

***Clinical Reviews 2023: 34<sup>th</sup> Annual  
Family Medicine and Internal Medicine Update***  
March 2-5, 2023

**Thursday, March 2, 2023**

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7:00 a.m.	<b>Breakfast and Registration</b>
7:45 a.m.	<b>Welcome Announcements and Introductions</b> Lesley L. Williams, M.D. and Nicholas A. Daniels, M.D., M.P.H.
<b>SESSION</b>	<b>Neurology</b>
8:00 a.m.	<b>Diagnosis and Treatment of Headaches</b> Rashmi B. Halker Singh, M.D.
8:30 a.m.	<b>Advances in the Prevention and Treatment of Strokes and TIAs</b> Cumara B. O'Carroll, M.D., M.P.H.
<b>SESSION</b>	<b>Hematology/Oncology</b>
9:00 a.m.	<b>Evaluating and Managing Women at High Risk for Breast Cancer</b> Jessica L. Fraker, M.D.
9:30 a.m.	<b>Refreshment Break and Exhibits</b>
10:00 a.m.	<b>Practical Approach to Evaluation of the Abnormal CBC</b> Donald W. Northfelt, M.D.
10:30 a.m.	<b>Updates in Genetic Cancer Screening</b> Niloy Jewel (Jewel) J. Samadder, M.D.
<b>SESSION</b>	<b>Dermatology</b>
11:00 a.m.	<b>Common Dermatologic Office Procedures</b> David L. Swanson, M.D.
12:00 p.m.	<b>Lunch and Exhibits</b>

**Thursday, March 2, 2023** *(continued)*

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1:00 p.m.	<b>Concurrent Breakout Sessions</b> <b>A. Introduction to Point-of-Care Ultrasound in the Hospital Setting</b> Shaun K. Yang, M.D., M.P.H.  <b>B. Shoulder and Knee Evaluation and Injections</b> Matthew B. Anastasi, M.D.
2:00 p.m.	<b>Concurrent Breakout Sessions</b> <b>A. Advanced Breast Exam and Imaging for Dense Breast Tissue</b> Denise C. Schweda, M.D.  <b>B. Integrated Behavioral Health Approach to Urgent Psychiatric Evaluations</b> Neeta Jain, M.D. and Lesley L. Williams, M.D.
<b>SESSION</b>	<b>Gastroenterology</b>
3:00 p.m.	<b>Approach Abnormal LFTs and Fatty Liver / NASH</b> Blanca C. Lizaola-Mayo, M.D.
3:30 p.m.	<b>Update on Colon Cancer Screening</b> Shabana F. Pasha, M.D.
4:00 p.m.	<b>Day 1 Adjourn</b>
4:15 p.m.	<b>Welcome Reception</b>

## **Friday, March 3, 2023**

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7:00 a.m.                      **Breakfast and Exhibits**

7:50 a.m.                      **Announcements**

**SESSION                      Cardiology**

8:00 a.m.                      **Clinical Utility of Coronary Calcium Score - A Guide for Practitioners**  
Regis I. Fernandes, M.D.

8:30 a.m.                      **Lipid Disorder Management:  
How to Integrate Nonstatin Therapy in Your Practice**  
Regis I. Fernandes, M.D.

**SESSION                      Endocrinology**

9:00 a.m.                      **Management of Type 2 Diabetes**  
Aditi Kumar, M.B.B.S.

10:00 a.m.                      **Refreshment Break and Exhibits**

10:30 a.m.                      **Hyperparathyroidism and Osteoporosis Update**  
Michael D. Whitaker, M.D.

**SESSION                      Women's Health / GYN**

11:00 a.m.                      **Women's Health Update**  
Paru David, M.D.

11:30 a.m.                      **Evaluation and Treatment of Uterine Fibroids**  
Michelle Y. Louie, M.D.

12:00 p.m.                      **Lunch and Exhibits**

1:00 p.m.                      **Evaluation and Management of CKD**  
Mira T. Keddis, M.D.

**SESSION                      Infectious Diseases**

1:30 p.m.                      **Emerging Infectious Diseases and  
Antibiotic Stewardship**  
Nicholas A. Daniels, M.D., M.P.H.

