

**25th Annual Mayo Clinic
Internal Medicine Update: Session 1
October 12-15, 2023**

Thursday, October 12, 2023 *(Times noted are Pacific Daylight Time)*

6:00 a.m.	Registration, Breakfast and Exhibits
7:15 a.m.	Welcome and Introductions
7:30 a.m.	Best Practices for the Prevention, Evaluation and Management of NASH David M.H. Chascsa, M.D.
8:00 a.m.	Adult Survivorship of Childhood Cancer Allison C. Rosenthal, D.O.
8:30 a.m.	Integrated Behavioral Health Approaches to Management of Depression Claudine J. EgoI, M.D.
9:00 a.m.	Q & A Session
9:45 a.m.	Refreshment Break and Exhibits
10:15 a.m.	Evaluation and Management of Urinary Tract Infections Robert Orenstein, D.O.
10:45 a.m.	Evaluation and Management of Headaches Rashmi B. Halker Singh, M.D.
11:15 a.m.	Interventional Cardiology Updates for the PCP F. David Fortuin, M.D.
11:45 a.m.	Diabetech: Leveraging Technology to Improve Outcomes in Diabetes Craig R. Jenkins, D.O.
12:15 p.m.	Q & A Session
1:15 p.m.	Adjourn

Friday, October 13, 2023

6:00 a.m.	Breakfast and Exhibits
7:15 a.m.	Announcements
7:30 a.m.	Best Practices in Evaluation and Management of Dementia Bryan K. Woodruff, M.D.
8:00 a.m.	Updates in Management of IBS Lucinda A. Harris, M.S., M.D.
8:30 a.m.	Travelling in a Post-COVID World Sandhya R. Nagarakanti, M.B.B.S., M.D.
9:00 a.m.	Q & A Session
9:45 a.m.	Refreshment Break and Exhibits
10:15 a.m.	A Guide to Insulin Therapy Lori R. Roust, M.D.
10:45 a.m.	Guidelines: A Medical Compass. Part I Neera Agrwal, M.D., Ph.D.
11:15 a.m.	Guidelines: A Medical Compass. Part II Neera Agrwal, M.D., Ph.D.
11:45 a.m.	Things Not to Miss: Cutaneous Signs of Systemic Disease Leah A. Swanson, M.D.
12:15 p.m.	Q & A Session
1:15 p.m.	Adjourn

Saturday, October 14, 2023

6:00 a.m.	Breakfast and Exhibits
7:15 a.m.	Announcements
7:30 a.m.	Best Practices in the Prevention of Stroke Oana M. Dumitrascu, M.D.
8:00 a.m.	Best Practices in the Prevention and Active Management of Chronic Kidney Disease Mira T. Keddis, M.D.
8:30 a.m.	Pulmonary Medicine Update Richard A. Helmers, M.D.
9:00 a.m.	Q & A Session
9:45 a.m.	Refreshment Break and Exhibits
10:15 a.m.	Management of Urinary Incontinence and Overactive Bladder Aqsa A. Khan, M.D.
10:45 a.m.	GLP-1 Agonists in Obesity Management Angela N. Coulter, Pharm.D., R.Ph.
11:15 a.m.	Rheumatology Updates for PCPs Michael M. Pham, M.D.
11:45 a.m.	Best Practices in the Prevention of Congestive Heart Failure Brian W. Hardaway, M.D.
12:15 p.m.	Q & A Session
1:15 p.m.	Adjourn

Sunday, October 15, 2023

6:00 a.m.	Breakfast and Exhibits
7:15 a.m.	Announcements
7:30 a.m.	Healthcare Disparities in Cancer Treatment: What is Working, What Isn't, What If? Donald W. Northfelt, M.D.
8:00 a.m.	Valvular Heart Disease: Watchful Waiting versus Wondering and Worrying Reza Arsanjani, M.D.
8:30 a.m.	High Risk Breast Cancer Screening and Prevention Jessica L. Fraker, M.D.
9:00 a.m.	Q & A Session
9:45 a.m.	Refreshment Break and Exhibits
10:15 a.m.	Palliative Medicine Update 2023, What's at the Doorstep and What's Around the Corner? Mark K. Edwin, M.D.
10:45 a.m.	Sleep Apnea Updates Yasemin S. Tashman, M.D.
11:15 a.m.	Short Course Antibiotic Regimens for Common Infections Daniel T. Ilges, Pharm.D., R.Ph., BCIDP
11:45 a.m.	Q & A Session
12:15 p.m.	Adjourn