

Transforming Women's Health
June 6-8, 2024
JW Marriott Washington, DC

Times listed are Eastern time zone

THURSDAY, June 6, 2024

6:30 am – 7:00 am	Registration/Light Breakfast 6:45 am Livestream begins
7:00 am – 7:05 am	Welcome Juliana (Jewel) M. Kling, MD, MPH, MSCP, FACP, Ekta Kapoor, MBBS, FACP, MSCP, & Taryn Smith, MD, MSCP
ENDOCRINOLOGY TOPICS	
7:05 am – 7:35 am	The Skinny on Chronic Weight Management Daneila Hurtado Andrade, MD, PhD
7:35 am – 7:45 am	Q&A
7:45 am – 8:15 am	Update in Osteoporosis Workup and Management Jad Sfeir, MD MS.
8:15 am – 8:25 am	Q&A
8:25 am – 8:55 am	Diabetes: Updates in the care of Women Aoife Egan, MB, BCh, PhD
8:55 am – 9:05 am	Q&A
9:05 am – 9:20 am	Light Refreshment Break
BREAST AND TRANSGENDER HEALTH	
9:20 am – 9:50 am	Updates in Breast Cancer Risk Stratification Sandhya Pruthi, MD
9:50 am – 10:00 am	Q&A
10:00 am – 10:30 am	Management of menopausal symptoms in breast cancer survivors Susan Kok, MD
10:30 am – 10:40 am	Q&A
10:40 am – 11:10 am	Principles of Gender Affirming Hormone Therapy Curtiss Cook MD
11:10 am – 11:20 am	<i>Virtual Presentation</i> Q&A
11:20 am	Adjourn

Menopause Society's Menopause 101

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1:00 pm – 1:30 pm	Menopause 101 Stephanie Faubion, MD, MBA, FACP, MSCP, IF
1:30 pm – 2:00 pm	Hormone Therapy Risks and Benefits Ekta Kapoor, MBBS, FACP, MSCP
2:00 pm – 2:15 pm	Q&A
2:15 pm – 2:45 pm	Menopause transition and sleep Rebecca Thurston, PhD, FABMR, FAPS
2:45 pm – 3:15 pm	Cardiometabolic changes in menopause Emily Lau, MD, MPH
3:15 pm – 3:30 pm	Q&A
3:30 pm – 3:45 pm	Refreshment Break
3:45 pm – 4:15 pm	HT in women with CV disease or risk factors Chrisandra Shufelt, MD, MS, FACP, MSCP
4:15 pm – 4:45 pm	Sexual health Jewel Kling, MD, MPH, MSCP, FACP
4:45 pm – 5:00 pm	Q&A
5:00 pm	Adjourn

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FRIDAY, June 7, 2024

6:30 am – 7:00 am	Light Breakfast 6:45 am Livestream begins
7:00 am – 7:05 am	Introduction Juliana (Jewel) M. Kling, MD, MPH, MSCP, FACP, Ekta Kapoor, MBBS, FACP, MSCP, & Taryn Smith, MD, MSCP
MENOPAUSE AND HORMONE THERAPY	
7:05 am – 7:30 am	Hormone Therapy prescribing tips Taryn Smith, MD, MSCP
7:30 am - 7:40 am	Q&A
7:40 am – 8:10 am	Testosterone Use in Postmenopausal Women: Is there a role? Jewel Kling, MD, MPH, MSCP, FACP
8:10 am – 8:20 am	Q&A
8:20 am – 8:45 am	Top Causes of Secondary Amenorrhea: Diagnosis and Long Term Consequences Chrisandra Shufelt, MD, MS, FACP, MSCP
8:45 am – 8:55 am	Q&A
8:55 am – 9:10 am	Light Refreshment Break
9:10 am – 9:40 am	Premature Ovarian Insufficiency Ekta Kapoor, MBBS, FACP, MSCP
9:40 am – 9:50 am	Q&A
9:50 am -10:20 am	Menopause and Work: Impact, Challenges and Opportunities Stephanie Faubion, MD, MBA, FACP, MSCP, IF
10:20 am – 10:30 am	Q&A
10:30 am – 11:15 am	Menopause Panel Juliana (Jewel) M. Kling, MD, MPH, MSCP, FACP, Ekta Kapoor, MBBS, FACP, MSCP, & Taryn Smith, MD, MSCP, Stephanie Faubion, MD, MBA, FACP, MSCP, IF, Chrisandra Shufelt, MD, MS, FACP, MSCP
11:15 am – 11:30 pm	Pick Up Lunches
MENOPAUSE TRANSITION	
11:30 pm – 12:00 pm	Lunch Talk: Menopausal symptoms and the brain Rebecca Thurston, PhD, FABMR, FAPS
12:00 pm – 12:10 pm	Q&A

