

# Updates in Internal Medicine 2023

Wednesday, October 18, 2023

## OPTIONAL PRE-COURSE: POCUS Workshop

### Course directors

Bright Thilagar, MD, Joshua Overgaard, MD

### Faculty: hands-on stations and lectures

Christopher Stephenson, MD, MHPE, Terin T. Sytsma, MD, Siddhant Yadav, MD

### ***All times listed are Pacific Time Zone***

Start time	End time	Title	
7:00 AM	7:30 AM	Breakfast and Registration Location: Pacific room	
7:30 AM	7:35 AM	Welcome Speaker: Joshua Overgaard, MD Location: View Room	
7:35 AM	8:05 AM	<i>Physics and Knobology</i> <i>Group I &amp; Group II: Lecture</i> Speaker: Joshua Overgaard, MD Location: View Room	
8:10 AM	8:40 AM	Kidney & Bladder <i>Group I: Lecture</i> Chris Stephenson, MD, MHPE Location: View Room	Kidney & Bladder <i>Group II: Hands-on</i> Location: Ocean room
8:45 AM	9:15 AM	Kidney & Bladder <i>Group I: Hands-on</i> Location: Ocean room	Kidney & Bladder <i>Group II: Lecture</i> Chris Stephenson, MD, MHPE Location: View Room
9:15 AM	9:45 AM	IVC Volume Assessment <i>Group I: Hands-on</i> Location: Ocean room	IVC Volume Assessment <i>Group II: Lecture</i> Bright Thilagar, MD Location: View Room
9:45 AM	10:00 AM	Break Location: Pacific room	
10:00 AM	10:30 AM	IVC Volume Assessment <i>Group I: Lecture</i> Bright Thilagar, MD Location: View Room	IVC Volume Assessment <i>Group II: Hands-on</i> Location: Ocean room
10:30 AM	11:00 AM	Lung <i>Group I: Lecture</i> Terin T. Sytsma, MD	Lung <i>Group II: Hands-on</i> Location: Ocean room

11:05 AM	11:35 AM	Lung <i>Group I:</i> Hands-on Location: Ocean room	Lung <i>Group II:</i> Lecture Terin T. Sytsma, MD Location: View Room
11:35 AM	12:05 PM	Deep Venous Thrombosis Evaluation <i>Group I:</i> Hands-on Location: Ocean room	Deep Venous Thrombosis Evaluation <i>Group II:</i> Lecture Siddhant Yadav, MD Location: View Room
12:05 PM	12:40 PM	Deep Venous Thrombosis <i>Group I:</i> Lecture Siddhant Yadav, MD Location: View Room	Deep Venous Thrombosis <i>Group II:</i> Hands-on Location: Ocean room
12:45 PM	1:00 PM	Recap <i>Group I &amp; Group II: Lecture</i> Speaker: Joshua Overgaard, MD and Bright Thilagar, MD Location: View Room	
	1:00 PM	Adjourn	

Thank you to our standardized patients and staff

Standardized Patients: Lana Hartwell, Alan Janssen, Rhiannon Jones, Michelle Way

Staff: Nikita Mohabbat, Arya Mohabbat, MD, Sanjeev Nanda, MD, Jeff Thompson, Deb Blomberg

Standardized patients may request learners wear facemasks while performing ultrasound.  
Please respect this request. Facemasks will be provided.