

GRIT for Women in Medicine: Growth, Resilience, Inspiration & Tenacity 2023

Program Schedule

Thursday - Growth & Development	
Time	Event
6:30 a.m.	Registration & Breakfast
7:30 a.m.	GRIT 2023 Welcome Anjali Bhagra, M.D. Susan M. Moeschler, M.D.
7:45 a.m.	Keynote: My Leadership Journey
8:15 a.m.	Question & Answer
8:30 a.m.	Building Your Executive Presence
9:15 a.m.	Collaborative Negotiations: Are You Ready?
9:45 a.m.	Question & Answer
10:00 a.m.	Refreshment Break / Abstract Poster Viewing
10:20 a.m.	Teaming for Success in Medicine
10:50 a.m.	Radical Candor in Leadership
11:35 a.m.	Question & Answer
11:50 a.m.	#1 Poster Presentations: Stories of GRIT
12:15 p.m.	Morning session ends

Thursday – Afternoon Workshops	
Time	Event
12:15 – 1:30 p.m.	Joy of Medicine Networking Lunch
1:30 – 2:30 p.m.	<u>Concurrent Workshops</u> The Science and Art of Networking within Organizations Social Presence & Identity A Systematic Approach to Change Management Coaching
2:40 – 3:40 p.m.	<u>Concurrent Workshops</u> The Science and Art of Networking within Organizations Social Presence & Identity A Systematic Approach to Change Management Coaching
3:15 p.m.	Day Adjourns
<p style="text-align: center;"><i>Networking Reception</i> 5:00 – 7:00 p.m. <i>Drinks and light appetizers provided</i></p>	

Friday - Resilience	
Time	Event
6:30 a.m.	Breakfast with the Experts
7:30 a.m.	Managing Microaggressions & Stereotype Threat
8:15 a.m.	The Start Up Journey, Entrepreneurship 101
8:45 a.m.	Question & Answer
9:00 a.m.	Business Development in Healthcare: The Why and How
9:40 a.m.	Question & Answer
9:50 a.m.	Art Therapy
10:00 a.m.	Refreshment Break & Abstract Poster Viewing
10:20 a.m.	Leveling the Playing Field with Advocacy
11:00 a.m.	Question & Answer
11:10 a.m.	Mentorship and Academic Advancement
11:50 a.m.	Effective Communications
12:15 p.m.	Question & Answer
12:30 p.m.	Day Adjourns

Saturday - Inspiration & Tenacity	
Time	Event
6:30 a.m.	Breakfast with the Experts
7:30 a.m.	The Art and Science of Belonging
8:00 a.m.	Question & Answer
8:15 a.m.	Mental Health, Well-being, and Healthcare Burnout
8:45 a.m.	Question & Answer
9:00 a.m.	Recovery after Crisis: HELPP
9:45 a.m.	Question & Answer
10:00 a.m.	Refreshment Break / Poster Viewing
10:15 a.m.	What Can We Learn from Roe v. Wade
11:00 a.m.	Question & Answer
11:15 a.m.	Strategies & Solutions for GRIT
12:15 p.m.	#2 Poster Presentations: Stories of GRIT
12:30 p.m.	Closing Remarks Anjali Bhagra, M.D. Susan M. Moeschler, M.D.
12:45 p.m.	Course Adjourns