

**Updates in Family Medicine  
March 7-9, 2024**

*\*All times listed in **PACIFIC** time zone.*

Thursday, March 7, 2024	
6:30 a.m.	Registration and Breakfast
7:20 a.m.	Welcome and Conference Overview Nathan A. Jacobson, D.O. and Sean T. Powell, M.D.
7:30 a.m.	First Trimester Bleeds for the Non-OB Elizabeth Westby, M.D.
8:05 a.m.	Plagiocephaly & Craniosynostosis Michael S. Nelson, M.D.
8:40 a.m.	Bringing Buprenorphine to Your Practice Mark E. Deyo-Svendsen, M.D.
9:15 a.m.	Break and Exhibitors
9:30 a.m.	Migraine Treatments Nathan P. Young, D.O.
10:05 a.m.	Proteinuria: Consequences, Causes, Evaluation, and Management James R. Gregoire, M.D.
10:40 a.m.	Osteoporosis Ann E. Kearns, M.D., Ph.D.
11:15 a.m.	Break and Exhibitors
11:30 a.m.	Alcohol Use Disorder Payam Sazegar, M.D.
12:05 p.m.	Pearls for Hypertension Management Katie A. Young, M.D.
12:40 p.m.	Adult ADHD: Diagnosis and Treatment Sarah J. Carpenter, APRN, C.N.P., D.N.P.
1:15 p.m.	Day Wrap-up
1:20 p.m.	Adjourn

Friday, March 8, 2024

6:30 a.m.	Breakfast
6:45 – 7:15 a.m.	Breakfast with the Experts ( <i>Optional, In-Person Only</i> ) Select Thursday Presenters
7:20 a.m.	Overview of Day
7:30 a.m.	Pulmonary Hypertension Sunil V. Mankad, M.D.
8:05 a.m.	Outpatient Management of AFib Danielle M. Firkus, Pharm.D., R.Ph., BCPS
8:40 a.m.	Updates in Dementia Care: The past, present and future Christina Chen, M.D.
9:15 a.m.	Break and Exhibitors
9:30 a.m.	The Integrative Medicine Perspective on Obesity and Metabolic Disease Heidi Meyer, M.D.
10:05 a.m.	Chest Pain and Stress Testing Michael W. Cullen, M.D.
10:40 a.m.	Women’s Health Pearls Across the Ages Kathy L. MacLaughlin, M.D.
11:15 a.m.	Break and Exhibitors
11:30 a.m.	Addressing Obesity in an Office Visit Kimberly A. Maxon, M.D.
12:05 p.m.	Medical Therapy for Weight Management Kalpana Muthusamy, M.B.B.S., M.D.
12:40 p.m.	Alopecia Rochelle R. Torgerson, M.D., Ph.D.
1:15 p.m.	Day Wrap-up
1:20 p.m.	Adjourn Day

Saturday, March 9, 2024	
6:30 a.m.	Breakfast
6:45 – 7:15 a.m.	Breakfast with the Experts ( <i>Optional, In-Person Only</i> ) Select Friday Presenters
7:20 a.m.	Overview of Day
7:30 a.m.	Practical Approach to Ambulatory Management of Kidney Stones Kevin Koo, M.D., M.P.H.
8:05 a.m.	Everything You ‘KNEE’d to Know: The Knee Physical Exam Luke C. Radel, M.D.
8:40 a.m.	Top 5 Knee Effusions Kristi M. Colbenson, M.D.
9:15 a.m.	Advanced Skills for Applying Cryotherapy William J. Ward, M.D.
9:50 a.m.	Break and Exhibitors
10:05 a.m.	Neuro Exam for the Non-neurologist Derek W. Stitt, M.D.
10:40 a.m.	Asthma Management Miguel A. Park, M.D.
11:15 a.m.	Wound Care Sze Hoay Ding, M.D.
11:50 a.m.	Conference Highlights and Wrap Up Sean T. Powell, M.D.
12:05 p.m.	Adjourn

**PHARMACOLOGY CONTENT**

Some presentations will contain pharmacology content. It is the responsibility of the individual learner to determine the amount of pharmacology content.