

**Practice of Internal Medicine 2024**  
**Hilton Rochester Mayo Clinic Area Hotel and LIVESTREAM**  
**April 29 – May 3, 2024**

Monday, April 29, 2024	
6:45 a.m.	<b>Registration &amp; Breakfast</b>
7:45 a.m.	<b>Welcome and Course Overview</b> <i>John B. Bundrick, M.D. and Brandon Verdoorn, M.D.</i>
8:00 a.m.	<b>Lipid Management in 2024</b> <i>Stephen Kopecky, M.D.</i>
8:35 a.m.	<b>An Update on Asthma</b> <i>Megan M. Dulohery Scrodin, M.D.</i>
9:10 a.m.	<b>Approach to the Adrenal Incidentaloma</b> <i>William Young, Jr. M.D.</i>
<b>9:45 a.m.</b>	<b>Break</b>
10:05 a.m.	<b>Diagnosis and Management of Common Tremors</b> <i>Rodolfo Savica, M.D., Ph.D.</i>
10:40 a.m.	<b>Central Sensitization Syndrome</b> <i>Arya B. Mohabbat, M.D.</i>
11:15 a.m.	<b>Clinical Pearls</b> <i>TBD</i>
<b>11:55 a.m.</b>	<b>Lunch Break</b>
1:00 p.m.	<b>Approach to the Patient with Dysphagia</b> <i>Amindra S. Arora, M.B., B.Chir.</i>
1:35 p.m.	<b>Demystifying the Use of Buprenorphine</b> <i>Benjamin Lai, M.B., B.Ch., B.A.O.</i>
<b>2:10 p.m.</b>	<b>Break</b>
2:30 p.m.	<b>Update on Valvular Disease</b> <i>Jeffrey B. Geske, M.D.</i>
3:05 p.m.	<b>Updated Treatment Guidelines for RA</b> <i>Uma Thanarajasingam, M.D., Ph.D.</i>
3:40 p.m.	<b>Adjourn</b>

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<b>Tuesday, April 30, 2024</b>	
7:00 a.m.	<b>Breakfast</b>
7:55 a.m.	<b>Daily Overview</b> <i>John B. Bundrick, M.D. and Brandon P. Verdoorn, M.D.</i>
8:00 a.m.	<b>Breast Cancer Survivorship</b> <i>Karthik Ghosh, M.D.</i>
8:35 a.m.	<b>Undifferentiated Lymphadenopathy</b> <i>Carrie A. Thompson, M.D.</i>
9:10 a.m.	<b>Healthcare Disparities -- How Clinicians Can Help Close the Gaps</b> <i>Rahma Warsame, M.D.</i>
<b>9:45 a.m.</b>	<b>Break</b>
10:05 a.m.	<b>Chronic Cough</b> <i>Vivek N. Iyer, M.D., M.P.H.</i>
10:40 a.m.	<b>Treatment Options for Obesity: State-of-the-Art</b> <i>Daniela D. Hurtado Andrade, M.D., Ph.D.</i>
11:15 a.m.	<b>Clinical Pearls</b> <i>TBD</i>
<b>11:55 a.m.</b>	<b>Lunch Break</b>
1:00 p.m.	<b>The Importance of the Sexual History – Case-Based Examples</b> <i>Denise M. Dupras, M.D., Ph.D.</i>
1:35 p.m.	<b>EMS for the Primary Care Clinician</b> <i>Aaron B. Klassen, M.D., M.A.</i>
<b>2:10 p.m.</b>	<b>Break</b>
2:30 p.m.	<b>Management of BPH</b> <i>Nick N. Warner, M.D.</i>
3:05 p.m.	<b>Approach to Abnormal Liver Enzymes</b> <i>Moira Hilscher, M.D.</i>
3:40 p.m.	<b>Adjourn</b>

