

Mayo Clinic OB/GYN Clinical and Surgical Updates
Staying Current and Ahead of the Curve 2024

Monday, February 5, 2024

Topic for Day- Hands-on, Welcome, Past and Future of OB/GYN

Pacific Time Zone

7:00-7:30	Registration and Breakfast Buffet
7:30-9:30 am	Hands-on: Laparoscopic Suturing Michelle Y. Louie, M.D. and Christopher C. DeStephano, M.D., M.P.H.
9:30-10:00 am	Break
10:00 am-Noon	Hands-on: Gyn Procedures and Gyn Ultrasound Tarek Khalife, M.D., Anita H. Chen, M.D. and Thomas G. Howell Jr., M.D.
12:00-12:30 pm	Break
12:30-2:30 pm	OB Ultrasound Case Studies – Early Pregnancy – didactic discussion Julie A. Lamppa, APRN, CNM and Kylie Cooper, M.D.
2:30-3:00 pm	Break
3:00-5:00 pm	Hands-on: Pelvic Pain and Integrative Health Johnny Yi, M.D., Jenna N. Wygant, APRN, C.N.P., D.N.P., Shannon K. Laughlin-Tommaso, M.D., Cindy E. Neville, P.T., D.P.T., and Anita H. Chen, M.D.
5:00-5:05 pm	Welcome and Course Outline Christopher C. DeStephano, M.D., M.P.H., Carrie L. Langstraat, M.D., and Johnny Yi, M.D.
5:05-6:00 pm	Stump the Audience, Experts, and Generative AI Moderator: Christopher C. DeStephano, M.D., M.P.H.
6:00-6:30 pm	History of OB/GYN and Racism Evelyn A. Reynolds, M.D.
6:30-7:00 pm	Inclusive Language in OB/GYN-- Where do we go from here? Shannon K. Laughlin-Tommaso, M.D.
7:00-9:00 pm	Welcome Reception

Tuesday, February 6, 2024

Topic for Day – Adolescence, Early Adulthood

Pacific Time Zone

6:00 -7:00 am	Registration and Breakfast Buffet
6:30 am	Meet the Course Directors Christopher C. DeStephano, M.D., M.P.H., Carrie L. Langstraat, M.D., and Johnny Yi, M.D.
7:00 am	Welcome – Day 2 Enid Y. Rivera-Chiauzzi, M.D., Jenna N. Wygant, APRN, C.N.P., D.N.P., and Christopher C. DeStephano, M.D., M.P.H.
7:10 am	Adolescent Surgery Case Vignette Christopher C. DeStephano, M.D., M.P.H.
7:20 am	Ovarian Tumors in Adolescents: When to Intervene Tri A. Dinh, M.D.
7:40 am	Evaluating and Managing AUB and Fibroids in Adolescents and Young Women Michelle Y. Louie, M.D.
8:00 am	Top Causes of Secondary Amenorrhea: Diagnosis and long-term health consequences Chrisandra L. Shufelt, M.D.

Subject to change

Mayo Clinic OB/GYN Clinical and Surgical Updates

Staying Current and Ahead of the Curve 2024

8:20 am	Q&A Panel
8:30 am	Social Determinates of Health in Connection to Obstetric Care and Outcomes Rebecca M. Smith, APRN, CNM
8:50 am	Postpartum Blood Pressure Follow-up: Factors associated with multiple appointments for patients with hypertensive disorders of pregnancy Enid Y. Rivera-Chiauzzi, M.D.
9:10 am	Mindfulness Programs for Patients, Staff and Families During the Perinatal Period Susan M. Skinner, APRN, CNM
9:30 am	Q&A Panel
9:40 am	BREAK & Exhibitors
10:00 am	Coaching Clinicians on Effective Communication Before and After Adverse/Harm Events Occur Leslie Carranza, M.D.
10:20 am	Keynote—Cesarean Hysterectomy: Preparing for the unexpected in all settings Jason Vaught, M.D.
11:00 am	Q&A Panel
11:10 am	BREAK & Exhibitors
11:25 am	Managing Expectations: What to do about social media? Changing patient preferences, and over the counter birth control pills Jenna N. Wygant, APRN, C.N.P., D.N.P.
11:45 am	Treatment of Recurrent Vaginitis and Where Recently Approved Treatments Fit Jennifer R. Sveen, APRN, C.N.P., M.S.N.
12:05	Pediatric, Adolescent, and Young Adult HPV Vaccination and Cervical Cancer Screening Self-Collection Updates Margaret E. Long, M.D.
12:25 am	Genetic Testing and Counseling in Adolescents and Young Adults Myra J. Wick, M.D., Ph.D.
12:45 pm	Q&A panel
1:00 pm	Adjourn
1:00 pm	Lunch for workshop attendees
1:30-5:30 pm	Emergencies in Clinical Obstetrics (ECO) -- Enid Y. Rivera-Chiauzzi, M.D., Leslie Carranza, M.D., Jason J. DeWitt, M.D., Linda M. Szymanski, M.D., Ph.D., and Kylie Cooper, M.D.
5:30 – 7:30 pm	Dinner Roundtable: Coaching and career development speed dating: What type of coach is right for you? Christopher C. DeStephano, M.D., M.P.H., Enid Y. Rivera-Chiauzzi, M.D., and Leslie Carranza, M.D. Food and Drink provided - no CME

