

Sports Medicine for the Clinician 2024
 March 8-10, 2024
 Disney Contemporary Resort at Walt Disney World® Resort
 Lake Buena Vista, Florida

All Times are in Eastern Time Zone

Friday, March 8, 2024	
7:00 a.m.	Registration / Continental Breakfast / Exhibit Hall
7:45	Introduction / Pre-Test
Moderator: Kristina F. DeMatas, DO Pathways in Sports Medicine Care: Primary Care, Orthopedic Surgery, and Rehabilitation	
8:00	Pop and Swell: From ACL Injury Clues to Options in Clinic and Coverage <i>Steve K. Poon, MD</i>
8:20	Reconstructing the Crucial: ACL Surgical Options <i>Matthew M. Crowe, MD</i>
8:40	Back to Sport: Rehab and the Road to Post-ACL Surgery Glory <i>Irvin (Scott) Haak, PT, DPT, MTC, CSCS</i>
9:00	Case Discussion <i>Kristina F. DeMatas, DO</i>
9:15	Pivot to the Future: Novel, Non-Surgical ACL Tear Treatments in the Horizon <i>Wade O. Johnson, DO</i>
9:45	Q&A Panel
10:00	Paper Poster Presentations / Exhibit Hall / Break
10:30	Pain, Grinding, and Clicking: Rotator Cuff Conditions Presenting in Clinic <i>Joshua M. Romero, MD</i>
10:50	Fine-Tuning Stabilizers: Rehabilitation Specifics for Various Rotator Cuff Injuries <i>Ryan C. McCoy, PT, DPT, OCS and Jeffrey T. Wight, PhD</i>
11:10	Shoulder Algorithms: Framing the Decision to Refer for Rotator Cuff Surgery <i>Erick Marigi, MD</i>
11:30	At the Start, End, and In-Between: Non-Surgical Procedural Options for Rotator Cuff Tendinopathies and Tears <i>Raul A. Rosario-Concepcion, MD</i>
11:50	Q&A Panel
12:00 p.m.	Lunch / Paper Poster Presentations / Exhibit Hall / Adjourn General Session
Workshops – Additional Fee	
1:00 – 2:00 p.m.	The Very Basics of Using Ultrasound in Clinic (Free Workshop) <i>Raul A. Rosario-Concepcion, MD, and Wesley D. Troyer, DO</i>
2:00 – 3:00 p.m.	Basic Musculoskeletal Injections Workshop <i>Daniel P. Montero, MD, and Jeffrey P. Nadwodny, DO</i>
3:00 – 5:00 p.m.	How to Assess and Treat Post-Concussion Syndrome <i>Jennifer R. Maynard, MD, and Tava Buck, PT, DPT</i>
4:00 - 5:00 p.m.	Extracorporeal Shockwave Therapy: Basic Principles and How to Use <i>Jennifer R. Arthurs, APRN, and Megan M. Semon, PT, DPT, CSCS</i>
5:00 p.m.	Adjourn Workshops

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Saturday, March 9, 2024	
7:00 a.m.	Continental Breakfast / Exhibit Hall / Paper Poster Session
7:50	Introduction
Moderator: Julieann R. Johnson, PA-C Pain, Weakness, Numbness, and Tingling: When Nerves are the Problem	
8:00	Dropping the Foot Down on Peroneal Nerve Injuries in Sports: Diagnosis and Management <i>Glenn G. Shi, MD</i>
8:20	Winging It: Long Thoracic Nerve Injuries in Sports <i>Thomas D. Rizzo, Jr., MD</i>
8:40	Stingers, Burners, and Cervical Spine Injuries in Coverage and Clinic <i>Jeffrey P. Nadwodny, DO</i>
9:00	Case Discussion <i>Julieann R. Johnson, PA-C</i>
9:15	Light at the End of the Carpal Tunnel: Management Options for Median Neuropathies <i>Wesley D. Troyer, DO</i>
9:45	Q&A Panel
10:00	Paper Poster Presentations/ Exhibit Hall / Break
10:30	Not so Funny: Ulnar Neuropathy Diagnosis and Management <i>Keith T. Aziz, MD</i>
10:50	Signs of Weakness: Radial Nerve Injuries in Sports <i>Keith T. Aziz, MD</i>
11:10	Shooting Pains: Lumbar Radiculopathy Presentation, Management, and Return-to-Sport <i>John K. Evans, II, DO</i>
11:30	Blocking the Pain: Suprascapular Neuropathies and Blocks <i>Mark Friedrich B. Hurdle, MD</i>
11:50	Q&A Panel
12:00 p.m.	Lunch / Paper Poster Presentations / Exhibit Hall / Adjourn General Session
Workshops – Additional Fee	
1:00 – 2:00 p.m.	Dry Needling and Acupuncture: The Very Basics <i>John K. Evans, II, DO and Tasha M. Shanklin, PT, DPT</i>
1:00 – 2:00 p.m.	Sideline Emergency Preparedness <i>Wade O. Johnson, DO, Amanda Williams, LAT, ATC, and Casandra M. Stoll, MS, ATC/L</i>
2:00 – 3:00 p.m.	The Shoulder Physical Exam: Hands-On Considerations <i>Ryan C. McCoy, PT, DPT, OCS, and Jeffrey T. Wight, PhD</i>
3:00 – 4:00 p.m.	The Hip and Knee Physical Exam, Simplified <i>Sara E. Filmlalter, MD, and Irvin S. (Scott) Haak, PT, DPT</i>
4:00 - 5:00 p.m.	The Neck and Lower Back Exam in a Busy Clinic <i>John Leschitz, PT, DPT, and George Pujalte, MD</i>
5:00 p.m.	Adjourn Workshops

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Sunday, March 10, 2024	
7:00 a.m.	Continental Breakfast / Exhibit Hall / Paper Poster Session
7:50	Introduction
	Moderator: Amelie E. Tsao, APRN, DNP Achieving Flow State: Lung and Breathing Conditions in Sports
8:00	Pushing Through: Helping the Patient with Asthma and COPD Who Wants to Exercise <i>Daniel A. Almodovar-Frau, MD</i>
8:20	Exercise-Induced Bronchoconstriction: Challenges and Approaches <i>Brendon M. Colaco, MBBS</i>
8:40	Case Discussion <i>Amelie E. Tsao, APRN, DNP</i>
8:55	The Challenge of Treating Allergies in Athletes in Spring Sports <i>Jacqueline D. Squire, MD</i>
9:15	Returning to Sport with Long COVID <i>Bryan J. Taylor, PhD</i>
9:45	Case Discussion <i>Amelie E. Tsao, APRN, DNP</i>
10:00	Q&A Panel
10:30	Paper Poster Presentations / Exhibit Hall / Break
10:45	Go or Go Slow? Respiratory Infections and Sports Participation <i>Neha Raukar, MD</i>
11:05	Recognizing a Mimic: Vocal Cord Dysfunction in Sports <i>Chandler Thompson, DMA, MS, CCC-SLP</i>
11:25	Know the Thorax: Pneumothorax Recognition and Management <i>Courtney L. James, MD</i>
11:45	Case Discussion <i>Amelie E. Tsao, APRN, DNP</i>
12:00	Q&A Panel and Post-Test
12:30 p.m.	Adjourn General Session

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