

32nd Annual Mayo Clinic Symposium on Sports Medicine

November 3-4, 2023 | Hilton Rochester Mayo Clinic Area

All times listed as Central Time

Friday, November 3, 2023	
7:00 AM	<i>Registration – 3rd Floor Ballroom Continental Breakfast – 4th Floor Ballroom</i>
8:00 AM	Welcome and Introduction <i>3rd Floor Ballroom</i>
8:10 AM	Cases from the High School Athletic Training Room: Insights from the Athletic Trainer and Physician <i>Dan Christoffer, EdD, LAT, ATC David Soma, MD</i>
8:50 AM	Questions and Discussion
9:00 AM	Management of Shoulder Instability in the Athlete: from Satisfyingly Simple to Staggeringly Complex <i>Christopher Camp, MD</i>
9:40 AM	Questions and Discussion
9:50 AM	<i>Refreshment Break – 4th Floor Ballroom</i>
10:05 AM	Elbow Fractures and Dislocations in Pediatric and Adult Patients <i>Kristina Colbenson, MD</i>
10:35 AM	Questions and Discussion
10:45 AM	KEYNOTE LECTURE: Foundations <i>Edward Laskowski, MD</i>
11:30 AM	Questions and Discussion
11:35 AM	Announcements and Adjourn
11:40 AM	<i>Lunch and Poster Viewing 4th Floor Ballroom</i>

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Knee Mini-Symposium	
Friday, November 3, 2023	
12:40 PM	Announcements and Introduction
12:40 PM	Clinical Anatomy of the Knee (Live Demo) <i>Nirusha Lachman, PhD</i> <i>Mario Hevesi, MD, PhD</i>
1:00 PM	Questions and Discussion
1:05 PM	Physical Examination of the Knee (Live Demo) <i>Kelechi Okoroha, MD</i>
1:20 PM	Questions and Discussion
1:25 PM	Science, Fashion, Function: Which ACL Graft When and Why?
	What Guides our ACL Graft Selection in Primary and Revision Cases <i>Kelechi Okoroha, MD</i>
	Surgical Technique and Clinical examples <i>Aaron Krych, MD</i>
	Implications for Rehab and Updating our Protocols <i>Chad Cherny, PT, DPT, SCS</i>
2:05 PM	Panel Discussion: Changes in ACL Management and Rehabilitation Over the Years <i>Chad Cherny, PT, DPT, SCS</i> <i>Michael Stuart, MD</i> <i>Aaron Krych, MD</i> <i>Kelechi Okoroha, MD</i>
2:25 PM	<i>Refreshment Break and Poster Viewing</i> <i>4th Floor Ballroom</i>
2:50-3:30 PM	Cartilage Injuries in the Knee - What's New?
2:50 PM	What is MACI, When to Use <i>Daniel Saris, MD, PhD</i>
3:00 PM	When and How OCA <i>Mario Hevesi, MD, PhD</i>
3:10 PM	Rehabilitation After Cartilage Transplantation - A Patient and Physical Therapists Perspective <i>Jason Banks, PT, DPT, OCS</i>
3:20 PM	Questions and Discussion
3:25-3:50 PM	Imaging of the knee

	Which X Rays, When and Why? <i>Daniel Saris, MD, PhD</i>
	MRI of Cartilage, Meniscus and Ligaments <i>Naveen Murthy, MD</i>
3:50 PM	Questions and Discussion
3:55 PM	<i>Refreshment Break</i>
4:10 PM	Ultrasound-Guided Procedures Around the Knee (Live Demo) <i>Jacob Sellon, MD</i>
4:30 PM	Arthroscopic ACL Graft Harvest Techniques (Live Demo) ACL Reconstruction <i>Mario Hevesi, MD, PhD</i> <i>Kelechi Okoroha, MD</i>
5:30 PM	Announcements and Adjourn
5:30-6:15 PM	Case and Research Poster Presentations - 4th Floor Ballroom
5:30-7:30 PM	Attendee Reception - 4th Floor Ballroom Pre-Registration is required ~ Guests are an additional charge

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Saturday, November 4, 2023	
7:30 AM	<i>Continental Breakfast – 4th Floor Ballroom</i>
8:00 AM	Announcements and Introduction <i>3rd Floor Ballroom</i>
8:05 AM	Medical and Musculoskeletal Conditions in the Swimming Athlete <i>Amy Beacom, MD</i> <i>Shelby Johnson, MD</i>
8:35 AM	Questions and Discussion
8:40 AM	An Update on Sudden Cardiac Arrest in Athletes <i>Kathryn Larson, MD</i>
9:20 AM	Questions and Discussion
9:25 AM	Sports Related Concussion: Examination and Rehab Management <i>Tava Buck, PT, DPT, OCS, FAAOMPT</i>
10:05 AM	Questions and Discussion
10:15 AM	<i>Refreshment Break – 4th Floor Ballroom</i>
10:30 AM	From Diagnosis to the Field; Rehab Principles for Spondylolysis <i>Andrew Johnson, PT, DPT, SCS</i>
10:50 AM	Questions and Discussion
11:00 AM	Making the Preparticipation Physical Examination for Athletes More Focused and Intentional <i>Keenan Robinson, ATC</i>
11:45 AM	Questions and Discussion
12:00 PM	Closing Remarks and Adjourn

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