# Clinical Reviews 2024
## February 21-24, 2024

### Wednesday, February 21, 2024

<table>
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<tr>
<th>Time</th>
<th>Event</th>
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<tr>
<td>7:00 a.m.</td>
<td>Registration and Continental Breakfast</td>
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| 7:45 a.m. | Welcome Announcements and Introductions  
Lesley L. Williams, M.D. and  
Nicholas A. Daniels, M.D., M.P.H. |
| 8:00 a.m. | Diagnosis Prevention and Treatment of Headaches  
Rashmi B. Halker Singh, M.D. |
| 8:30 a.m. | Evaluation and Management of Initial Recurrent  
TIAs in the Primary Care Setting  
Courtney M. Hrdlicka, M.D. |
| 9:00 a.m. | Evaluating Memory Loss in Primary Care:  
What to Test and When to Refer  
Bryan K. Woodruff, M.D. |
| 9:30 a.m. | Cancer Screening and Treatment and  
Health Care Disparities  
Donald Northfelt, M.D. |
| 10:00 a.m. | Refreshment Break and Exhibits                                        |
| 10:30 a.m. | Evaluating the CBC: What to Do and When to Refer  
Donald Northfelt, M.D. |
| 11:00 a.m. | 4 Rashes that Can Kill You in a Week  
David L. Swanson, M.D. |
| 11:30 a.m. | Dermatology Clinical Pearls  
David L. Swanson, M.D. |
| 12:00 p.m. | Implementing Patient Centered Care  
Brandon J. Berry, P.A.-C. |
12:30 p.m. Lunch and Exhibits

Session Topic: GI

1:30 p.m. Approach Abnormal LFTs and NASH
Blanca C. Lizaola-Mayo, M.D.

2:00 p.m. Managing Dysphagia in Primary Care
Tisha N. Lunsford, M.D.

Integrated Psychiatry Workshop

2:30 p.m. Evaluating and Treating Anxiety Disorders and Depression
Neeta Jain, M.D.; Ashley A. Stillwell, D.O. and Lesley L. Williams, M.D.

3:15 p.m. Refreshment Break and Exhibits

3:30 p.m. Primary Care Psychiatric Case Review
Neeta Jain, M.D.; Ashley Stillwell, D.O. and Lesley L. Williams, M.D.

4:15 p.m. Adjourn

4:15 p.m. Welcome Reception / Meet the Faculty
Thursday, February 22, 2024

7:00 a.m. Continental Breakfast and Exhibits

7:50 a.m. Announcements
Lesley L. Williams, M.D. and Nicholas A. Daniels, M.D., M.P.H.

Session Topic: Cardiology

8:00 a.m. Clinical Utility of Coronary Calcium Score: A Guide for Practitioners
Regis I. Fernandes, M.D.

8:30 a.m. Lipid Disorder Management: How to Integrate Non-Statin Therapy in Your Practice
Regis I. Fernandes, M.D.

Session Topic: Endocrinology

9:00 a.m. Management of Type 2 Diabetes
Aditi Kumar, M.B.B.S.

10:00 a.m. Refreshment Break and Exhibits

10:30 a.m. Osteoporosis Update
Krupa B. Doshi, M.D.

Session Topic: Women’s Health / GYN

11:00 a.m. Management of Menopause Symptoms
Talia Sobel, M.D.

11:30 a.m. Evaluating and Managing Women at High Risk for Breast Cancer
Jessica L. Fraker, M.D.

12:00 p.m. Cardiovascular Disease Presentations in Women
Ramona Sharma, M.D.

12:30 p.m. Lunch and Exhibits
Thursday, February 22, 2024 (continued)

Session Topic: Nephrology

1:30 p.m.  
**New Guidelines for T2DM and CKD**  
Evamaria Anvari, M.D.

2:00 p.m.  
**Update on Hypertension Management**  
Musab S. Hommos, M.B.B.S.

3:00 p.m.  
**Leveraging AI in Primary Care: Incorporating Current Tools into Your Practice**  
Darin Williams, Ph.D.

3:30 p.m.  
**Day 2 Adjourn**
Friday, February 23, 2024

7:00 a.m.  Continental Breakfast and Exhibits

7:50 a.m.  Announcements
Lesley L. Williams, M.D. and
Nicholas A. Daniels, M.D., M.P.H.

Session Topic: Pulmonology

8:00 a.m.  Sleep Issues: Sleep Apnea, RLS and REM Behavior
Chad M. Ruoff, M.D.

8:30 a.m.  Management of Asthma and COPD
Ashley L. Garrett, M.D.

Session Topic: Musculoskeletal

9:00 a.m.  Beyond Steroids: New and Alternative Treatment Options for OA
Arthur J. De Luigi, D.O., M.H.A.

9:30 a.m.  Evaluation and Treatment of Common Sports Injuries
Matthew B. Anastasi, M.D.

10:00 a.m.  Refreshment Break and Exhibits

Session Topic: Men’s Health

10:30 a.m.  Evaluating Hypogonadism and ED in Primary Care
Nahid Punjani, M.D., M.P.H.

11:00 a.m.  BPH Treatment Options and Prostate Cancer Screening
Scott M. Cheney, M.D.

Session Topic: Urology

11:30 a.m.  Updates in Treatment for Male and Female UI
Christopher E. Wolter, M.D.

12:00 p.m.  Renal Stone Prevention and Management
Karen L. Stern, M.D.

12:30 p.m.  Lunch and Exhibits
Session Topic: Healthcare Disparities

1:30 p.m.  
Physician Workforce Diversity in Reducing Healthcare Disparities and Improving Health Outcomes in Underrepresented Groups  
Augustine S. Chavez, M.D.

Session Topic: Geriatrics

2:00 p.m.  
Evaluating Dizziness in the Geriatric Patient  
Amit A. Shah, M.D.

2:30 p.m.  
Starting the Conversation re: Transitioning to Palliative or Hospice Care  
Mark K. Edwin, M.D.

3:00 p.m.  
Day 3 Adjourn
Saturday, February 24, 2024

7:00 a.m.  Continental Breakfast and Exhibits

7:50 a.m.  Announcements
Lesley L. Williams, M.D. and
Nicholas A. Daniels, M.D., M.P.H.

Session Topic: 2024 Updates

8:00 a.m.  2023 Research Review: What’s New in Primary Care
Andrea Darby-Stewart, M.D.

8:30 a.m.  Current Screening Recommendations All Ages
Andrea Darby-Stewart, M.D.

9:00 a.m.  2024 Pharmacology Updates
Denise M. Dupras, M.D., Ph.D.

10:00 a.m.  Refreshment Break and Exhibits

Session Topic: Innovation

10:15 a.m.  Evaluating Arthritis in Primary Care
Michael M. Pham, M.D.

Session Topic: Weight Management

10:45 a.m.  Managing Weight Concerns in Primary Care
Lesley Williams, M.D. and Michael Campbell, PharmD

Session Topic: Pain Management

11:45 a.m.  Interventional Treatment Modalities for Chronic
Abdominal and Pelvic Pain
Scott H. Pew, M.D.

12:15 p.m.  Approaching Pain in Primary Care:
Managing Opiates and Alternative Options
Jillian A. Maloney, M.D.

12:45 p.m.  Day 4 Adjourn