

# Mayo Clinic Pediatrics Days 2024

January 14-18, 2024

KOLOA, KAUAI, HI  
GRAND HYATT KAUAI

## IN PERSON & LIVESTREAM – REVISED 1.13.24

Course Directors: Angela Mattke, M.D., FAAP  
Jason Anderson, M.D., FAAP

Sunday, January 14, 2024	
Time	Session Title
6:15 a.m.	<b>Registration &amp; Breakfast</b>
6:55 a.m.	Welcome and Course Overview <i>Jason Anderson, M.D.</i>
<b>DEVELOPMENTAL AND BEHAVIORAL HEALTH</b>	
7:00 a.m.	Autism and the Adolescent Years <i>Maja Katusic, M.D.</i>
7:30 a.m.	Advanced ADHD Pharmacology <i>Eric Pease, D.O., M.B.A.</i>
8:00 a.m.	Panel Q&A
<b>AMBERG-HELMHOLZ PROFESSORSHIP LECTURE</b> <i>Introduction: Angela Mattke, M.D.</i>	
8:10 a.m.	From Practitioner to Parent to Practitioner: How Caring for a Sick Child Transformed My Approach to Clinical Practice and Research <i>Sarah McCarthy, Ph.D., M.P.H., L.P.</i>
9:00 a.m.	<i>Break</i>
9:15 a.m.	Serious Illness Conversations <i>Megan Thorvilson, M.D.</i>
9:45 a.m.	DBT, CBT, PCIT, Exposure Therapy and More: Recommending the Right Therapy at the Right Time <i>Jocelyn Lebow, Ph.D., L.P.</i>
10:15 a.m.	Obsessive Compulsive Disorder in Children and Adolescents <i>Bridget Biggs, Ph.D., L.P.</i>
10:45 a.m.	Depression Management in the Primary Care Office <i>Eric Pease, D.O., M.B.A.</i>
11:15 a.m.	When Eating is a Pain: Assessment and Treatment of Children and Adolescents with Avoidant Restrictive Food Intake Disorder (ARFID) <i>Leslie Sim, Ph.D., L.P.</i>
11:45 a.m.	Panel Q&A
12:00 p.m.	Migraine In Childhood: What Every Primary Care Provider Should Know <i>Kenneth Mack, M.D., Ph.D.</i>
12:30 p.m.	<i>Adjourn</i>

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Monday, January 15, 2024	
Time	Session Title
<b>6:15 a.m.</b>	<b>Breakfast</b>
6:55 a.m.	Announcements / Introduction <i>Angela Mattke, M.D.</i>
<b>UPDATES IN EVIDENCE BASED CARE</b>	
7:00 a.m.	2024 Update on Childhood and Adolescent Vaccines <i>Robert Jacobson, M.D.</i>
8:00 a.m.	High Impact Articles of 2023: Evidence Based Review <i>DJ Hall, M.D.</i>
9:00 a.m.	Panel Q&A
<i>9:15 a.m.</i>	<i>Break</i>
<b>EMERGENCY AND HOSPITAL MEDICINE UPDATES</b>	
9:30 a.m.	Evaluation of Fever in Infants <i>Jay Homme, M.D.</i>
10:00 a.m.	Cannabinoids in Children: Legalization and Impact on Emergent Pediatric Care <i>Meghan Cain, M.D.</i>
10:30 a.m.	Managing Bronchiolitis in the Hospital Setting and Discharge Planning <i>DJ Hall, M.D.</i>
11:00 a.m.	Kawasaki Disease and COVID-19-Related Multisystem Inflammatory Disease in Children <i>Emily Levy, M.D.</i>
11:30 a.m.	Brief Resolved Unexplained Event (BRUE) <i>Meghan Cain, M.D.</i> <i>Jane Rosenman, M.D.</i>
12:00 p.m.	Panel Q&A
<i>12:15 p.m.</i>	<i>Adjourn</i>

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Tuesday, January 16, 2024	
Time	Session Title
6:15 a.m.	Breakfast
6:55 a.m.	Announcements / Introduction <i>Angela Mattke, M.D.</i>
SPECIALITY CARE UPDATES	
7:00 a.m.	The Honest Hairy Truth: Polycystic Ovary Syndrome in Adolescents <i>Asma Chattha, M.B.B.S.</i>
7:30 a.m.	Amoxicillin Allergy: When is the Rash Really an Allergy? <i>Anupama (Anu) Ravi, M.D.</i>
8:00 a.m.	Henoch-Schönlein Purpura: A Practical Approach to an Unpredictable Disease <i>David Sas, D.O.</i>
8:30 a.m.	The Sleepy Teen <i>Julie Baughn, M.D.</i>
9:00 a.m.	Panel Q&A
9:15 a.m.	Break
9:30 a.m.	Infantile and Congenital Hemangiomas <i>Katelyn Anderson, M.D.</i>
10:30 a.m.	Sentinel Injuries in Child Abuse <i>Katie Johnson, M.D.</i>
11:00 a.m.	Bleeding in the Outpatient Setting: When to Refer (Pre-Recorded) <i>Asmaa Ferdjallah, M.D., M.P.H.</i>
11:30 a.m.	Difficult to Treat Asthma <i>Manuel Arteta, M.D.</i>
12:00 p.m.	Panel Q&A
12:15 p.m.	Adjourn