## **Friday, March 3, 2023** *(continued)*

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- 2:00 p.m.            **Incorporating a Weight Inclusive Approach Into Primary Care**  
Lesley L. Williams, M.D.
- 2:30 p.m.            **Day 2 Adjourn**  
  
**Optional Session – (Separate registration required)**
- 2:15 p.m.            **ABFM Knowledge Self-Assessment (KSA) – Behavioral Health Care**  
Moderator: Lesley L. Williams, M.D.  
Content Expert: Ashley A. Stillwell, D.O.
- 6:15 p.m.            **Optional Session Adjourn**

## **Saturday, March 4, 2023**

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7:00 a.m.                      **Breakfast and Exhibits**

7:50 a.m.                      **Announcements**

**SESSION                      Pulmonary**

8:00 a.m.                      **Sleep Issues: Sleep Apnea, RLS and REM Behavior**  
Chad M. Ruoff, M.D.

8:30 a.m.                      **COPD and Pulmonary Nodules**  
Ashley Garrett, M.D.

**SESSION                      Musculoskeletal**

9:00 a.m.                      **Advances in Regenerative Medicine Therapies**  
Arthur J. De Luigi, D.O.

**SESSION                      Allergy / Immunology**

9:30 a.m.                      **Gender-Affirming Primary Care**  
Robert (Bob) Horsley, M.D.

10:00 a.m.                      **Refreshment Break and Exhibits**

**SESSION                      Health Equity**

10:30 a.m.                      **Health Equity in Primary Care**  
Augustine S. Chavez, M.D.

**SESSION                      Nephrology**

11:00 a.m.                      **Hypertension Management in 2023**  
Musab S. Hommos, M.B.B.S.

**SESSION                      Rheumatology**

11:30 a.m.                      **Updates in the Management of Polymyalgia and  
Giant Cell Arteritis and Polymyositis for  
Primary Care Providers**  
Michael M. Pham, M.D.

12:00 p.m.                      **Lunch and Exhibits**

## **Saturday, March 4, 2023** *(continued)*

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<b>SESSION</b>	<b>Adolescent Medicine</b>
1:00 p.m.	<b>Transition from Pediatric to Adult Health Care</b> Kellie K. Kruger, M.D.
<b>SESSION</b>	<b>Urology</b>
1:30 p.m.	<b>Update in Urology: UI, Overactive Bladder</b> Aqsa Khan, M.D.
2:00 p.m.	<b>Concurrent Breakout Sessions</b> <b>A. Incorporating Teaching and Research into Your Busy Clinical Practice</b> Jesus Bracamonte, D.O.; Martina Mookadam, M.D.; and Mary M. Winscott, M.D.  <b>B. Optimizing Revenue and Efficiency in Your Practice</b> Michael Underhill, M.D. and Christopher Pullins, M.D.
3:00 p.m.	<b>Day 3 Adjourn</b>

## **Sunday, March 5, 2023**

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7:00 a.m.	<b>Breakfast and Exhibits</b>
7:50 a.m.	<b>Announcements</b>
<b>SESSION</b>	<b>Updates and Clinical Guidelines and Research</b>
8:00 a.m.	<b>2022 Research Review</b> Andrea Darby-Stewart, M.D.
8:30 a.m.	<b>Clinical Guidelines Review</b> Andrea Darby-Stewart, M.D.
<b>SESSION</b>	<b>Geriatrics</b>
9:00 a.m.	<b>Dementia Evaluation and Behavior Management Techniques</b> Bryan Woodruff, M.D.
9:30 a.m.	<b>Geriatric Health Maintenance: What to Screen and When to Stop</b> Amit Shah, M.D.
10:00 a.m.	<b>Refreshment Break and Exhibits</b>
<b>SESSION</b>	<b>Immunizations</b>
10:30 a.m.	<b>2023 Immunization Update</b> Michael Campbell, PharmD
<b>SESSION</b>	<b>Practice Management</b>
11:30 a.m.	<b>Palliative and Hospice Care for Primary Care Providers</b> Mark K. Edwin, M.D.
12:00 p.m.	TBD
12:30 p.m.	<b>Adjourn</b>