

Mayo Clinic Psychiatry Clinical Updates

February 26-29, 2024

Grand Hyatt Kauai Resort & Spa, Koloa, HI

All times listed are HST (Hawaii Standard Time)

Monday, February 26, 2024 – Mood Disorders			
6:00 a.m.	Continental Breakfast and Registration		
7:00 a.m.	Introduction, Announcements, Schedule Review <i>Melanie T. Gentry, M.D. and Craig N. Sawchuk, Ph.D., L.P., ABPP</i>		
7:15 a.m.	Treatment Resistant Depression and Medical Co-Morbidity: Developing Complex Treatment Plans <i>Mark A. Frye, M.D.</i>		
7:45 a.m.	Bipolar Disorder and Co-Morbidities: Assessment and Treatment <i>Michael J. Gitlin, M.D.</i>		
8:15 a.m.	Combating Health Disparities in Depression Diagnosis and Treatment <i>Monica J. Taylor-Desir, M.D., M.P.H.</i>		
8:45 a.m.	Questions and Answers <i>Frye, Gitlin, Taylor-Desir</i>		
9:00 a.m.	Refreshment Break		
9:15 a.m.	Clinical Updates in Child and Adolescent Psychiatry with Q&A <i>Paul E. Croarkin, D.O., M.S.</i>		
9:50 a.m.	Dementia, Depression or Both? Assessment of Late Life Mood Symptoms with Q&A <i>Melanie T. Gentry, M.D.</i>		
10:25 a.m.	The Psychopharmacology of Personality Disorders with Q&A <i>Michael J. Gitlin, M.D.</i>		
11:00 a.m.	Move to Breakout Sessions		
11:15 a.m.	Breakout Main: Update on Pharmacogenomics <i>Mark A. Frye, M.D.</i>	Breakout 2- Child and Adolescent Psychiatry- Your Cases Discussed <i>Paul E. Croarkin, D.O., M.S.</i>	Breakout 3 Psychotherapy & Pharmacotherapy for Depression: Your Cases Discussed <i>Michael J. Gitlin, M.D. Craig N. Sawchuk, Ph.D., L.P., ABPP</i>
12:15 p.m.	Adjourn		

Tuesday, February 27, 2024 – Anxiety and Comorbidity	
6:00 a.m.	Continental Breakfast
6:30 a.m.	Breakfast Roundtable Discussion with the Professors
7:00 a.m.	When Panic Attacks <i>Katherine M. Moore, M.D. & Craig N. Sawchuk, Ph.D., L.P., ABPP</i>
7:50 a.m.	Comorbid Anxiety and Depression in Pregnancy <i>Hannah K. Betcher, M.D.</i>
8:20 a.m.	Anxiety and ADHD <i>Kristin J. Somers, M.D. & Kristin S. Vickers, Ph.D., L.P.</i>
9:05 a.m.	Questions and Answers <i>Moore, Sawchuk, Betcher, Somers, Vickers</i>

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9:30 a.m.	Refreshment Break		
9:45 a.m.	Psychiatric Comorbidity in Mood Disorders with Q&A <i>Mark A. Frye, M.D. & Michael J. Gitlin, M.D.</i>		
11:00 a.m.	Move to Breakout Sessions		
11:15 a.m.	Breakout Main: Anxiety and Sleep <i>Bhanu Kolla, M.B.B.S., M.D.</i>	Breakout 2: Geriatric Psychiatry: Your Cases Discussed <i>Melanie T. Gentry, M.D.</i>	Breakout 3: Exposure Therapy for Anxiety <i>Kristin S. Vickers, Ph.D., L.P. & Craig N. Sawchuk, Ph.D., L.P., ABPP</i>
12:15 p.m.	Adjourn		

