

# Mayo Clinic Pediatric Days 2023

September 10-12, 2023

Chicago, IL

IN PERSON & LIVESTREAM

Course Directors: Angela Mattke, M.D. FAAP  
Jason Anderson, M.D. FAAP

Sunday, September 10, 2023	
Time	Session Title
12:00 p.m.	Registration
12:55 p.m.	Welcome and Course Overview <i>Jason Anderson, M.D.</i>
ENCOUNTERS IN THE PRIMARY CARE OFFICE	
1:00 p.m.	Treating Functional Abdominal Pain <i>Michelle Gonzalez, M.D.</i>
1:30 p.m.	Chronic Cough, from Benign to Serious <i>Paul Boesch, D.O.</i>
2:00 p.m.	Evaluation and Risk Stratification of Minor Head Injury in Pediatrics <i>James (Jim) Homme, M.D.</i>
2:30 p.m.	Abusive Bruising and Mimics <i>Katie Johnson, M.D.</i>
<i>3:00 p.m.</i>	<i>Refreshment Break</i>
3:15 p.m.	Management of Neonatal Hyperbilirubinemia <i>Kara Fine, M.D.</i>
3:45 p.m.	Health Maintenance for Children with Down Syndrome <i>Fatima Quddusi, M.B.B.S.</i> <i>Kayla Munger, M.D.</i>
AMBERG-HELMHOLZ PROFESSORSHIP LECTURE	
<i>Introduction: Angela Mattke, M.D.</i>	
4:15 p.m.	Relational Care: Building Resilience to Promote Healing from Childhood Trauma <i>Moira Szilagyi, M.D., Ph.D.</i> Immediate Past President of American Academy of Pediatrics
<i>5:15 p.m.</i>	<i>Adjourn</i>

**\*Published times are Central Standard Time**

Monday, September 11, 2023

Time	Session Title
6:30 a.m.	<i>Breakfast Buffet</i>
<b>MORNING SESSION</b>	
7:25 a.m.	Announcements / Introductions <i>Angela Mattke, M.D.</i>
<b>UPDATES FROM THE SPECIALISTS</b>	
7:30 a.m.	Get Pumped: What's New in Type 1 Diabetes and Prevention <i>Ana Creo, M.D.</i>
8:00 a.m.	Abnormal Uterine Bleeding <i>Asma Chattha, M.B.B.S.</i>
8:30 a.m.	Congenital Hydronephrosis <i>Carl Cramer II, M.D.</i>
9:00 a.m.	Retractile vs Undescended Testicles <i>Candace Granberg, M.D.</i>
9:30 a.m.	<i>Refreshment Break</i>
<b>VACCINATION UPDATE</b>	
9:45 a.m.	2023 Update on Childhood and Adolescent Vaccines <i>Robert Jacobson, M.D.</i>
<b>AUDIENCE RESPONSE CASES</b>	
10:45 a.m.	Fracture Management in a Busy Pediatrics Office <i>Luke Radel, M.D.</i>
11:15 a.m.	Treatment of Warts and Bumps <i>Nessa Aghazadeh Mohandesi, M.D.</i>
11:45 a.m.	Diagnostic Imaging Challenges in Pediatrics <i>Amy Kolbe, M.D.</i>
12:15 p.m.- 1:00 p.m.	<i>Educational Luncheon</i> <i>Generational Health: Improving health equity by closing the dairy nutrition gap</i> <i>Brandi Freeman, M.D.</i> <i>Child Health Clinic at the Children's Hospital of Colorado</i>
<b>AFTERNOON SESSION</b>	
1:00 p.m.	Approaches and Assessment of Recurrent Infections in Children <i>Avni Joshi, M.D., M.S.</i>
1:45 p.m.	Post-transplant Care for the Primary Care Providers <i>Rebecca Ameduri, M.D.</i> <i>Carl Cramer II, M.D.</i> <i>Samar Ibrahim, M.B., Ch.B.</i>
<b>INTERACTIVE SESSION</b>	
2:30 p.m.	<b>Upper Extremity: Physical Examination, Injury Diagnosis, and Return to Play for Young Athletes</b> <i>David Soma, M.D. and David Krause, P.T., D.Sc.</i>
3:00 p.m.	<b>Lower Extremity: Physical Examination, Injury Diagnosis, and Return to Play for Young Athletes</b> <i>David Soma, M.D. and David Krause, P.T., D.Sc.</i>
3:30 p.m.	<i>Adjourn</i>

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**Tuesday, September 12, 2023**

Time	Session Title
<i>6:30 a.m.</i>	<i>Breakfast Buffet</i>
<b>MORNING SESSION</b>	
7:25 a.m.	Announcements / Introductions <i>Jason Anderson, M.D.</i>
<b>MENTAL HEALTH IN THE PRIMARY CARE OFFICE</b>	
7:30 a.m.	Dispelling Eating Disorder Myths <i>Marcie Billings, M.D.</i>
8:00 a.m.	New Treatments for ADHD <i>Eric Pease, D.O., M.B.A.</i>
8:30 a.m.	Practicing Anti-racism in the Clinical Room <i>Emily McTate, Ph.D., L.P.</i>
9:00 a.m.	Introducing Exposures for Anxiety <i>Stephen Whiteside, Ph.D., L.P.</i>
9:30 a.m.	Panel Q&A
<i>9:45 a.m.</i>	<i>Refreshment Break</i>
10:00 a.m.	The ABC's of ASD: Autism and Managing Problem Behaviors <i>Flora Howie, M.D.</i>
10:30 a.m.	Behavioral Management in School-aged Children <i>Magdalena Romanowicz, M.D.</i>
11:00 a.m.	Partnering with Neuropsychology to Support Children and Families <i>Adam Cassidy, Ph.D., L.P.</i>
11:30 a.m.	Media and Children: Opportunities and Obstacles (Pre-Recorded) <i>Nusheen Ameenuddin, M.D., M.P.H.</i>
<i>12:00 p.m.</i>	<i>Course Adjourns</i>

**MOC SESSION**

**ADDITIONAL REGISTRATION REQUIRED**

1:00 – 4:00 p.m.	American Board of Pediatrics Maintenance of Certification  Part 2 Self-Assessment Session (Optional) <i>Angela Mattke, M.D.</i>  2022 Decision Skills Self-Assessment (MOC points: 20)
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