

ALSO® PROVIDER COURSE

Advanced Life Support in Obstetrics (ALSO) is an evidence-based, interprofessional, and multidisciplinary training program that equips the entire maternity care team with skills to effectively manage obstetric emergencies. This comprehensive course encourages a standardized team-based approach amongst physicians, residents, nurse midwives, registered nurses and other members of the maternity care team to improve patient safety and positively impact maternal outcomes.

OVERALL COURSE OBJECTIVES

1. Discuss methods of managing pregnancy and birth urgencies and emergencies, which standardizes the skills of practicing maternity care providers.
2. Demonstrate content and skill acquisition as evidenced by successful completion of online course examination, skills workstations, and group testing stations.

COURSE DISCLAIMER

The material presented at this course is being made available by the American Academy of Family Physicians for educational purposes only. This material is not intended to represent the only, nor necessarily the best, methods or procedures appropriate for the medical situations discussed, but rather is intended to present an approach, view, statement, or opinion of the instructors which may be helpful to others who face similar situations.

The AAFP disclaims any and all liability for injury, or other damages, resulting to any individual attending this course and for all claims which may arise out of the use of the techniques demonstrated therein by such individuals, whether these claims shall be asserted by a physician, or any other person.

Every effort has been made to assure the accuracy of the data presented at this course. Clinicians may care to check specific details, such as drug doses and contraindications, etc., in standard sources prior to clinical application.

This Course has been determined to be a Level 2 classification under the AMA PRA Credit and Classification Guidelines. The AAFP does not certify competence upon completion of the ALSO Provider Course, nor does it intend this course to serve as a basis for requesting new or expanded privileges.

**For more information on
Advanced Life Support in
Obstetrics (ALSO),
please visit www.aafp.org/ALSO**

CME & CNE INFORMATION



In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

AMA Credit

Mayo Clinic College of Medicine and Science designates this live activity for a maximum of 8.75 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the extent of their participation in the activity. *Pending*

AAFP

This Live activity, ALSO Provider Course, with a date range of 4/14/2023-4/14/2023, has been reviewed and is acceptable for up to 8.75 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The American Academy of Family Physicians is approved as a provider of continuing nursing education by the Kansas State Board of Nursing. This course offering is approved for 10.50 contact hours applicable for APRN, RN, LPN, or LMHT relicensure. Kansas State Board of Nursing provider number: LT0278-0312. This is an advanced level course and may not be suitable for all general continuing nursing education.



AMERICAN ACADEMY OF FAMILY PHYSICIANS

ALSO Provider Course

April 14, 2023

**Mayo Clinic
Rochester, MN**

**Mayo Clinic
Department of Family Medicine
200 First St SW
Rochester, MN 55905**

COURSE PRE-WORK

(15 min)

Learners will be provided an email with a link to the online portion of the ALSO Provider Course. Content consists of a pre-test; recorded lectures; online case studies; recorded workstation demonstrations; post-test and a course evaluation. Upon completion of the evaluation and claiming of credit, the letter of participation will be accessible electronically.

The letter of participation must be provided to the Course Sponsor as proof of successful completion of the course pre-work PRIOR TO participation in the Live Portion of the course.

AFTER THE COURSE

Upon successful completion of the live course, the ALSO Course Sponsor is responsible for providing post-course documentation to the ALSO Program within 2 weeks. After the Course Sponsor has submitted all required post-course documentation, learners will be emailed letters of participation by the AAFP. For those who successfully complete both the online and the live portion of the course, wallet cards will be additionally included at the bottom of the emailed live course letter of participation.

COURSE FACULTY

Lindsey Chmielewski MD
Katherine Clubb MD
Marcia O'Brien MD
John McCade MD
Natalie Erbs MD
Michele Hanson MD
Terri Nordin MD
Emily Smith MD
Tony Furlano DO
Chris Martinez DO
Jason O'Grady MD
Matthew Meunier MD
Kyja Stygar MD

LIVE PORTION OF THE COURSE

AGENDA

<u>Time</u>	<u>Activity</u>
7:15-7:30	Registration – Siebens Building
7:30-7:45	Debrief and Review of Online Education (15 min)
7:45 - 8:15	Lecture: Safety in Maternity Care (30 min)

Workstation Rotations

(Learners are each assigned to a group and rotate amongst skills workstations simultaneously)

8:15-9:15	Shoulder Dystocia (60 mins)
9:15 – 10:15	Emergency Breech Delivery (60 min)
10:15- 10:30	Break (15 min)
10:30- 11:30	Assisted Vaginal Delivery (60 min)
11:30 – 12:30	Maternal Resuscitation (60 min)
12:30-1:00	<u>Lunch- (provided)</u>
1:00-2:00	Postpartum Hemorrhage/EBL/QBL and Balloon Tamponade (60 min)
2:00-3:15	Interactive Case Studies (75 min)
3:15-3:30	Break (15 min)
3:30--4:45	Group Testing (75 min)
4:45-5:00	Wrap-Up, Questions, Course Evaluations

COURSE CONTACT INFORMATION

Course Director: Kyja K. Stygar MD
Advisory Faculty: Matthew Meunier, MD

Course Coordinator: Cindy Kelly
Email Address: Kelly.Cindy@mayo.edu
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ALSO