

# Updates in Internal Medicine 2023

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Thursday, October 19, 2023

*All times listed are Pacific Time Zone*

6:15 -7:00 AM	<b>Breakfast and Registration</b> *6:45 AM- Livestream Begins
7:00 – 7:10 AM	<b>Introductions and Announcements</b> Arya B. Mohabbat, MD and Sanjeev Nanda, MD
7:10 – 7:50 AM	<b>Updates in General Internal Medicine</b> Jason H. Szostek, MD
7:50 – 8:00 AM	Q & A
8:00 – 8:30 AM	<b>Medication Updates for the General Practice</b> Christopher M. Wittich, MD, PharmD
8:30 – 8:40 AM	Q & A
8:40 – 9:00 AM	<b>Beverage Break</b>
9:00 – 9:35 AM	<b>Updates in Cardiology:</b> <b>Focus on Atrial Fibrillation and Heart Failure</b> Jacob C. Jentzer, MD (Virtual)
9:35 – 9:45 AM	Q & A
9:45 – 10:20 AM	<b>Updates in Cardiology:</b> <b>Focus on Primary and Secondary Prevention of CAD</b> Anna Svatikova, MD, PhD
10:20 – 10:30 AM	Q & A
10:30 – 11:00 AM	<b>Updates in Preventive Health Screenings</b> Jayanth (Jay) Adusumalli, MBBS, MPH
11:00 – 11:10 AM	Q & A
11:10 – 11:30 AM	<b>Refreshment Break</b>
11:30 – 12:05 PM	<b>Updates in Anticoagulation</b> Matthew A. Bartlett, MB, BCh, BAO (Virtual)
12:05 – 12:15 PM	Q & A
12:15 – 12:55 PM	<b>Things We Do for No Reason- Hospital Medicine</b> Dennis W. Regan, MD
12:55 – 1:05 PM	Q & A

1:05 PM

Adjourn

## Friday, October 20, 2023

Note: Times are listed in Pacific time

6:15 – 7:00 AM	<b>Breakfast</b> *6:45 AM- Livestream Begins
7:00 – 7:05 AM	<b>Introduction and Announcements</b> Arya B. Mohabbat, MD, and Sanjeev Nanda, MD
7:05 – 7:35 AM	<b>Updates in the ICU Management</b> Vivek N. Iyer, MD, MPH
7:35 – 7:45 AM	Q & A
7:45 – 8:15 AM	<b>Updates in C. Difficile</b> Sahil Khanna, MBBS, MS
8:15 – 8:25 AM	Q & A
8:25 – 8:55 AM	<b>Updates in Women’s Health: What’s New in Menopause</b> Richa Sood, MD, MS
8:55 – 9:05 AM	Q & A
9:05 – 9:25 AM	<b>Beverage Break</b>
9:25 – 9:55 AM	<b>Updates in Endocrinology</b> Haitham S. Abu Lebdeh, MD
9:55 – 10:05 AM	Q & A
10:05 – 10:40 AM	<b>Updates in Diabetes Management</b> Vinaya Simha, MBBS, MD
10:40 – 10:50 AM	Q & A
10:50 – 11:20 AM	<b>Updates in Infectious Diseases</b> Hind J. Fadel, MD, PhD
11:20 – 11:30 AM	Q&A
11:30 – 11:50 AM	<b>Refreshment Break</b>
11:50 – 12:25 PM	<b>Updates in Hospital Medicine- Talk One</b> Gretchen A. Colbenson, MD and Karna K. Sundsted, MD
12:25 – 12:35 PM	Q&A
12:35 – 1:05 PM	<b>Updates in Colorectal Screening</b> Stephanie L. Hansel, MD, MS
1:05 – 1:15 PM	Q&A

1:15 PM

**Adjourn**

## Saturday, October 21, 2023

Note: Times are listed in Pacific time

6:15 – 7:00 AM	<b>Breakfast</b> *6:45 AM- Livestream Begins
7:00 – 7:05 AM	<b>Introduction and Announcements</b> Arya B. Mohabbat, MD, and Sanjeev Nanda, MD
7:05 – 7:40 AM	<b>Updates in Men’s Health:</b> <b>Prostate Cancer Screening and BPH Management</b> C. Scott Collins, MD
7:40 – 7:50 AM	Q & A
7:50 – 8:20 AM	<b>Online Approaches to Mental Health</b> Eleshia J. Morrison, PhD, LP (Virtual)
8:20 – 8:30 AM	Q & A
8:30 – 9:05 AM	<b>Updates in Cirrhosis</b> Doug A. Simonetto, MD
9:05 – 9:15 AM	Q & A
9:15 – 9:35 AM	<b>Beverage Break</b>
9:35 – 10:10 AM	<b>Updates in Hospital Medicine – Talk 2</b> Gretchen A. Colbenson, MD and Karna K. Sundsted, MD
10:10 – 10:20 AM	Q & A
10:20 – 10:50 AM	<b>Updates in Pulmonary Medicine</b> Megan M. Dulohery Scrodin, MD
10:50 – 11:00 AM	Q & A
11:00 – 11:20 AM	<b>Refreshment Break</b>
11:20 – 11:50 AM	<b>Presentation Skills for Clinicians</b> Scott C. Litin, MD
11:50 – 12:00 PM	Q & A
12:00 – 12:35 PM	<b>Physician Burnout and Well-being</b> Colin P. West, MD, PhD
12:35 – 12:45 PM	Q & A
12: 45 PM	<b>Adjourn – Thank you for attending!</b>

