

36TH Annual Selected Topics in Internal Medicine
January 22 – January 26, 2024

Course Directors:
John B. Bundrick, M.D.
Christopher R. Stephenson, M.D.

SUNDAY, January 21, 2024

Optional PRE-COURSE SESSIONS – (Additional Fees apply)

Pre-Course: Hospital Medicine

Moderators: *John T. Ratelle, M.D., Will M. Schouten, M.D., and Donna M. Miller, M.D.*

7:00 a.m. **Management of Patients with Acute Lower GI Bleeding**

Louis M. Wong Kee Song, M.D.

7:35 a.m. **Tips for Managing Bloodstream Infection**

Daniel C. DeSimone, M.D.

8:10 a.m. **Pearls and Pitfalls of Patient Satisfaction**

Richard M. Elias, M.B.B.S., M.D.

8:45 a.m. **Cases in Hyponatremia**

Mira T. Keddis, M.D.

9:20 a.m. Break

9:35 a.m. **Wound Management in the Hospital**

Brianna M. Skrukud, APRN, C.N.P.

10:10 a.m. **Alcohol Use Disorder in the Hospital**

Gretchen A. Colbenson, M.D.

10:45 a.m. **Things We Do for No Reason**

Katie M. Rieck, M.D., M.H.A.

11:20 a.m. Adjourn

Pre-Course: Medically Unexplained

Arya B. Mohabbat, M.D., Elizabeth C. Wight, M.D., and Kit V. Anstine, M.D.

7:00 a.m. Session Begins

9:30 a.m. Break

11:30 a.m. Adjourn

ABFM Module: Pain Medicine

Benjamin Lai, M.B., B.Ch., B.A.O. and Maria J. Bachman, M.D.

7:00 a.m. Module Begins

9:30 a.m. Break

11:00 a.m. Adjourn

MONDAY, January 22, 2024

- 6:00 a.m. Registration and Continental Breakfast
- 7:00 a.m. **Welcome and Course Overview**
John B. Bundrick, M.D.
Christopher R. Stephenson, M.D.
- 7:20 a.m. **Lipid Management in 2024**
Michael W. Cullen, M.D.
- 8:00 a.m. **Asthma: Advances in Diagnosis and Treatment**
Megan M. Duloher Scrodin, M.D.
- 8:40 a.m. **Update on Valvular Disease**
Jeffrey B. Geske, M.D.
- 9:20 a.m. **What to Know for Sinusitis and Rhinitis**
Erin K. O'Brien, M.D.
- 10:00 a.m. Refreshment Break
- 10:25 a.m. **Updated Treatment Guidelines for RA**
Uma Thanarajasingam, M.D., Ph.D.
- 11:05 a.m. **New Approaches to Diagnosis and Management of OSA**
Eric J. Olson, M.D.
- 11:45 a.m. **Central Sensitization Syndrome**
Arya B. Mohabbat, M.D.
- 12:25 p.m. Adjourn

TUESDAY, January 23, 2024

- 6:00 a.m. **Breakfast Roundtable Discussion with the Professor**
- 7:00 a.m. **PrEP/HIV—HIV pre-exposure prophylaxis**
Stacey A. Rizza, M.D.
- 7:40 a.m. **Latest in Atrial Fibrillation**
Abhishek J. Deshmukh, M.B.B.S.
- 8:20 a.m. **Demystifying the Use of Buprenorphine**
Benjamin Lai, M.B., B.Ch., B.A.O.
- 9:00 a.m. **Hypertension in Diabetes and CKD**
Andrea G. Kattah, M.D.
- 9:40 a.m. Refreshment Break
- 10:05 a.m. **Concurrent Sessions/Workshops**
Option #1: Cases in Electrolytes and Acid Base
Kambiz Kalantari, M.D. and Andrea G. Kattah, M.D.
- Option #2: Management of Common Menopausal Symptoms
Hannah C. Nordhues, M.D., Carol L. Kuhle, D.O., M.P.H., and Paru S. David, M.D.
- Option #3: Common Perioperative Complications

Karen F. Mauck, M.D., M.S., Karna K. Sundsted, M.D., and Paul R. Daniels, M.D.

