



Mayo Clinic Care of the Older Adult

November 2-4, 2023

Note: Times listed in Pacific Time

Thursday, November 2, 2023	
6:45 a.m.	Registration and Continental Breakfast
7:20 a.m.	Welcome and Course Overview
Cognitive and Mental Health	
7:30 a.m.	Approach to the Older Adult With New Cognitive Impairment (ADRD, FTD, and LBD - Differentiating Common Dementia Syndromes) Ericka E. Tung, M.D., M.P.H.
8:05 a.m.	Delirium Prevention and Management Donna M. Miller, M.D.
8:40 a.m.	Complex Psychiatric Cases in Older Adults Thomas G. Salter, M.D.
9:15 a.m.	Panel Discussion: Supporting Family Caregivers of Older Adults with Dementia Kathleen (Kathy) A. Anderson, JD, Marcia W. Johnson, L.I.C.S.W., M.S.W., and Ericka E. Tung, M.D.
9:50 a.m.	Refreshment Break
Healthy Aging and Case Studies in Geriatric Medicine	
10:05 a.m.	Health Maintenance in Older Adults Daniel E. Sanchez Pellecer, M.D.
10:40 a.m.	A Clinician's Guide to Healthy Aging Nathan K. LeBrasseur, Ph.D., M.S.
11:15 a.m.	Cases from the Geriatric Medicine Fellows Clinic Melissa H. Bogin, M.D.; Ashley M. Stantz, M.D.; Bonnie Sohn, M.D.
12:00 p.m.	Day in Review
12:05 p.m.	Lunch Pickup
12:15 – 1:00 p.m.	Lunch with the Professor <i>Lunch is provided for all attendees</i>
1:00 p.m.	Adjourn for the Day
1:00 – 5:00 p.m.	American Board of Family Medicine: Care of Older Adults KSA <i>(Optional, Additional fee to attend, In-person only)</i>

Friday, November 3, 2023	
6:45 a.m.	Registration and Continental Breakfast
7:25 a.m.	Welcome Back and Overview of the Day
Post-Acute / Long-Term Care	
7:30 a.m.	Navigating Therapy in Post-Acute Care Kyle M. McKenzie, M.D., C.M.D.
8:05 a.m.	Two Common Challenges in PALTC and How to Handle Them Brandon P. Verdoorn, M.D., C.M.D.
8:40 a.m.	Pressure Injury Prevention and Management Paul Y. Takahashi, M.D., M.P.H.
9:15 a.m.	Management of the Older Adult with Hip Fracture Brandon J. Yuan, M.D. and Maria D. Mendoza de la Garza, M.D.
9:50 a.m.	Refreshment Break
Chronic Disease Management I	
10:05 a.m.	Difficult Cases in Osteoporosis Jad Sfeir, M.D., M.S.
10:40 a.m.	Heart Failure in Frail Older Adults – New and Old Therapies Paul M. McKie, M.D.
11:15 a.m.	A Simple Approach to Managing Parkinson’s Disease in Older Adults J. Eric Ahlskog, M.D., Ph.D.
12:00 p.m.	Day in Review
12:05 p.m.	Lunch Pickup
12:15 – 1:00 p.m.	Lunch with the Professor <i>Lunch is provided for all attendees</i>
1:00 p.m.	Adjourn for the Day

Saturday, November 4, 2023	
6:45 a.m.	Registration and Continental Breakfast
7:25 a.m.	Welcome Back and Overview of the Day
Chronic Disease Management II	
7:30 a.m.	Balancing Bleeding and Clotting Risks in Older Adults on Anticoagulation Damon E. Houghton, M.D., M.S.
8:05 a.m.	Cancer Treatment in Older Adults – What the Generalist Needs to Know Amanika Kumar, M.D.
8:40 a.m.	Weight Loss and Malnutrition: A Practical Approach Christina Chen, M.D.
9:15 a.m.	Constipation in the Older Adult Eric G. Tangalos, M.D., C.M.D.
9:50 a.m.	Refreshment Break
End-of-Life Care and Symptom Management	
10:05 a.m.	Care of the Older Adult with Advanced CKD/ESRD Bjoerg (Bjorg) Thorsteinsdottir, M.D.
10:40 a.m.	Tips for Management of the Patient with Advanced Frailty Maired M. Bartley, M.B., B.Ch., B.A.O., M.D.
11:15 a.m.	Helping Your Patients and Families Navigate Grief and Loss April R. Christensen, M.D., M.S.
11:50 a.m.	Conference Wrap-Up
12:00 p.m.	Course Adjourns