

2023 Principles in the Care of Transgender and Intersex Patients

[Time is Listed in Central Time (CT) Zone]

Day 1: Thursday, October 12, 2023	
7:00 a.m.	Registration and Breakfast
7:45 a.m.	Welcome, Introductions, Schedule for the Course
Foundations of Transgender and Intersex Health	
8:00 a.m.	Countering Minority Stress and Health Disparities through Gender-Affirming Interactions and Cultural Humility (with Q&A)
8:45 a.m.	Social Needs Assessment and Gender-Affirming Community Resources (with Q&A)
9:15 a.m.	Standards of Care from the World Professional Association for Transgender Health (with Q&A)
9:45 a.m.	Introduction to Differences of Sex Development (with Q&A)
10:15 a.m.	Break
Childhood and Adolescence - Lifespan Perspective	
10:30 a.m.	Management of Differences of Sex Development in the Pediatric Population (with Q&A)
11:00 a.m.	Gender-Affirming Behavioral Health Assessment and Letters of Support (with Q&A)
11:30 a.m.	Case-Based Lessons from Providing Primary Care to Transgender and Gender Diverse Individuals (with Q&A)
12:00 p.m.	Lunch
1:00 p.m.	Gender-Affirming Psychotherapy with Adolescents and their Families (with Q&A)
1:30 p.m.	Gender Dysphoria in Transgender and Gender Diverse Adolescents (with Q&A)
2:00 p.m.	Hormone Therapy in Transgender and Gender Diverse Adolescents (with Q&A)
2:30 p.m.	Break
Adulthood - Lifespan Perspective	
2:45 p.m.	Gender-Affirming Psychotherapy with Adults (with Q&A)
3:15 p.m.	Gender-Affirming Medical Imaging and Radiology Care of Transgender Patients (with Q&A)
3:50 p.m.	Advocates for Change
4:30 p.m.	Adjourn
Day 2: Friday, October 13, 2023	
7:00 a.m.	Registration and Breakfast
7:55 a.m.	Welcome, Introductions <i>Caroline J. Davidge-Pitts, M.B., B.Ch. and Cesar A. Gonzalez, Ph.D., L.P.</i>
Adulthood (continued) - Lifespan Perspective	
8:00 a.m.	Hormone Therapy for <i>Transmasculine</i> Individuals
8:25 a.m.	Hormone Therapy for <i>Transfeminine</i> Individuals
8:50 a.m.	Nonmedical/Nonsurgical Body Contouring as Gender Affirmation
9:15 a.m.	Question and Answer Panel
9:30 a.m.	Break
9:45 a.m.	Fertility Preservation among Transgender and Gender Diverse Individuals
10:10 a.m.	Cervical Cancer Screening for Transgender and Diverse Individuals
10:35 a.m.	Question and Answer Panel
10:45 a.m.	Break
11:00 a.m.	Gender-Affirming Surgery: <i>Hysterectomy, Salpingectomy, Oophorectomy</i>
11:25a.m.	Gender-Affirming Surgery: <i>Metaoidioplasty</i>
11:45 a.m.	Gender-Affirming Surgery: <i>Phalloplasty</i>
12:05 p.m.	Question and Answer Panel
12:15 p.m.	Lunch
1:00 p.m.	Gender-Affirming Facial and Breast/Chest Surgeries (with Q&A)
1:30 p.m.	Gender-Affirming Vaginoplasty (with Q&A)

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2:00 p.m.	Peri-Operative Management for Gender-Affirming Surgeries (with Q&A)	
3:00 p.m.	Break	
3:15 p.m.	Gender Affirming Voice Care (with Q&A)	
3:40p.m.	Break	
3:45p.m.	Option 1: Curbside Consults: Conversations about Hormone Therapy for Gender Affirmation	Option 2: Psychopharmacology considerations
4:30p.m.	Adjourn	
Day 3: Saturday, October 14, 2023		
7:00 am	Registration and Breakfast	
7:55 a.m.	Welcome, Introductions <i>Caroline J. Davidge-Pitts, M.B., B.Ch. and Cesar A. Gonzalez, Ph.D., L.P.</i>	
Adulthood (continued) - Lifespan Perspective		
8:00 a.m.	Infant Feeding Options for the Transgender Family	
8:25 a.m.	Reproductive Planning and Prenatal Care for Transgender and Gender Diverse Individuals	
8:50 a.m.	Combatting Pelvic Floor Dysfunction	
9:15 a.m.	Question and Answer Panel	
9:30 a.m.	Legal Considerations of Pediatric Gender Care (w/Q&A)	
10:00 a.m.	Break	
10:15 a.m.	Supporting Sexuality and Sexual Functioning in Transgender Health (with Q&A)	
10:45 a.m.	Dermatological Care (with Q&A)	
11:15 a.m.	Hormonal Care for Older Transgender and Gender Diverse Individuals	
11:40 a.m.	Gender-Affirming Hospice and Palliative Care	
12:05 p.m.	Question and Answer Panel	
12:15 p.m.	Lunch	
1:00 p.m.	Interactive Forum: Gender-affirming Sexual Health History Taking and Sensitive Physical Exams	
1:45 p.m.	Break	
Reflections		
1:50 p.m.	Clinical Process and Gender-Affirming Care	
2:20 p.m.	Inspiring Hope	
3:20 p.m.	Course Debrief, Closing Remarks	
3:30 p.m.	Adjourn	