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Wednesday, January 17, 2024	
Time	Session Title
6:15 a.m.	<b>Breakfast</b>
6:55 a.m.	Announcements / Introduction <i>Angela Mattke, M.D.</i>
<b>THE BIG DEBATE: HOT TOPICS IN PEDIATRICS</b>	
7:00 a.m.	Pediatric Obesity Management: Balancing the 2023 AAP Treatment Guidelines and the Hippocratic Oath <i>Siobhan T. Pittock, M.B., B.Ch. and Paige Partain, M.D.</i>
8:10 a.m.	The Continuum of Pediatric Care: From Clinic to the ER to the Hospital <i>Jay Homme, M.D. and Jim Homme, M.D.</i>
9:15 a.m.	<i>Break</i>
<b>SPECIALITY CARE UPDATES</b>	
9:30 a.m.	From Diagnosis to Management: A Comprehensive Guide to Steatotic Liver Disease <i>Sara Hassan, M.D.</i>
10:00 a.m.	Diabetes: Type What? <i>Ana Creo, M.D.</i>
10:30 a.m.	Postural Orthostatic Tachycardia Syndrome (POTS) <i>Kelsey Klaas, M.D.</i>
11:00 a.m.	How Many Fingers? Sports Concussion Update <i>David Soma, M.D.</i>
11:30 a.m.	Moving Toward Universal Newborn Screening for Congenital CMV <i>James Gaensbauer, M.D., M.S.</i>
12:00 p.m.	Panel Q&A
12:15 p.m.	<i>Lunch on your own</i>

INTERACTIVE SESSION	
1:00 p.m.	<b>Upper Extremity Exam</b> <i>David Soma, M.D. and David Krause, P.T., D.Sc.</i>
1:30 p.m.	<b>Knee and Ankle Exam</b> <i>David Soma, M.D. and David Krause, P.T., D.Sc.</i>
2:00 p.m.	<i>Adjourn</i>

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Thursday, January 18, 2024	
Time	Session Title
<b>6:15 a.m.</b>	<b>Breakfast</b>
6:55 a.m.	Announcements / Introduction <i>Angela Mattke, M.D.</i>
<b>SURGICAL CARE UPDATES</b>	
7:00 a.m.	Surgical De-escalation of Pediatric Tonsillectomy <i>Joshua Wiedermann, M.D.</i>
7:30 a.m.	Pediatric Penile Abnormalities <i>Candace Granberg, M.D.</i>
8:00 a.m.	Adolescent Idiopathic Scoliosis and Kyphosis <i>Emmanouil Grigoriou, M.D.</i>
8:30 a.m.	Interventional Pediatric Cardiology: Fixing the Heart Without a Scar <i>Jason Anderson, M.D.</i>
9:00 a.m.	Panel Q&A
<b>9:15 a.m.</b>	<b>Break</b>
<b>SPECIALITY CARE UPDATES</b>	
9:30 a.m.	Substance Abuse in Adolescents Oesterle, Tyler S., M.D., M.P.H.
10:00 a.m.	Creating Safe Spaces for Patients and Staff <i>Imad Absah, M.D.</i>
10:30 a.m.	Giving Effective Feedback <i>Siobhan T. Pittock, M.B., B.Ch.</i>
11:00 a.m.	Evaluation of Chest Pain in Pediatrics <i>Rebecca Ameduri, M.D.</i>
11:30 a.m.	Childhood-onset Systemic Lupus Erythematosus: Pearls and Pitfalls <i>Amir Orandi, M.D.</i>
12:00 p.m.	Panel Q&A
<b>12:15 p.m.</b>	<b>Adjourn</b>

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**Supplemental MOC Session (Separate Registration Required)**

**IN PERSON**

**January 18, 2024**

<b>MOC Sessions</b>	
1:00-4:00 p.m.	American Board of Pediatrics Maintenance of Certification Part 2 Self-Assessment Session (Optional) Katherine Ehman, M.D., M.P.H., and Kelsey Klaas M.D. 2022 Decision Skills Self-Assessment (MOC points: 20)

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