

Mayo Clinic Conference on Brain Health and Dementia

Schedule-at-a-Glance

8:00am Registration and Exhibitor Booths open, refreshments available

Plenary Session

Plenary sessions are livestreamed

9:00am Official Welcome from Mayo Clinic, Alzheimer's Association, and AARP

9:25am Paths to Wellbeing

Kanada Yazbek - *Person living with mild cognitive impairment and advocate* Br.

John-Richard Pagan - *Person living with Lewy body dementia and advocate*

Diana Cose - *Care partner and Founder of Lorenzo's House*

Anne Labovitz - *Professional Artist*

10:25am The Latest Developments in Brain Health and Dementia

Ronald Petersen, M.D., Ph.D. - *Professor of Neurology, Director of the Mayo Clinic Alzheimer's Disease Research Center*

Kristine Yaffe, M.D. - *Professor of Psychiatry, Neurology, and Epidemiology*

Diana Pierce - *Speaker/Moderator, Former News Anchor*

11:30am Lunch

Exhibitor booths, art making open

Breakout Sessions (Full list of sessions on the next page)

12:45pm Breakout Session 1 (9 options available)

2:00pm Breakout Session 2 (9 options available)

3:15pm Breakout Session 3 (9 options available)

Closing Plenary

Plenary sessions are livestreamed

4:15pm Closing Plenary Session

4:50pm Adjourn

Session 1

After the Diagnosis

Bradley Boeve, M.D.

How to Turn Challenges into Gifts

Helen Medsger

The Alter Program: Faith Communities Supporting African American Families Affected by Dementia

Robbin Frazier

Wellness Recovery Action Plan

Xue Yang

Skillful Communication for Better Dementia Care

Emma Latzke

When Does Forgetfulness Become Dementia

Hugo Botha

It's Not the Same: What to Know About Lewy Body Dementia

Brandi Hackett

The Power in Purpose

John-Richard Pagan
 Julia Wood

Advocating Starts at Diagnosis

Venoreen Browne Boatswain

Art for Community Building and Emotional Expression

Anne Labovitz

Session 2

The Power of Advanced Planning: Putting the Pieces Together

Tracy Keibler
 Lynn Bergren
 Josh Casper
 Jim Dostal

How to Turn Challenges into Gifts

Helen Medsger

A Different Way: Addressing the Needs of African American Caregivers

Venoreen Browne Boatswain
 Manka Nkimheng
 Tuesday Glover
 Amina Keinan

Empowering Care Partner Spouses of Younger-Onset Dementia

Diana Shulla-Cose

Behavior & Emotion in Dementia

Angela Lunde

The Era of New Treatments + Ask the Doctor

Jonathan Graff-Radford

Uncovering Potential: How Occupational & Other Therapies Support Better Living

Julia Wood

Music Making to Promote Wellbeing

Christina Wood
 Brianna Larson

Evidence-Based Classes for Health & Wellbeing

Gail Johnson
 Rachel Bremness

Art for Community Building and Emotional Expression

Anne Labovitz

Session 3

Building Bridges: Communication Between Doctors and Patients Around Memory Changes

Lisa Groon
 Vijay Ramanan
 TBD

Late Stage Dementia: Supportive Approaches to Care

Maria Lapid

Yoga for Grief Relief

Chris Armstrong

Supporting Youth Caregivers of Younger-Onset Dementia Parents

Bree Ruge

Skillful Communication for Better Dementia Care

Emma Latzke

The Era of New Treatments + Ask the Doctor

Jonathan Graff-Radford

Practical Actions for Coping with Cognitive Changes

Julia Wood

Let's Connect

John-Richard Pagan
 Kanada Yazbek
 Brandi Hackett

Managing Money: A Caregiver's Guide to Finances

Lynne Hemann

Small Towns Providing Big Support

Marie Hlava
 Lori Paulson
 Jenelle Cummings
 MaryAnne Higgins