent Small Group Session** (*refer to above table*)**9:50 a.m. Travel to next Concurrent Small Group Session****9:55 a.m. Concurrent Small Group Session** (*refer to above table*)**10:50 a.m. Refreshment Break****11:00 a.m. Travel to Concurrent Small Group Sessions****CONCURRENT SMALL GROUP SESSIONS – II**Session Times (Choose 2 out of 3 topics below):**11:05 a.m. – 12:00 p.m.****12:05 p.m. – 1:00 p.m.**

<b>Topic</b>	<b>Presenter</b>	<b>Location</b>
Novel Approaches in Obesity Management	Omar M. Ghanem, M.D. Andrew C. Storm, M.D.	Plaza 3
Approach to the pituitary incidentaloma	Susan (Sue) L. Samson, M.D., Ph.D.	Plaza 1 & 2
Thyroid Cases	Diana S. Dean, M.D.	Salon 1 & 2

**11:05 a.m. Concurrent Small Group Sessions** (*refer to above table*)**12:00 p.m. Travel to next Concurrent Small Group Session****12:05 p.m. Concurrent Small Group Sessions** (*refer to above table*)**1:00 p.m. Adjourn**

7:15 a.m. Continental Breakfast

7:15 a.m. Breakfast Roundtable Discussions (*Onsite attendance only*)

Alice Y. Chang, M.D.....PCOS  
Robert A. Wermers, M.D.....Calcium/Bone  
Victor Bernet, M.D..... Thyroid  
Dana Erickson, M.D. ....PGA  
Travis J. McKenzie, M.D.....Endocrine Surgery

**Adrenal**

Moderator: Melanie L. Lyden, M.D.

8:00 a.m. Primary Aldosteronism – Tips for the Clinician

William Young, Jr., M.D.

**Speaker Q&A**

8:30 a.m. Adrenal Cushing’s Disease

Susan (Sue) L. Samson, M.D., Ph.D.

**Speaker Q & A**

9:00 a.m. Adrenal Surgery- Recent Advances

Travis J. McKenzie, M.D.

**Speaker Q&A**

9:30 a.m. Hyperandrogenism – Diagnosis and Management

Alice Y. Chang, M.D

**Speaker Q&A**

10:00 a.m. Refreshment Break

**Endocrinology and Radiology**

Moderator: Travis J. McKenzie, M.D.

10:20 a.m. Adrenal Venous Sampling

James C. Andrews, M.D.

**Speaker Q&A**

10:50 a.m. Pituitary Findings You Never Want to Miss and Some You Hope You Never See

Bradley J. Erickson, M.D., Ph.D.

**Speaker Q&A**

11:20 a.m. Radiofrequency Ablation for Benign Thyroid Disease

John J. Schmitz, M.D.

**Speaker Q & A**

11:50 p.m. Case Presentations: Images

12:20 p.m. Adjourn

**FRIDAY, February 24, 2023**

**7:15 a.m. Continental Breakfast**

**Bone**

Moderator: Jad Sfeir, M.D., M.S.

**8:00 a.m. Primary Hyperparathyroidism- New Guidelines**  
Robert A. Wermers, M.D.  
**Speaker Q&A**

**8:30 a.m. Laboratory Testing in Bone and Mineral Disorders**  
Alicia Algeciras-Schimmich, M.D.  
**Speaker Q & A**

**9:00 a.m. Challenging Cases of Hypercalcemia**  
Jad Sfeir, M.D., M.S.  
**Speaker Q&A**

**9:30 a.m. Bone Disease: Year in Review**  
Robert A. Wermers, M.D.  
**Speaker Q & A**

**10:00 a.m. Refreshment Break**

**Endocrinology and Aging**

Moderator: Maria L. Collazo-Clavell, M.D.

**10:20 a.m. Treating Osteoporosis in the oldest old**  
Jad Sfeir, M.D., M.S.  
**Speaker Q&A**

**10:50 a.m. Thyroid function test in the elderly**  
Victor Bernet, M.D.  
**Speaker Q&A**

**11:20 a.m. Treating male hypogonadism in the elderly**  
Alice Y. Chang, M.D.  
**Speaker Q & A**

**11:50 p.m. Healthy Aging – Impact of dietary patterns and Physical Activity**  
Maria L. Collazo-Clavell, M.D.  
**Speaker Q & A**

**12:20 p.m. Adjourn**