

Endocrine Update 2024

February 5-9, 2024

Course Directors:

Maria L. Collazo-Clavell, M.D.

Travis J. McKenzie, M.D.

Jad Sfeir, M.D., M.S.

SUNDAY, February 4, 2024

4:00-5:30 p.m. Pre-Dinner Welcome Reception

MONDAY, February 5, 2024

7:00 a.m. **Registration & Continental Breakfast**

7:45 a.m. **Welcome and Course Overview**

Maria L. Collazo-Clavell, M.D.

Jad Sfeir, M.D., M.S.

Travis J. McKenzie, M.D.

Hot Topics in Metabolic Bone Diseases (I)

Moderator: Matthew T. Drake, M.D., Ph.D.

8:00 a.m. **Primer for Rare Bone Diseases**

Peter J. Tebben, M.D.

Speaker Q&A

8:30 a.m. **Sequential Therapy in the Management of Osteoporosis**

Matthew T. Drake, M.D., Ph.D.

Speaker Q&A

9:00 a.m. **Debate: Use of Bone Turnover Markers in Guiding Management of Postmenopausal Osteoporosis**

Case Presentation: Matthew T. Drake, M.D., Ph.D.

Pro: Daniel L. Hurley, M.D.

Con: Jad Sfeir, M.D., M.S.

10:00 a.m. **Refreshment Break**

Perspectives in Thyroid Cancer

Moderator: Travis J. McKenzie, M.D.

10:20 a.m. **Radiofrequency Ablation and Ethanol Ablation: Their Role in the Management of Thyroid Cancer**

Case Presentations: Regina Castro, M.D.

Discussion: John Schmitz, M.D.

11:00 a.m. **Radioactive Iodine Therapy for Thyroid Cancer**

Ana-Maria Chindris, M.D.

Speaker Q&A

11:30 a.m. **Oncocytic Carcinoma of the Thyroid**

Oncologist Perspective: Mabel Ryder, M.D.

Surgeon's Perspective: Trenton R. Foster, M.D.

Speaker Q&A

12:20 p.m. **Adjourn**

7:15 a.m. Continental Breakfast

7:15 a.m. Breakfast Roundtable Discussions (*Onsite attendance only*)

Peter J. Tebben, M.D.....	Pediatric Bone Disease
Daniel L. Hurley, M.D.	Osteoporosis
Mabel Ryder, M.D..	Thyroid Cancer
Regina Castro, M.D.....	Thyroid
John Schmitz, M.D..	Thyroid ultrasonography
Trenton R. Foster, M.D..	Thyroid Surgery
Travis J. McKenzie, M.D..	Endocrine Surgery

Hot Topics in Metabolic Bone Diseases (II)

Moderator: Peter J. Tebben, M.D.

8:00 a.m. Hypoparathyroidism

Jad Sfeir, M.D., M.S.

Speaker Q & A

8:30 a.m. Imaging Modalities and ioPTH Monitoring for Parathyroidectomies

Benzon M. Dy, M.D.

Speaker Q & A

9:00 a.m. Bone Clinical Pathological Conference

Daniel L. Hurley, M.D.

Jad Sfeir, M.D., M.S.

Speaker Q&A

10:00 a.m. Refreshment Break

New Era for Obesity Management

Moderator: Maria L. Collazo-Clavell, M.D.

10:20 a.m. Obesity Phenotypes: Can They Guide Therapy?

Andres J. Acosta, M.D., Ph.D.

Speaker Q&A

10:50 a.m. Medical Therapies for Weight Loss: What's in the Horizon?

Manpreet Mundi, M.D.

Speaker Q&A

11:20 a.m. Role of Weight Loss Surgery in 2024 and Beyond?

Todd A. Kellogg, M.D.

Speaker Q&A

11:50 p.m. Practice Models for a Successful Obesity Practice

Daniela D. Hurtado Andrade, M.D., Ph.D.

Speaker Q & A

12:20 pm Adjourn

WEDNESDAY, February 7, 2024**7:15 a.m. Continental Breakfast****7:15 a.m. Breakfast Roundtable Discussions** (*Onsite attendance only*)

Matthew T. Drake, M.D., Ph.D Metabolic Bone Disease
 Benzon M. Dy, M.D. Endocrine Surgery
 Andres J. Acosta, M.D., Ph.D and. Medical Management of Obesity
 Daniela D. Hurtado Andrade, M.D., Ph.D. Surgical Management of Obesity
 Manpreet Mundi, M.D. and. Pituitary
 Todd A. Kellogg, M.D.
 Lucinda M. Gruber, M.D.

8:00 a.m. F. John Service Memorial Lecture
 Timothy O'Brien, M.B., B.Ch., BAO, Ph.D.

