

Mayo Clinic Conference on Brain Health and Dementia

Schedule-at-a-Glance

8:00am Registration and Exhibitor Booths open, refreshments available

Plenary Session

Plenary sessions are livestreamed

9:00am **Official Welcome from Mayo Clinic, the Alzheimer's Association, and AARP**
Ronald Petersen, Susan Parriott, Kate Schaefer, Angela Lunde

Paths to Wellbeing

Debra Tann, Ed.D. - *Author, Educator, Coach, CEO of Reminiscent*

Kanada Yazbek - *Person living with mild cognitive impairment and advocate*

Br. John-Richard Pagan - *Person living with Lewy body dementia and advocate*

Diana Shulla-Cose - *Care partner and Founder of Lorenzo's House*

Anne Labovitz, B.A., M.F.A - *Professional Artist and Educator, MN College of Art and Design*

The Latest Developments in Brain Health and Dementia

Ronald Petersen, M.D., Ph.D. - *Professor of Neurology, Director of the Mayo Clinic Alzheimer's Disease Research Center*

Kristine Yaffe, M.D. - *Professor of Psychiatry, Neurology, and Epidemiology, UCSF*

Vijay Ramanan, M.D., Ph.D. - *Assistant Professor of Neurology, Mayo Clinic*

11:25am **Lunch**
Exhibitor booths, art making open

Breakout Sessions (Full list of sessions on the next page)

12:30pm **Breakout Sessions 1**

1:45pm **Breakout Sessions 2**

3:00pm **Breakout Sessions 3**

Closing

livestreamed

4:15pm **The Art & Soul of Wellbeing**
Anne Labovitz, B.A., M.F.A., - Professional Artist and educator, MN College of Art and Design
Hannah Lou Woods - Songwriter, singer, and multi-instrumentalist

4:35pm **Adjourn**

Breakouts

Session 1

After the Diagnosis (livestreamed)

Bradley Boeve

Music Making to Promote Wellbeing

Christina Wood
Brianna Larsen

How to Turn Challenges into Gifts

Helen Medsger

It's Not the Same: What to Know About Lewy Body Dementia

Brandi Hackett

The Alter Program: Faith Communities Supporting African American Families Affected by Dementia

Robbin Frazier

Small Towns Providing Big Support

Marie Hlava
Lori Paulson
Jenelle Cummings
MaryAnne Higgins

The Power in Purpose

Br. John-Richard Pagan
Julia Wood

Advocating Starts at Diagnosis

Venoreen Browne Boatswain

When Does Forgetfulness Become Dementia

Hugo Botha

Wellness Recovery Action Plan

Xue Yang

The Wellbeing Quilt: A Participatory Art Experience

Anne Labovitz

Session 2

The Power of Advanced Planning (livestreamed)

Tracy Keibler
Lynn Bergren
Josh Casper
Jim Dostal

Music Making to Promote Wellbeing

Christina Wood
Brianna Larsen

How to Turn Challenges into Gifts

Helen Medsger

Skillful Communication for Better Dementia Care

Emma Latzke

Empowering Care Partner Spouses of Younger-Onset Dementia

Diana Shulla-Cose

Why Culture Matters: Addressing the Needs of African American Caregivers

Venoreen Browne Boatswain
Manka Nkimheng
Tuesday Glover
Amina Keinan

Uncovering Potential: How Occupational & Other Therapies Support Better Living

Julia Wood

When Does Forgetfulness Become Dementia

Hugo Botha

Ask the Doctor

Jonathan Graff-Radford

Evidence-Based Classes for Health & Wellbeing

Gail Johnson
Rachel Bremness

Session 3

Critical Conversations in a New Era of Alzheimer's Treatment (livestreamed)

Lisa Groon
Manka Nkimheng
Vijay Ramanan
Kate Schaefer

Late Stage Dementia: Supportive Approaches to Care

Maria Lapid

Skillful Communication for Better Dementia Care

Emma Latzke

Empowering Youth Caregivers of Younger-Onset Dementia Parents

Bree Ruge
Diana Shulla-Cose
Patti LaFleur

Let's Connect For Persons with Dementia or Cognitive Concerns

Br. John-Richard Pagan
Kanada Yazbek

Let's Connect For Caregivers

Brandi Hackett

Practical Actions for Coping with Cognitive Changes

Julia Wood

Managing Money: A Caregiver's Guide to Finances

Lynne Hemann

Ask the Doctor

Jonathan Graff-Radford

Yoga for Grief Relief

Chris Armstrong