Mayo Clinic OB/GYN Clinical and Surgical Updates
Staying Current and Ahead of the Curve 2024

Wednesday, February 7, 2024

Topic for Day - Adulthood

Pacific Time Zone

6:00 -7:00 am	Registration and Breakfast Buffet
6:30 am	Breakfast with the experts
7:00 am	Welcome – Day 3 Megan N. Wasson, D.O., Linda M. Szymanski, M.D., Ph.D., Zaraq Khan, M.B.B.S.
7:10 am	Reproductive Rights and Justice During Changing Times Daniel M. Breitkopf, M.D.
7:30 am	Applying Diversity, Equity, and Inclusion to Family Building Options for LGBTQ+ Individuals Ali J. Ainsworth, M.D.
7:50 am	Effect of Gender Affirming Hormone Therapy on Reproductive Organs Chandra C. Shenoy, M.D.
8:10 am	Q&A Panel
8:20 am	Isthmocele - AUB, Fertility, Repair Zaraq Khan, M.B.B.S.
8:40 am	Septic Abortion Jason Vaught, M.D.
9:00 am	OB Global Health Yvonne S. Butler Tobah, M.D.
9:20 am	Working with Leadership to Get What You Need in the OR Sean C. Dowdy, M.D.
9:40 am	Q&A Panel
9:50 am	BREAK & Exhibitors
10:10 am	KEYNOTE Patient-Centered Care for Obstetrics and Gynecology with Patient Advocacy Groups (with Q&A) Sallie Sarrel P.T., A.T.C., D.P.T., Sateria Venable and Liz Woodruff, MA
11:00 am	Management of Complex Ectopic Pregnancies Adela G. Cope, M.D.
11:20 am	Identification and Excision of Endometriosis from Stage I to Stage IV Megan N. Wasson, D.O.
11:40 am	Q&A Panel
11:50	Break & Exhibitors
12:00 am	Substance Use Disorder in Pregnancy Kylie Cooper, M.D.
12:20 am	Medical and Surgical Approaches to Fibroid Management: How do we facilitate this choice for women? Aakriti R. Carrubba, M.D.
12:40 am	Mental Health Before, During, and After Pregnancy Katherine M. Moore, M.D.
1:00 pm	Q&A panel
1:10 pm	Adjourn

Mayo Clinic OB/GYN Clinical and Surgical Updates
Staying Current and Ahead of the Curve 2024

Thursday, February 8, 2024

Topic for Day - Menopause, Cancer, and risks from pregnancy complications in later age

Pacific Time Zone

6:00 -7:00 am	Registration and Breakfast Buffet
6:30 am	Yoga
7:00 am	Welcome – Day 4 Carrie L. Langstraat, M.D., Johnny Yi, M.D., and Anita H. Chen, M.D.
7:10 am	Vulvar Pathology: When is surgery warranted? Jamie N. Bakkum-Gamez, M.D.
7:30 am	Uterine Sparing Management of Type 1 Uterine Cancer Precursors Tarek Khalife, M.D.
7:50 am	Contemporary Surgical Management of EIN and Endometrial Cancer Carrie L. Langstraat, M.D.
8:10 am	Contemporary Management of Obesity During the Menopausal Transition Paru S. David, M.D.
8:30 am	Q&A Panel
8:40 am	<i>"Elderly"</i> Pregnancy: Up-to-date information on an out-of-date term Linda M. Szymanski, M.D., Ph.D.
9:00 am	Gynecologic Considerations in Transplant Patients Megan C. Cheney, M.D., M.P.H.
9:20 am	Evaluation and Management of Prolapse and Incontinence Following Pregnancy Compared to the Elderly: Does context matter? Gokhan Anil, M.D.
9:40	Q&A
9:50 am	BREAK & Exhibitors
9:05 am	Keynote Addressing Cancer Disparities: The opportunities of community engagement for early detection and interception (with Q&A) OB Folakemi T. Odedina, Ph.D.
10:50 am	Survivorship After Gynecologic Cancers w/ Q&A Kristina A. Butler, M.D., M.S.
11:20 am	BREAK & Exhibitors
11:35 am	Let's Talk About Genitourinary Syndrome and Vasomotor Symptoms for Female Cancer Survivors: Treatments and Innovations Anita H. Chen, M.D.
11:55 am	A Magic Pill? The truth about sexual dysfunction and low libido Jennifer A. Vencill, Ph.D., L.P.
12:15 am	Sex Should Not Hurt: Diagnosis and management of myofascial pain Johnny Yi, M.D.
12:35 am	Impact of Pregnancy Related Diseases in Postmenopausal Women Paru S. David, M.D.
12:55 pm	Q&A panel
1:10 pm	Adjourn