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<b>Wednesday, May 1, 2024</b>	
7:00 a.m.	<b>Breakfast</b>
7:55 a.m.	<b>Daily Overview</b> <i>John B. Bundrick, M.D. and Brandon P. Verdoorn, M.D.</i>
8:00 a.m.	<b>Practical Management of Hyponatremia</b> <i>Kambiz Kalantari M.D.</i>
8:35 a.m.	<b>An ID Physician's Approach to Recurrent UTI Management</b> <i>Daniel C. DeSimone, M.D.</i>
9:10 a.m.	<b>An Update on Celiac Disease</b> <i>Adam C. Bledsoe, M.D.</i>
<b>9:45 a.m.</b>	<b>Break</b>
10:05 a.m.	<b>Literature Update in IM</b> <i>Majken T. Wingo, M.D.</i>
10:40 a.m.	<b>Approach to the Patient with a + ANA</b> <i>Courtney A. Arment, M.D.</i>
11:15 a.m.	<b>Clinical Pearls</b> <i>TBD</i>
<b>11:55 a.m.</b>	<b>Lunch Break</b>
1:00 p.m.	<b>Balancing Bleeding and Clotting Risks in Older Adults on Anticoagulation</b> <i>Damon E. Houghton, M.D., M.S.</i>
1:35 p.m.	<b>Weight Loss and Malnutrition in Older Adults: A Practical Approach</b> <i>Christina Chen, M.D.</i>
<b>2:10 p.m.</b>	<b>Break</b>
2:30 p.m.	<b>PrEP/HIV—HIV pre-exposure prophylaxis</b> <i>Cristina G. Corsini Campioli, M.D.</i>
3:05 p.m.	<b>Common Prescribing Pitfalls in Older Adults (And How to Avoid Them)</b> <i>Brandon P. Verdoorn, M.D.</i>
3:40 p.m.	<b>Adjourn</b>

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<b>Thursday, May 2, 2024</b>	
7:00 a.m.	<b>Breakfast</b>
7:55 a.m.	<b>Daily Overview</b> <i>John B. Bundrick, M.D. and Brandon P. Verdoorn, M.D.</i>
8:00 a.m.	<b>Latest in Atrial Fibrillation</b> <i>Abhishek J. Deshmukh, M.B.B.S.</i>
8:35 a.m.	<b>Hypertension in Diabetes and CKD</b> <i>Andrea G. Kattah, M.D.</i>
9:10 a.m.	<b>Community-Acquired Pneumonia</b> <i>Adi S. Shah, M.B.B.S.</i>
<b>9:45 a.m.</b>	<b>Break</b>
10:05 a.m.	<b>Vaccine Updates for the Generalist</b> <i>Mary Jo Kasten, M.D.</i>
10:40 a.m.	<b>Management of Acute and Chronic Urticaria</b> <i>Gerald W. Volcheck, M.D.</i>
11:15 a.m.	<b>Clinical Pearls</b> <i>TBD</i>
<b>11:55 a.m.</b>	<b>Lunch Break (on your own)</b>
1:00 p.m.	<b>Approach to Dyspareunia</b> <i>Hannah C. Nordhues, M.D.</i>
1:35 p.m.	<b>Rhinitis and Sinusitis for the Generalist</b> <i>Erin K. O'Brien, M.D.</i>
<b>2:10 p.m.</b>	<b>Break</b>
2:30 p.m.	<b>Management of Patients with Acute Lower GIB</b> <i>David H. Bruining, M.D.</i>
3:05 p.m.	<b>Normal Pressure Hydrocephalus</b> <i>Jeremy K. Cutsforth-Gregory, M.D.</i>
3:40 p.m.	<b>Adjourn</b>

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<b>Friday, May 3, 2024</b>	
7:00 a.m.	<b>Breakfast</b>
7:55 a.m.	<b>Daily Overview</b> <i>John B. Bundrick, M.D. and Brandon P. Verdoorn, M.D.</i>
8:00 a.m.	<b>Polymyalgia Rheumatica – Updated Treatment Recommendations</b> <i>Kerry Wright, M.D.</i>
8:35 a.m.	<b>Evaluation of Dyspnea</b> <i>Alexander S. Niven, M.D.</i>
9:10 a.m.	<b>Management of HF in Frail Older Adults – New and Old Therapies</b> <i>Shannon M. Dunlay, M.D., M.S.</i>
<b>9:45 a.m.</b>	<b>Break</b>
10:05 a.m.	<b>Alcohol-Associated Hepatitis</b> <i>Doug A. Simonetto, M.D.</i>
10:40 a.m.	<b>Updates in Irritable Bowel Syndrome for the PCP</b> <i>Stephanie L. Hansel, M.D., M.S.</i>
11:15 a.m.	<b>Rationale Use of Coronary Calcium Scanning</b> <i>Thomas C. Gerber, M.D., Ph.D.</i>
<b>11:50 a.m.</b> <b>12:00 pm.</b>	<b>Wrap-Up and Closing Remarks – Drs. Bundrick and Verdoorn</b> <b>Adjourn</b>