

# GRIT for Women in Medicine: Growth, Resilience, Inspiration & Tenacity 2023 Program Schedule

Thursday - Growth & Development October 26, 2023	
Time	Event
6:30 a.m.	<b>Registration &amp; Breakfast</b>
7:30 a.m.	<b>GRIT 2023 Welcome</b> Anjali Bhagra, M.D., M.B.A. Susan M. Moeschler, M.D.
7:45 a.m.	<b>Keynote: My Leadership Journey</b> Claudia Lucchinetti, M.D. <i>The University of Texas at Austin</i>
8:15 a.m.	<b>Question &amp; Answer</b>
8:30 a.m.	<b>Shaping Success: The Art of Personal Branding and Building a Strong Network of Women</b> Alice Gallo De Moraes, M.D. Diana J. Kelm, M.D.
9:15 a.m.	<b>Collaborative Negotiations: Are You Ready?</b> Ranna Parekh, M.D. <i>MD Anderson</i>
9:45 a.m.	<b>Question &amp; Answer</b>
10:00 a.m.	<b>Refreshment Break / Abstract Poster Viewing</b>
10:20 a.m.	<b>Teaming for Success in Medicine</b> Stephanie Vanterpool, M.D., M.B.A. <i>The University of Tennessee</i>
10:50 a.m.	<b>Feedback as a Growth Tool</b> Bobbi S. Pritt, M.D.
11:35 a.m.	<b>Question &amp; Answer</b>
11:50 a.m.	<b>#1 Poster Presentations: Stories of GRIT</b> Moderators: Alice Gallo De Moraes, M.D. & Lydia L. Patel, Pharm.D.
12:15 p.m.	<b>Morning session ends</b>

<b>Thursday – Afternoon Workshops</b>	
<b>Time</b>	<b>Event</b>
12:15 – 1:30 p.m.	<p><b>Joy of Medicine Networking Lunch</b>  Moderators: Anjali Bhagra, M.D., M.B.A. &amp; Susan Moeschler, M.D.</p> <ul style="list-style-type: none"> <li>- Discuss practical strategies to foster and enhance joy in medicine.</li> <li>- Discuss unique challenges and opportunities at different career stages for professional fulfillment and development.</li> </ul>
1:30 – 2:30 p.m.	<p><b>Concurrent Workshops</b>  <i>Choose 1 of 4 topics below</i></p> <p><b>The Science and Art of Networking within Organizations – Live</b>  Laura E. Walker, M.D., M.B.A.  Patrick L. Decker-Tonnesen</p> <p><b>Social Presence &amp; Identity – Live</b>  Emily E. Sharpe, M.D.</p> <p><b>A Systematic Approach to Change Management – <u>Live &amp; Livestream</u></b>  Lindsey M. Lehman, M.P.H., M.H.A.  Amanda E. Mikhail, M.B.A.</p> <p><b>Unleashing Potential: The Impact of Coaching – Live</b>  Karen M. Mellum, Ph.D.</p>
<b>Transition Time</b>	
2:40 – 3:40 p.m.	<p><b>Concurrent Workshops</b>  <i>Choose 1 of 4 topics below</i></p> <p><b>The Science and Art of Networking within Organizations – Live</b>  Laura E. Walker, M.D., M.B.A.  Patrick L. Decker-Tonnesen</p> <p><b>Social Presence &amp; Identity – <u>Live &amp; Livestream</u></b>  Emily E. Sharpe, M.D.</p> <p><b>A Systematic Approach to Change Management – Live</b>  Lindsey M. Lehman, M.P.H., M.H.A.  Amanda E. Mikhail, M.B.A.</p> <p><b>Unleashing Potential: The Impact of Coaching – Live</b>  Karen M. Mellum, Ph.D.</p>
3:15 p.m.	<b>Day Adjourns</b>
<p><b><i>Networking Reception</i></b>  5:00 – 7:00 p.m.  <i>Drinks and light appetizers provided.</i></p>	

**Friday – Resilience  
October 27, 2023**

<b>Time</b>	<b>Event</b>
6:30 a.m.	<b>Breakfast with the Experts</b>
7:30 a.m.	<b>Managing Microaggressions &amp; Stereotype Threat</b> Erin K. O'Brien, M.D.
8:15 a.m.	<b>The Start Up Journey, Entrepreneurship 101</b> Britta Lassmann, M.D. <i>Global Second Opinion</i>
8:55 a.m.	<b>Question &amp; Answer</b>
9:10 a.m.	<b>Narrative Medicine &amp; Art Therapy</b> Tolu O. Kehinde, M.D., M.B.A.
9:40 a.m.	<b>Question &amp; Answer</b>
9:50 a.m.	<b>Refreshment Break &amp; Abstract Poster Viewing</b>
10:20 a.m.	<b>Leveling the Playing Field with Advocacy</b> Erin M. Pagel, M.S. Candace F. Granberg, M.D.
11:00 a.m.	<b>Question &amp; Answer</b>
11:10 a.m.	<b>Mentorship and Academic Advancement</b> Sandhya Pruthi, M.D. Meghan E. Murphy, M.D.
11:50 a.m.	<b>Effective Communications</b> Elise C. Carey, M.D.
12:15 p.m.	<b>Question &amp; Answer</b>
12:30 p.m.	<b>Day adjourns</b>

**Saturday – Inspiration & Tenacity  
October 28, 2023**

<b>Time</b>	<b>Event</b>
6:30 a.m.	<b>Breakfast with the Experts</b>
7:30 a.m.	<b>The Art and Science of Belonging</b> Mayra Guerrero, M.D.
8:00 a.m.	<b>Question &amp; Answer</b>
8:15 a.m.	<b>Mental Health, Well-being, and Healthcare Burnout</b> Sandra J. Rackley, M.D., MAEdHD Cynthia O. Townsend, Ph.D., L.P.
8:45 a.m.	<b>Question &amp; Answer</b>
9:00 a.m.	<b>Recovery after a Crisis: HELP</b> Bridget P. Pulos, M.D. Enid Y. Rivera-Chiauzzi, M.D.
9:45 a.m.	<b>Question &amp; Answer</b>
10:00 a.m.	<b>Refreshment Break &amp; Abstract Poster Viewing</b>
10:15 a.m.	<b>Impacts of the Law on Reproductive Health</b> Regan N. Theiler, M.D., Ph.D. Amirala S. Pasha, D.O., J.D.
11:00 a.m.	<b>Question &amp; Answer</b>
11:15 a.m.	<b>Strategies &amp; Solutions for GRIT</b> Sexual Harassment: Katharine A. Price, M.D. LGBTQIA+ health equity: Victor G. Chedid, M.D., M.S. Menopause: Stephanie S. Faubion, M.D., M.B.A.
12:00 p.m.	<b>Question &amp; Answer</b>
12:15 p.m.	<b>#2 Poster Presentations: Stories of GRIT</b> Moderators: Alice Gallo De Moraes, M.D. & Lydia L. Patel, Pharm.D.
12:30 p.m.	<b>Closing Remarks</b> Anjali Bhagra, M.D., M.B.A. Susan M. Moeschler, M.D.
12:45 p.m.	<b>Course Adjourns</b>