8:50 a.m. Travel to Small Group Session**CONCURRENT SMALL GROUP SESSIONS – I**

Session Times (Choose 2 out of 3 topics below):

8:55 a.m. – 9:50 a.m.**9:55 a.m. – 10:50 a.m.**

Topic	Presenter	Location
Cases-Medical Therapies for Weight Loss	Meera Shah, M.B., Ch.B.	
CGM Interpretation	Aoife M. Egan, M.B., B.Ch., Ph.D.	
RFA for Benign Thyroid Nodules	John J. Schmitz, M.D.	
Livestream Group Session (9:40 a.m. – 10:35 a.m.)	Lipids	Vinaya Simha, M.B.B.S., M.D.

8:55 a.m. Concurrent Small Group Session (*refer to above table*)**9:50 a.m. Travel to next Concurrent Small Group Session****9:55 a.m. Concurrent Small Group Session** (*refer to above table*)**10:50 a.m. Refreshment Break****11:00 a.m. Travel to Concurrent Small Group Sessions****CONCURRENT SMALL GROUP SESSIONS – II**

Session Times (Choose 2 out of 3 topics below):

11:05 a.m. – 12:00 p.m.**12:05 p.m. – 1:00 p.m.**

Topic	Presenter	Location
Lipids	Vinaya Simha, M.B.B.S., M.D.	
CAH: A Case-Based Approach	Irina Bancos, M.D.	
Hyperthyroidism in Pregnancy	Regina Castro, M.D.	
Livestream Group Session (11:20 a.m. – 12:15 p.m.)	Cases-Medical Therapies for Weight Loss	Meera Shah, M.B., Ch.B.

11:05 a.m. Concurrent Small Group Sessions (*refer to above table*)**12:00 p.m. Travel to next Concurrent Small Group Session****12:05 p.m. Concurrent Small Group Sessions** (*refer to above table*)**1:00 p.m. Adjourn**

7:15 a.m. Continental Breakfast

7:15 a.m. Breakfast Roundtable Discussions (*Onsite attendance only*)

Ana-Maria Chindris, M.D. Thyroid
Meera Shah, M.B., Ch.B. Obesity
Yogish C. Kudva, M.B.B.S. Diabetes Technology
Lucinda M. Gruber, M.D. Pituitary/Adrenal
Maria Peris Celda, M.D., Ph.D. Pituitary surgery
Aoife M. Egan, M.B., B.Ch., Ph.D. Diabetes

Adrenal

Moderator: Travis J. McKenzie, M.D.

8:00 a.m. **MACS**

Irina Bancos, M.D.

Speaker Q&A

8:30 a.m. **Pitfalls in the Interpretation of Adrenocortical Testing**

Ravinder J. Singh, Ph.D.

Speaker Q&A

9:00 a.m. **Adrenal Clinical Pathological Conference**

Presenter: Lucinda M. Gruber, M.D.

Discussant: Irina Bancos, M.D.

Speaker Q&A

10:00 a.m. Refreshment Break

Diabetes

Moderator: Maria L. Collazo-Clavell, M.D.

10:20 a.m. **Lipodystrophy Syndromes**

Vinaya Simha, M.B.B.S., M.D.

Speaker Q&A

10:50 a.m. **Prevention of Autoimmune Diabetes**

Yogish C. Kudva, M.B.B.S.

Speaker Q&A

11:20 a.m. **NAFLD and Diabetes**

Blanca C. Lizaola-Mayo, M.D.

Speaker Q&A

11:50 p.m. **Diabetes in Pregnancy**

Aoife M. Egan, M.B., B.Ch., Ph.D.

Speaker Q&A

12:20 p.m. Adjourn

7:15 a.m. Continental Breakfast

Pituitary

Moderator: Irina Bancos, M.D.

8:00 a.m. Medical Management of Prolactinomas During Pregnancy

Neena Natt, M.D.

Speaker Q&A

8:30 a.m. Opioid Use and Pituitary Function

Lucinda M. Gruber, M.D.

Speaker Q&A

9:00 a.m. Pituitary Apoplexy: Endocrinology Perspective

Neena Natt, M.D.

Speaker Q&A

9:30 a.m. Pituitary Apoplexy: Neurosurgery Perspective

Maria Peris Celda, M.D., Ph.D.

Speaker Q&A

10:00 a.m. Refreshment Break

Sex and Fertility

Moderator: Lucinda M. Gruber, M.D.

10:20 a.m. Recovery of Fertility After Testosterone Replacement Therapy

Sevann Helo, M.D.

Speaker Q&A

10:50 a.m. Fertility Preservation

Zaraq Khan, M.B.B.S.

Speaker Q&A

11:20 a.m. Fertility Options for Men with Klinefelter's

Sevann Helo, M.D.

Speaker Q & A

11:50 a.m. Cases

Case #1 - Young Woman with PCOS - Approach to Female Infertility- PCOS

Presenter: Neena Natt, M.D.

Discussant: Zaraq Khan, M.B.B.S.

Case #2 – Young Man with DM 1 and Infertility

Presenter: Yogish C. Kudva, M.B.B.S.

Discussant: Sevann Helo, M.D.

12:20 p.m. Adjourn