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12:10 pm – 12:40 pm	Blood pressure trajectories and management through the menopause transition Emily Lau, MD, MPH
12:40 pm – 12:50 pm	Q&A
12:50 pm – 1:00 pm	Stretch Break
CENTRAL SENSITIZATION, INTEGRATIVE MEDICINE AND BEYOND	
1:00 pm - 1:30 pm	Integrative medicine in menopause management Denise Millstine, MD
1:30 pm - 1:40 pm	Q&A
1:40 pm- 2:10 pm	Cannabis and Women's Health Mark Edwin, MD
2:10 pm- 2:20 pm	Q&A
2:20 pm – 2:50 pm	Fibromyalgia and Beyond: Understanding Pain Chronification Risks Factors for More Comprehensive Treatment
2:50 pm – 3:00 pm	Cynthia Townsend, PhD, ABPP
	Q&A
3:00 pm	Adjourn

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SATURDAY, June 8, 2024

6:30 am – 7:00 am	Light Breakfast 6:45 am Livestream begins
7:00 am – 7:05 am	Introduction Juliana (Jewel) M. Kling MD, MPH, MSCP, FACP, Ekta Kapoor, MBBS, FACP, MSCP., & Taryn Smith, MD, MSCP
POTPOURRI TOPICS	
7:05 am – 7:35 am	Migraine in Women Rashmi Halker Singh, MD
7:35 am – 7:45 am	Q&A
7:45 am – 8:15 am	HTN guidelines in women Demilade Adedinsewo, MB, ChB
8:15 am – 8:25 am	Q&A
8:25 am – 8:55 am	An approach to the management of depression in pregnancy William Bobo, MD, MPH
8:55 am – 9:05 am	Q&A
9:05 am – 9:20 am	Light Refreshment Break
GYNECOLOGY	
9:20 am – 9:50 am	Endometriosis: where are we now? Tatnai Burnett, MD
9:50 am – 10:00 am	Q&A
10:00 am – 10:30 am	Ovarian cancer detection and prevention: new data Kristina Butler, MD, MS
10:30 am – 10:40 am	Q&A
10:40 am – 11:10 am	Contraception: What's New? Paru David, MD
11:10 am – 11:20 am	Q&A
11:20 am – 11:35 am	Pick up lunches
DERMATOLOGY	
11:35 am – 12:05 pm	Lunch Talk: Acne and Hirsutism: Nuisances to be taken seriously Rochelle Torgerson , MD, PhD
12:05 pm – 12:15 pm	Q&A

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12:15 pm – 12:45 pm	Menopause and the Impact on our Birthday Suit Alison Bruce, MB, ChB
12:45 pm – 12:55 pm	Q&A
SEXUAL HEALTH	
12:55 pm- 1:20 pm	Management of Genitourinary Syndrome of Menopause (GSM) Carol Kuhle, DO, MPH
1:20 pm – 1:30 pm	Q&A
1:30 pm- 1:55 pm	Female Sexual Dysfunction: A primer for the front line clinician Talia Sobel, MD
1:55 pm- 2:05 pm	Q&A
2:05 pm	Adjourn