

Practice of Internal Medicine 2024
Hilton Rochester Mayo Clinic Area Hotel and LIVESTREAM
 April 29 – May 3, 2024

Monday, April 29, 2024	
6:45 a.m.	Registration & Breakfast
7:45 a.m.	Welcome and Course Overview <i>John B. Bundrick, M.D. and Brandon Verdoorn, M.D.</i>
8:00 a.m.	Lipid Management in 2024 <i>Stephen Kopecky, M.D.</i>
8:35 a.m.	An Update on Asthma <i>Megan M. Dulohery Scrodin, M.D.</i>
9:10 a.m.	Approach to the Adrenal Incidentaloma <i>William Young, Jr. M.D.</i>
9:45 a.m.	Break
10:05 a.m.	Diagnosis and Management of Common Tremors <i>Rodolfo Savica, M.D., Ph.D.</i>
10:40 a.m.	Central Sensitization Syndrome <i>Arya B. Mohabbat, M.D.</i>
11:15 a.m.	Clinical Pearls <i>TBD</i>
11:55 a.m.	Lunch Break
1:00 p.m.	Approach to the Patient with Dysphagia <i>Amindra S. Arora, M.B., B.Chir.</i>
1:35 p.m.	Demystifying the Use of Buprenorphine <i>Benjamin Lai, M.B., B.Ch., B.A.O.</i>
2:10 p.m.	Break
2:30 p.m.	Update on Valvular Disease <i>Jeffrey B. Geske, M.D.</i>
3:05 p.m.	Updated Treatment Guidelines for RA <i>Uma Thanarajasingam, M.D., Ph.D.</i>
3:40 p.m.	Adjourn

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Tuesday, April 30, 2024	
7:00 a.m.	Breakfast
7:55 a.m.	Daily Overview <i>John B. Bundrick, M.D. and Brandon P. Verdoorn, M.D.</i>
8:00 a.m.	Breast Cancer Survivorship <i>Karthik Ghosh, M.D.</i>
8:35 a.m.	Undifferentiated Lymphadenopathy <i>Carrie A. Thompson, M.D.</i>
9:10 a.m.	Healthcare Disparities -- How Clinicians Can Help Close the Gaps <i>Rahma Warsame, M.D.</i>
9:45 a.m.	Break
10:05 a.m.	Chronic Cough <i>Vivek N. Iyer, M.D., M.P.H.</i>
10:40 a.m.	Treatment Options for Obesity: State-of-the-Art <i>Daniela D. Hurtado Andrade, M.D., Ph.D.</i>
11:15 a.m.	Clinical Pearls <i>TBD</i>
11:55 a.m.	Lunch Break
1:00 p.m.	The Importance of the Sexual History – Case-Based Examples <i>Denise M. Dupras, M.D., Ph.D.</i>
1:35 p.m.	EMS for the Primary Care Clinician <i>Aaron B. Klassen, M.D., M.A.</i>
2:10 p.m.	Break
2:30 p.m.	Management of BPH <i>Nick N. Warner, M.D.</i>
3:05 p.m.	Approach to Abnormal Liver Enzymes <i>Maira Hilscher, M.D.</i>
3:40 p.m.	Adjourn

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Wednesday, May 1, 2024	
7:00 a.m.	Breakfast
7:55 a.m.	Daily Overview <i>John B. Bundrick, M.D. and Brandon P. Verdoorn, M.D.</i>
8:00 a.m.	Practical Management of Hyponatremia <i>Kambiz Kalantari M.D.</i>
8:35 a.m.	An ID Physician's Approach to Recurrent UTI Management <i>Daniel C. DeSimone, M.D.</i>
9:10 a.m.	An Update on Celiac Disease <i>Adam C. Bledsoe, M.D.</i>
9:45 a.m.	Break
10:05 a.m.	Literature Update in IM <i>Majken T. Wingo, M.D.</i>
10:40 a.m.	Approach to the Patient with a + ANA <i>Courtney A. Arment, M.D.</i>
11:15 a.m.	Clinical Pearls <i>TBD</i>
11:55 a.m.	Lunch Break
1:00 p.m.	Balancing Bleeding and Clotting Risks in Older Adults on Anticoagulation <i>Damon E. Houghton, M.D., M.S.</i>
1:35 p.m.	Weight Loss and Malnutrition in Older Adults: A Practical Approach <i>Christina Chen, M.D.</i>
2:10 p.m.	Break
2:30 p.m.	PrEP/HIV—HIV pre-exposure prophylaxis <i>Cristina G. Corsini Campioli, M.D.</i>
3:05 p.m.	Common Prescribing Pitfalls in Older Adults (And How to Avoid Them) <i>Brandon P. Verdoorn, M.D.</i>
3:40 p.m.	Adjourn

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Thursday, May 2, 2024	
7:00 a.m.	Breakfast
7:55 a.m.	Daily Overview <i>John B. Bundrick, M.D. and Brandon P. Verdoorn, M.D.</i>
8:00 a.m.	Latest in Atrial Fibrillation <i>Abhishek J. Deshmukh, M.B.B.S.</i>
8:35 a.m.	Hypertension in Diabetes and CKD <i>Andrea G. Kattah, M.D.</i>
9:10 a.m.	Community-Acquired Pneumonia <i>Adi S. Shah, M.B.B.S.</i>
9:45 a.m.	Break
10:05 a.m.	Vaccine Updates for the Generalist <i>Mary Jo Kasten, M.D.</i>
10:40 a.m.	Management of Acute and Chronic Urticaria <i>Gerald W. Volcheck, M.D.</i>
11:15 a.m.	Clinical Pearls <i>TBD</i>
11:55 a.m.	Lunch Break (on your own)
1:00 p.m.	Approach to Dyspareunia <i>Hannah C. Nordhues, M.D.</i>
1:35 p.m.	Rhinitis and Sinusitis for the Generalist <i>Erin K. O'Brien, M.D.</i>
2:10 p.m.	Break
2:30 p.m.	Management of Patients with Acute Lower GIB <i>David H. Bruining, M.D.</i>
3:05 p.m.	Normal Pressure Hydrocephalus <i>Jeremy K. Cutsforth-Gregory, M.D.</i>
3:40 p.m.	Adjourn

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Friday, May 3, 2024	
7:00 a.m.	Breakfast
7:55 a.m.	Daily Overview <i>John B. Bundrick, M.D. and Brandon P. Verdoorn, M.D.</i>
8:00 a.m.	Polymyalgia Rheumatica – Updated Treatment Recommendations <i>Kerry Wright, M.D.</i>
8:35 a.m.	Evaluation of Dyspnea <i>Alexander S. Niven, M.D.</i>
9:10 a.m.	Management of HF in Frail Older Adults – New and Old Therapies <i>Shannon M. Dunlay, M.D., M.S.</i>
9:45 a.m.	Break
10:05 a.m.	Alcohol-Associated Hepatitis <i>Doug A. Simonetto, M.D.</i>
10:40 a.m.	Updates in Irritable Bowel Syndrome for the PCP <i>Stephanie L. Hansel, M.D., M.S.</i>
11:15 a.m.	Rationale Use of Coronary Calcium Scanning <i>Thomas C. Gerber, M.D., Ph.D.</i>
11:50 a.m. 12:00 pm.	Wrap-Up and Closing Remarks – Drs. Bundrick and Verdoorn Adjourn