Wednesday, February 28, 2024 – Psychosis

6:00 a.m.	Continental Breakfast		
6:30 a.m.	Breakfast Roundtable Discussion with the Professor		
7:00 a.m.	Differential Diagnosis of Psychosis <i>Rob J. Morgan III, M.D., Ph.D.</i>		
7:30 a.m.	Treatment Considerations in Schizophrenia <i>Matej Markota, M.D.</i>		
8:00 a.m.	Clozapine: Clinical Pearls <i>Jonathan G. Leung, Pharm.D., R.Ph.</i>		
8:30 a.m.	Questions and Answers <i>Morgan, Markota, Leung</i>		
9:00 a.m.	Refreshment Break		
9:15 a.m.	Considerations for use of Antipsychotics in Children and Adolescents <i>Jennifer L. Vande Voort, M.D.</i>		
9:45 a.m.	Antipsychotic Medications in Pregnancy and Lactation <i>Hannah K. Betcher, M.D.</i>		
10:15 a.m.	Questions and Answers <i>Vande Voort, Betcher</i>		
10:30 a.m.	Promoting Health Behavior Change in Patients with Q&A <i>Kristin S. Vickers, Ph.D., L.P.</i>		
11:00 a.m.	Move to Breakout Sessions		
	Breakout Main: Updates on Long-Acting Injectables <i>Matej Markota, M.D. & Jonathan G. Leung, Pharm.D., R.Ph.</i>	Breakout 2: Ketamine: Risks, Benefits and Challenges <i>Jennifer L. Vande Voort, M.D.</i>	Breakout 3: Perinatal Cases Discussed <i>Katherine M. Moore, M.D. & Hannah K. Betcher, M.D.</i>
12:15 p.m.	Adjourn		

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Thursday, February 29, 2024 – Sexual Health, Trauma, Substance use Disorders			
6:00 a.m.	Continental Breakfast		
6:30 a.m.	Breakfast Roundtable Discussion with the Professor		
7:00 a.m.	Controversies in the Diagnosis and Treatment of PTSD <i>Craig N. Sawchuk, Ph.D., L.P., ABPP</i>		
7:30 a.m.	Medically-Related Trauma and PTSD <i>Robert P. Bright, M.D.</i>		
8:00 a.m.	Questions and Answers <i>Sawchuk, Bright</i>		
8:15 a.m.	Controversies in Medical Cannabis Use with Q&A <i>Bhanu Kolla, M.B.B.S., M.D. & J. Michael Bostwick, M.D., MFA</i>		
9:00 a.m.	Refreshment Break		
9:15 a.m.	Managing sexual side effects of psychiatric medications with Q&A <i>Melanie T. Gentry, M.D.</i>		
9:45 a.m.	Trauma and Obesity with Q&A <i>Matthew M. Clark, Ph.D., L.P.</i>		
10:15 a.m.	Most Important Research Articles 2023 with Q&A <i>Rob J. Morgan III, M.D., Ph.D.</i>		
10:50 a.m.	Course Closing Comments <i>Melanie T. Gentry, M.D. and Craig N. Sawchuk, Ph.D., L.P., ABPP</i>		
11:00 a.m.	Move to Breakout Sessions		
11:15 a.m.	Breakout Breakout Main: Medical and Behavioral Approaches to Sexual Dysfunction <i>Jennifer A. Vencill, Ph.D., L.P. & Matt J. Ziegelmann, M.D.</i>	Breakout 2: Professional Wellness <i>Matthew M. Clark, Ph.D., L.P. & Robert P. Bright, M.D.</i>	Breakout 3: Trauma in Underserved Populations <i>Monica J. Taylor-Desir, M.D., M.P.H.</i>
12:15 p.m.	Adjourn		

Friday, March 1, 2024 – Psychiatry in Medical Settings (additional charge)	
6:00 a.m.	Continental Breakfast and Registration
7:00 a.m.	Introduction, Announcements, Schedule Review <i>Robert P. Bright, M.D.</i>
7:15 a.m.	21st Century Concepts of Somatic Symptom and Functional Disorders <i>Jeffrey P. Staab, M.D., M.S.</i>
8:15 a.m.	Functional Gastrointestinal Disorders / Disorders of Gut-Brain Interaction <i>Brian J. Arizmendi, Ph.D., L.P.</i>
8:45 a.m.	Chronic Pain
9:15 a.m.	Questions and Answers <i>Staab, Arizmendi, Hooten</i>
9:45 a.m.	Refreshment Break
Featured Panel: Practical Aspects of Treating Functional Disorders	

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10:00 a.m.	The Psychiatrists' Role in Diagnosing Functional Disorders <i>Jeffrey P. Staab, M.D., M.S.</i>
10:30 a.m.	Psychological Rehabilitation of Chronic Pain and Persistent Somatic Symptoms
11:00 a.m.	Expert Panel with Case-Based Discussion and Audience Participation <i>Drs. Staab, Arizmendi, Townsend, and Hooten</i> Moderated by <i>Dr. Bright</i>
12:00 p.m.	Wrap-up
12:15 p.m.	Adjourn