

***25<sup>th</sup> Annual Mayo Clinic  
Internal Medicine Update: Session 1  
October 12-15, 2023***

**Thursday, October 12, 2023**

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6:00 a.m.	<b>Registration, Breakfast and Exhibits</b>
7:15 a.m.	<b>Welcome and Introductions</b>
7:30 a.m.	<b>Best Practices for the Prevention, Evaluation and Management of NASH</b> David M.H. Chascsa, M.D.
8:00 a.m.	<b>Adult Survivorship of Childhood Cancer</b> Allison C. Rosenthal, D.O.
8:30 a.m.	<b>Integrated Behavioral Health Approaches to Management of Depression</b> Claudine J. Egol, M.D.
9:00 a.m.	<b>Q &amp; A Session</b>
9:45 a.m.	<b>Refreshment Break and Exhibits</b>
10:15 a.m.	<b>Evaluation and Management of Urinary Tract Infections</b> Robert Orenstein, D.O.
10:45 a.m.	<b>Evaluation and Management of Headaches</b> Rashmi B. Halker Singh, M.D.
11:15 a.m.	<b>Interventional Cardiology Updates for the PCP</b> F. David Fortuin, M.D.
11:45 a.m.	<b>Diabetech: Leveraging Technology to Improve Outcomes in Diabetes</b> Craig R. Jenkins, D.O.
12:15 p.m.	<b>Q &amp; A Session</b>
1:15 p.m.	<b>Adjourn</b>

## Friday, October 13, 2023

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6:00 a.m.	<b>Breakfast and Exhibits</b>
7:15 a.m.	<b>Announcements</b>
7:30 a.m.	<b>Best Practices in Evaluation and Management of Dementia</b> Bryan K. Woodruff, M.D.
8:00 a.m.	<b>Updates in Management of IBS</b> Lucinda A. Harris, M.S., M.D.
8:30 a.m.	<b>Travelling in a Post-COVID World</b> Sandhya R. Nagarakanti, M.B.B.S., M.D.
9:00 a.m.	<b>Q &amp; A Session</b>
9:45 a.m.	<b>Refreshment Break and Exhibits</b>
10:15 a.m.	<b>A Guide to Insulin Therapy</b> Lori R. Roust, M.D.
10:45 a.m.	<b>Guidelines: A Medical Compass. Part I</b> Neera Agrwal, M.D., Ph.D.
11:15 a.m.	<b>Guidelines: A Medical Compass. Part II</b> Neera Agrwal, M.D., Ph.D.
11:45 a.m.	<b>Things Not to Miss: Cutaneous Signs of Systemic Disease</b> Leah A. Swanson, M.D.
12:15 p.m.	<b>Q &amp; A Session</b>
1:15 p.m.	<b>Adjourn</b>

## **Saturday, October 14, 2023**

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6:00 a.m.	<b>Breakfast and Exhibits</b>
7:15 a.m.	<b>Announcements</b>
7:30 a.m.	<b>Best Practices in the Prevention of Stroke</b> Oana M. Dumitrascu, M.D.
8:00 a.m.	<b>Best Practices in the Prevention and Active Management of Chronic Kidney Disease</b> Mira T. Keddis, M.D.
8:30 a.m.	<b>Pulmonary Medicine Update</b> Richard A. Helmers, M.D.
9:00 a.m.	<b>Q &amp; A Session</b>
9:45 a.m.	<b>Refreshment Break and Exhibits</b>
10:15 a.m.	<b>Management of Urinary Incontinence and Overactive Bladder</b> Aqsa A. Khan, M.D.
10:45 a.m.	<b>GLP-1 Agonists in Obesity Management</b> Angela N. Coulter, Pharm.D., R.Ph.
11:15 a.m.	<b>Rheumatology Updates for PCPs</b> Michael M. Pham, M.D.
11:45 a.m.	<b>Best Practices in the Prevention of Congestive Heart Failure</b> Brian W. Hardaway, M.D.
12:15 p.m.	<b>Q &amp; A Session</b>
1:15 p.m.	<b>Adjourn</b>

## **Sunday, October 15, 2023**

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6:00 a.m.	<b>Breakfast and Exhibits</b>
7:15 a.m.	<b>Announcements</b>
7:30 a.m.	<b>Healthcare Disparities in Cancer Treatment: What is Working, What Isn't, What If?</b> Donald W. Northfelt, M.D.
8:00 a.m.	<b>Valvular Heart Disease: Watchful Waiting versus Wondering and Worrying</b> Reza Arsanjani, M.D.
8:30 a.m.	<b>High Risk Breast Cancer Screening and Prevention</b> Jessica L. Fraker, M.D.
9:00 a.m.	<b>Q &amp; A Session</b>
9:45 a.m.	<b>Refreshment Break and Exhibits</b>
10:15 a.m.	<b>Palliative Medicine Update 2023, What's at the Doorstep and What's Around the Corner?</b> Mark K. Edwin, M.D.
10:45 a.m.	<b>Sleep Apnea Updates</b> Yasemin S. Tashman, M.D.
11:15 a.m.	<b>Short Course Antibiotic Regimens for Common Infections</b> Daniel T. Ilges, Pharm.D., R.Ph., BCIDP
11:45 a.m.	<b>Q &amp; A Session</b>
12:15 p.m.	<b>Adjourn</b>