Option #4: Continuous Glucose Meters: An Informative Tool in the Diabetes Management Toolbox
Kristina M. Thurber, Pharm.D., and Jill M. Huber, M.D.

Option #5: The Role of Gut/Brain in Managing GI Symptoms
Stephanie L. Hansel, M.D., M.S. and Iris Wang, M.D.

Option #6: Practical Tips for use of Buprenorphine
Charles P. Reznikoff, M.D. and Benjamin Lai, M.B., B.Ch., B.A.O.

Option #7: The Abnormal CBC
Carrie A. Thompson, M.D. and Rahma Warsame, M.D.

Option #8: Respiratory Equipment – Navigating the Toolbox
Megan M. Duloher Scrodin, M.D., Darlene R. Nelson, M.D., M.H.P.E., and Diana J. Kelm, M.D.

11:05 a.m. Move to Next Concurrent Session

11:25 a.m. Concurrent Sessions/Workshops

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12:25 p.m. Adjourn

WEDNESDAY, January 24, 2024

6:00 a.m. Breakfast Roundtable Discussion with the Professor

7:00 a.m. Challenging Cases in Diabetes
Lucinda M. Gruber, M.D.

7:40 a.m. Evaluation of Dyspnea
Alexander S. Niven, M.D.

8:20 a.m. Breast Cancer Survivorship
Karthik Ghosh, M.D.

9:00 a.m. Undifferentiated Lymphadenopathy

Carrie A. Thompson, M.D.

9:40 a.m. Refreshment Break

10:05 a.m. An Update on Celiac Disease
Joseph A. Murray, M.D.

10:45 a.m. Post-Stroke Care
James P. Klaas, M.D.

11:25 a.m. Chronic Cough
Vivek N. Iyer, M.D., M.P.H.

12:05 p.m. Adjourn

THURSDAY, January 25, 2024

6:00 a.m. Breakfast Roundtable Discussion with the Professor

7:00 a.m. Treatment Options for Obesity: State-of-the-Art
Daniela D. Hurtado Andrade, M.D., Ph.D.

7:40 a.m. Migraine Management Pearls
Nathan P. Young, D.O.

8:20 a.m. 3 Drugs to Use More in Your Older Adult Patients – A Therapeutic Nihilist's Perspective
Brandon P. Verdoorn, M.D.

9:00 a.m. Alcohol-Associated Hepatitis
Vijay Shah, M.D.

9:40 a.m. Refreshment Break

10:05 a.m. Immune Checkpoint Inhibitors
Andrea E. Wahner Hendrickson, M.D.

10:45 a.m. Concussion Assessment and Management
Rodolfo Savica, M.D., Ph.D.

11:25 a.m. Management of BPH
Nick N. Warner, M.D.

12:05 p.m. Adjourn

FRIDAY, January 26, 2024

6:00 a.m. Breakfast Roundtable Discussion with the Professor

7:00 a.m. Approach to Abnormal Liver Enzymes
William Sanchez, M.D.

7:40 a.m. Practical Management of Hyponatremia
Kambiz Kalantari M.D.

8:20 a.m. An ID Physician's Approach to Recurrent UTI Management
Daniel C. DeSimone, M.D.

9:00 a.m. Healthcare Disparities -- How Clinicians Can Help Close the Gaps
Rahma Warsame, M.D.

9:40 a.m. Refreshment Break with the Professor

10:10 a.m. Latest in Management of Dementia
Vijay K. Ramanan, M.D., Ph.D.

10:50 a.m. Literature Update in IM
Majken T. Wingo, M.D.

11:30 a.m. Approach to the Patient with a + ANA
Ashima Makol, M.B.B.S.

12:10 p.m. Concluding Remarks

12:15 p.m. Adjourn

Mahalo!