

Integrated Behavioral Health in Primary Care January 19-20, 2024 Mayo Clinic, Phoenix, AZ – Mountain Standard Time	
Friday, January 19, 2024	
7:00 a.m. MST	Registration and Breakfast
8:00 a.m.	Welcome, Introduction to Course, and Day 1 Overview – Day 1 Theme – Programs and models: Running an Integrated Clinic Day 2 Theme – Low Intensity, High Impact Interventions in Primary Care
8:15 a.m.	Integration of Behavioral Health into Primary Care Settings – Introduction to Mayo Clinic’s Model <i>David Katzelnick, MD, William Leasure, MD, & Craig Sawchuk, PhD, LP, ABPP</i>
8:45 a.m.	Fifteen Years Traversing the IBHPC Landscape: Lessons learned on language, policy, evidence, and clinical collaboration <i>Andrew Valeras, DO, MPH, FAAFP, FACPM and Aimee Burke Valeras, PhD, LICSW</i>
9:45 a.m.	Break
10:00 a.m.	Attention Deficit Disorder and Hyperactivity – Challenges and Opportunities in Children vs. Adults <i>Eric Pease, MD, MBA & Malinda Wilcox, APRN, CNP, MSN</i>
10:45 a.m.	Partnering with Private Companies for IBH: how does that work? <i>Erik Osland</i>
11:30 a.m.	Social Determinants and Equity – So you have data on SDOH, are there programs that work? Case example – working on food insecurity <i>Aimee Burke Valeras, PhD, LICSW, Jane Njeru, MB, ChB, & Nicole Kanz, LICSW, MSW</i>
12:15 p.m.	Lunch and Lunch conversation Developing and using your care coordination data <i>Mark Williams, MD & Samuel Savitz, PhD</i>
1:15 p.m.	Teaching Residents and Raising the Capacity of Primary Care Teams <i>Tom Salter, MD & Cesar Gonzalez, PhD, LP, ABPP</i>
2:00 p.m.	Leading IBH – Making the business case, advocating for resources, and promoting change management <i>Andrew Valeras, DO, MPH, FAAFP, FACPM & William Leasure, MD</i>
2:45 p.m.	Second Day Preview before Breakout Sessions <i>Craig Sawchuk, PhD, LP, ABPP & Mark Williams, MD</i>
2:50 p.m.	Break and Move to Breakouts
3:05 p.m.	Breakout Sessions (Choose 1) Option 1: Care Coordination Basics and Adaptations – Waugh B <i>Mark Williams, MD, Eric Pease, DO, MBA & Karri Dybing, RN</i> Option 2: Roles and Responsibilities – Who does what in IBH – Waugh A <i>Ann Meyer, APRN, CNP, DNP, Cesar Gonzalez, PhD, LP, ABPP, Hannah Mulholland, LICSW, MSW, Tom Salter, MD, & Aimee Burke Valeras, PhD, LICSW</i> Option 3: Working with our Medical Colleagues: Case examples – Room 115 <i>Nate Lombardi, PhD, LP, ABPP & Jay Mitchell, MD</i>
3:50 p.m.	Travel time to next session
3:55 p.m.	Breakout Sessions (Choose 1) Option 1: Care Coordination Basics and Adaptations – Room 115 <i>Mark Williams, MD, Eric Pease, DO, MBA & Karri Dybing, RN</i> Option 2: Optimizing Teamwork in Primary Care – Waugh A <i>Andrew Valeras, DO, MPH, FAAFP, FACPM & Nate Lombardi, PhD, LP, ABPP</i> Option 3: Working with our Medical Colleagues: Case examples – Waugh B <i>Tom Salter, MD & Jay Mitchell, MD</i>
4:40 p.m.	Adjourn

Subject to Change

Saturday, January 20, 2024	
7:30 a.m. MST	Breakfast
8:00 a.m.	Welcome & Day 2 Overview
8:15 a.m.	Low-Intensity, High-Impact Interventions in Primary Care <i>William Leasure, MD & Craig Sawchuk, PhD, LP, ABPP</i>
9:00 a.m.	Scaling Mental Health: Single-Session Interventions for Adolescent Mental Health <i>Jessica Schleider, PhD</i>
9:45 a.m.	Break
10:00 a.m.	Brief Strategies for Health Behavior Change at the Point of Care <i>Kimberly Haala, PhD, LP, ABPP & Jay Mitchell, MD</i>
10:45 a.m.	Optimizing Warm Hand-Offs and Curbside Consultations <i>Hannah Mulholland, LICSW, MSW & John Mack, LICSW, MSW</i>
11:30 p.m.	Digital Solutions for Mental Health in Primary Care <i>Scott Breitingner, MD</i>
12:15 p.m.	Lunch and Lunch Conversation Developing, implementing, and using a psychotherapy registry <i>Samuel Savitz, PhD, Nate Lombardi, PhD, LP, ABPP & Craig Sawchuk, PhD, LP, ABPP</i>
1:15 p.m.	Breakout Sessions (Choose 1) Option 1: Single-Session Interventions in Primary Care – Waugh A <i>Jocelyn Lebow, PhD, LP, ABPP, Sarah Trane, PhD, ABPP, Hannah Mulholland, LICSW, MSW, & Jessica Schleider, PhD</i> Option 2: Crisis Collaboration: Designing and Implementing an Acute Care Clinic – 212 <i>Nicole Kanz, LICSW, MSW, John Mack, LICSW, MSW & William Leasure, MD</i> Option 3: One-Time Pharmacotherapy Consultations – 115 <i>Claudine Egol, MD & Mark Williams, MD</i>
2:00 p.m.	Move to next Breakout
2:05 p.m.	Breakout Sessions (Choose 1) Option 1: Single-Session Interventions in Primary Care – 212 <i>Jocelyn Lebow, PhD, LP, ABPP, Sarah Trane, PhD, ABPP, Hannah Mulholland, LICSW, MSW, & Jessica Schleider, PhD</i> Option 2: Crisis Collaboration: Designing and Implementing an Acute Care Clinic – Waugh A <i>Nicole Kanz, LICSW, MSW, John Mack, LICSW, MSW & William Leasure, MD</i> Option 3: One-Time Pharmacotherapy Consultations - 115 <i>Claudine Egol, MD & Mark Williams, MD</i>
2:50 p.m.	Break and Move to Breakouts
3:00 p.m.	Care for the Caregivers <i>Kristin Vickers, PhD, LP, ABPP</i>
3:45 p.m.	Summing it up and future directions <i>David Katzelnick, MD</i>
4:00 p.m.	Thank You and Adjourn

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