

GRIT for Women in Medicine: Growth, Resilience, Inspiration & Tenacity 2023 Program Schedule

Thursday - Growth & Development October 26, 2023	
Time	Event
6:30 a.m.	Registration & Breakfast
7:30 a.m.	GRIT 2023 Welcome Anjali Bhagra, M.D., M.B.A. Susan M. Moeschler, M.D.
7:45 a.m.	Keynote: My Leadership Journey Claudia Lucchinetti, M.D. <i>The University of Texas at Austin</i>
8:15 a.m.	Question & Answer
8:30 a.m.	Shaping Success: The Art of Personal Branding and Building a Strong Network of Women Alice Gallo De Moraes, M.D. Diana J. Kelm, M.D.
9:15 a.m.	Collaborative Negotiations: Are You Ready? Ranna Parekh, M.D. <i>MD Anderson</i>
9:45 a.m.	Question & Answer
10:00 a.m.	Refreshment Break / Abstract Poster Viewing
10:20 a.m.	Teaming for Success in Medicine Stephanie Vanterpool, M.D., M.B.A. <i>The University of Tennessee</i>
10:50 a.m.	Feedback as a Growth Tool Bobbi S. Pritt, M.D.
11:35 a.m.	Question & Answer
11:50 a.m.	#1 Poster Presentations: Stories of GRIT Moderators: Alice Gallo De Moraes, M.D. & Lydia L. Patel, Pharm.D.
12:15 p.m.	Morning session ends

Thursday – Afternoon Workshops	
Time	Event
12:15 – 1:30 p.m.	<p>Joy of Medicine Networking Lunch Moderators: Anjali Bhagra, M.D., M.B.A. & Susan Moeschler, M.D.</p> <ul style="list-style-type: none"> - Discuss practical strategies to foster and enhance joy in medicine. - Discuss unique challenges and opportunities at different career stages for professional fulfillment and development.
1:30 – 2:30 p.m.	<p>Concurrent Workshops <i>Choose 1 of 4 topics below</i></p> <p>The Science and Art of Networking within Organizations – Live Laura E. Walker, M.D., M.B.A. Patrick L. Decker-Tonnesen</p> <p>Social Presence & Identity – Live Emily E. Sharpe, M.D.</p> <p>A Systematic Approach to Change Management – <u>Live & Livestream</u> Lindsey M. Lehman, M.P.H., M.H.A. Amanda E. Mikhail, M.B.A.</p> <p>Unleashing Potential: The Impact of Coaching – Live Karen M. Mellum, Ph.D.</p>
Transition Time	
2:40 – 3:40 p.m.	<p>Concurrent Workshops <i>Choose 1 of 4 topics below</i></p> <p>The Science and Art of Networking within Organizations – Live Laura E. Walker, M.D., M.B.A. Patrick L. Decker-Tonnesen</p> <p>Social Presence & Identity – <u>Live & Livestream</u> Emily E. Sharpe, M.D.</p> <p>A Systematic Approach to Change Management – Live Lindsey M. Lehman, M.P.H., M.H.A. Amanda E. Mikhail, M.B.A.</p> <p>Unleashing Potential: The Impact of Coaching – Live Karen M. Mellum, Ph.D.</p>
3:15 p.m.	Day Adjourns
<p><i>Networking Reception</i> 5:00 – 7:00 p.m. <i>Dinner and drinks provided</i></p>	

**Friday – Resilience
October 27, 2023**

Time	Event
6:30 a.m.	Breakfast with the Experts
7:30 a.m.	Managing Microaggressions & Stereotype Threat Erin K. O'Brien, M.D.
8:15 a.m.	The Start Up Journey, Entrepreneurship 101 Britta Lassmann, M.D. <i>Global Second Opinion</i>
8:55 a.m.	Question & Answer
9:10 a.m.	Narrative Medicine & Art Therapy Tolu O. Kehinde, M.D., M.B.A.
9:40 a.m.	Question & Answer
9:50 a.m.	Refreshment Break & Abstract Poster Viewing
10:20 a.m.	Leveling the Playing Field with Advocacy Erin M. Pagel, M.S. Candace F. Granberg, M.D.
11:00 a.m.	Question & Answer
11:10 a.m.	Mentorship and Academic Advancement Sandhya Pruthi, M.D. Meghan E. Murphy, M.D.
11:50 a.m.	Effective Communications Elise C. Carey, M.D.
12:15 p.m.	Question & Answer
12:30 p.m.	Day adjourns

Saturday – Inspiration & Tenacity October 28, 2023	
Time	Event
6:30 a.m.	Breakfast with the Experts
7:30 a.m.	The Art and Science of Belonging Mayra Guerrero, M.D.
8:00 a.m.	Question & Answer
8:15 a.m.	Mental Health, Well-being, and Healthcare Burnout Sandra J. Rackley, M.D., MAEdHD Cynthia O. Townsend, Ph.D., L.P.
8:45 a.m.	Question & Answer
9:00 a.m.	Recovery after a Crisis: HELP Bridget P. Pulos, M.D. Enid Y. Rivera-Chiauzzi, M.D.
9:45 a.m.	Question & Answer
10:00 a.m.	Refreshment Break & Abstract Poster Viewing
10:15 a.m.	Impacts of the Law on Reproductive Health Regan N. Theiler, M.D., Ph.D. Amirala S. Pasha, D.O., J.D.
11:00 a.m.	Question & Answer
11:15 a.m.	Strategies & Solutions for GRIT Sexual Harassment: Katharine A. Price, M.D. LGBTQIA+ health equity: Victor G. Chedid, M.D., M.S. Menopause: Stephanie S. Faubion, M.D., M.B.A.
12:00 p.m.	Question & Answer
12:15 p.m.	#2 Poster Presentations: Stories of GRIT Moderators: Alice Gallo De Moraes, M.D. & Lydia L. Patel, Pharm.D.
12:30 p.m.	Closing Remarks Anjali Bhagra, M.D., M.B.A. Susan M. Moeschler, M.D.
12:45 p.m.	Course Adjourns