Dr. da Costa is an assistant Professor of Psychiatry at Mayo Clinic College of Medicine and Science and a Consultant of Psychiatry and Addiction Psychiatry at Mayo Clinic SW WI Regional. She is double board certified in Psychiatry and Addiction Psychiatry and completed her residency training at the University of Texas Science Center at Houston and followship training at Yale University School of Medicine. She joined Mayo Clinic in August 2020 and currently serves as medical director for the Addiction Services in SW WI. Her research interests include substance use and addictive disorders pathophysiology and phenomenology, dual diagnosis, particularly with mood disorders and trauma, harm reduction and mitigation strategies for opioid and stimulant use disorders. She has published peer-reviewed papers in distinguished journals in Psychiatry and has contributed to books/book chapters, including the Mayo Clinic's Guide to Opioid Addiction and Safe Opioid Use.