

A Systematic Approach to Medically Unexplained Symptoms 2024

Wednesday, August 7, 2024

Note: Times are listed in Pacific time

7:15 – 7:50 AM	Breakfast and Registration Livestream begins at 7:35 am
7:50 - 8:00 AM	Introduction and Announcements
8:00 - 8:45 AM	Central Sensitization: A Pathophysiological Review Chris A. Aakre, MD
8:45 – 8:55 AM	Q&A
8:55 - 9:25 AM	Fibromyalgia LaSonya T. Natividad, ARNP, CNP, MSN
9:25 – 9:35 AM	Q & A
9:35 – 10:20 AM	Approach to Chronic Headaches Nathan P. Young, DO
10:20 – 10:30 AM	Q & A
10:30 – 11:00 am	Break
11:00 - 11:30 AM	Chronic Dizziness Elizabeth W. Westby, MD
11:30 - 11:40 AM	Q & A
11:40 AM – 12:10 PM	Approach to Insomnia Mithri Junna, MD
12:10 – 12:20 PM	Q & A
12:20 – 12:50 PM	Chronic Pruritus Julio C. Sartori Valinotti, MD
12:50 – 1:00 PM	Q&A
1:00 pm	Adjourn

Thursday, August 8, 2024

Note: Times are listed in Pacific time

7:00 - 7:55 AM	Breakfast with the Experts Livestream Begins: 7:00 am Breakfast with the experts This time provides a structured opportunity for previous day speakers and learners to connect. Specific case, additional questions and unanswered questions from the Q&A time can be answered at this time. Livestream audience will have an open link to request time with the presenters that will be available and a livestream feed to be able to hear the conversations and questions.
7:55 - 8:00 AM	Introduction and Announcements Course Directors
8:00 - 8:45 AM	Chronic Fatigue Syndrome Stephanie L. Grach, MD, MS
8:45 - 8:55 AM	Q & A
8:55 - 9:40 AM	Evaluation of Thyroid Hormones: Myths, Truths, and In-Between Mabel Ryder, MD
9:40 - 9:50 AM	Q & A
9:50 - 10:35 AM	Unexplained Chest Pain and Palpitations Michael W. Cullen, MD
10:35 - 10:45 AM	Q & A
10:45 - 11:15	Break
11:15 AM - 12:00 PM	Approach to Chronic Gastrointestinal Symptoms Amindra S. Arora, MBBChir
12:00 - 12:10 PM	Q & A
12:10 - 12:40 PM	Approach to the Patient with "Adrenal Fatigue" Neena Natt, MD
12:40 AM - 12:50 PM	Q & A
12:50 PM	Adjourn General Session

Healthy Living Workshop, Thursday August 8, 2024

Optional: Separate fee applies

Registration for the General Session is required to register for this optional workshop.

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12:50 – 1:15 PM	Pick up lunches workshop (in-person) attendees only
1:15 – 1:45 PM	Why Healthy Lifestyle? Warren Thompson, MD
1:45 – 2:25 PM	Palatable Prevention Don Hensrud, MD
2:25 – 3:05 PM	Physical Activity and Health Warren Thompson, MD
3:05 – 3:20 PM	Q&A
3:20 – 3:35 PM	Break
3:35 – 4:05 PM	Liquid Health? Don Hensrud, MD
4:05 – 4:35 pm	Risks and Benefits of Moderate Alcohol Consumption Warren Thompson, MD
4:35 – 5:05 PM	Nutrition Controversies Don Hensrud, MD
5:05 – 5:15 PM	Q&A
5:15 PM	Adjourn

Friday, August 9, 2024

Note: Times are listed in Pacific time

7:00 – 7:55 AM	Breakfast with the Experts Livestream Begins: 7:00 am This time provides a structured opportunity for previous day speakers and learners to connect. Specific case, additional questions and unanswered questions from the Q&A time can be answered at this time. Livestream audience will have an open link to request time with the presenters that will be available and a livestream feed to be able to hear the conversations and questions.
7:55-8:00 AM	Introduction and announcements Course Directors
8:00 - 8:45 AM	Postural Tachycardia Syndrome Daniel Dudenkov, MD
8:45 – 8:55 AM	Q & A
8:55 - 9:40 AM	Chronic GI/Pelvic Pain and Symptoms Isabel Green, MD and Iris Wang, MD
9:40 – 9:50 AM	Q & A
9:50 – 10:35 AM	The Rheumatologist Will See You Now Kerry Wright, MBBS
10:35 – 10:45 AM	Q & A
10:45 - 11:15 AM	Break
11:15 AM - 12:00 PM	Brain Fog Leanne Elmer, MS., CCC –SLP and Jessica Petersen, OT
12:00 – 12:10 PM	Q & A
12:10 -12:55 PM	Medically Unexplained Symptoms in Allergy-Immunology Rohit D. Divekar, MBBS, PhD
12:55 – 1:05 PM	Q & A
1:05 PM	Adjourn

Saturday, August 10, 2024

Note: Times are listed in Pacific time

7:00 - 7:55 AM	Breakfast with the Experts Livestream Begins: 7:00 am This time provides a structured opportunity for previous day speakers and learners to connect. Specific case, additional questions and unanswered questions from the Q&A time can be answered at this time. Livestream audience will have an open link to request time with the presenters that will be available and a livestream feed to be able to hear the conversations and questions.
7:05 - 8:00 AM	Introduction and announcements Course Directors
8:00 - 8:45 AM	Long COVID Syndrome Joshua Overgaard, MD
8:45 – 8:55 AM	Q & A
8:55 – 9:40 AM	Unexplained Chronic Cough Vivek N. Iyer, MD, MPH
9:40 – 9:50 AM	Q & A
9:50 - 10:35 AM	Unexplained Breast Pain Sandhya Pruthi, MD
10:35 – 10:45 AM	Q & A
10:45 – 11:15 AM	Break
11:15 - 11:55 PM	Importance of Patient Stories and Medically Unexplained Symptoms Larry Bergstrom, MD
11:55 AM - 12:05 PM	Q & A
12:05 AM - 12:50 PM	Rehabilitation - Bringing it All Together Erica Bellamkonda, MD
12:50 – 1:00 PM	Q&A
1:00 PM	Adjourn