

**Pain Management for the Non-Pain Specialist 2024**  
**Ritz Carlton Laguna Niguel, Dana Point, CA**  
**Program Schedule**  
**April 18-20, 2024 (PDT)**

**Thursday, April 18, 2024**

6:30 a.m.	Registration & Breakfast Pacific Promenade Foyer
7:30 a.m.	Welcome & Course Introduction <i>Richard H. Rho, M.D.</i>
8:00 a.m.	Chronic Pain Overview and Assessment of Pain <i>John M. Hagedorn, M.D.</i>
8:30 a.m.	Optimizing the Patient Experience <i>Terry L. Hunt II, M.D., M.B.A.</i>
9:00 a.m.	Caring for Self (No AAFP credit) <i>Natalie H. Strand, M.D.</i>
9:30 a.m.	Q&A Panel
9:45 a.m.	Refreshment Break
10:00 a.m.	Common Neuropathic Pain Conditions <i>James C. Watson, M.D.</i>
10:30 a.m.	Imaging of the Spine <i>Christin A. Tiegs-Heiden, M.D.</i>
11:00 a.m.	Approach to Chronic Neck Pain <i>Jason S. Eldrige, M.D.</i>
11:30 a.m.	Q & A Panel
11:45 a.m.	Lunch – Communication Skills Part 1  The Patient Who Feels Hopeless: Addressing Patients with Depression <i>Wesley P. Gilliam, Ph.D., L.P.</i>  The Patient with Poor Coping Skills: Addressing Patients with Catastrophization <i>Cynthia O. Townsend, Ph.D., L.P., Natalie H. Strand, M.D.</i>
12:45 p.m.	Headache: Clinical Approach <i>Stephanie J. Steel, M.D.</i>
1:15 p.m.	Migraine Headache <i>Stephanie J. Steel, M.D.</i>
1:45 p.m.	A Practical Approach to Chronic Low Back Pain <i>John A. Freeman, D.O.</i>
2:15 p.m.	Q&A Panel
2:30 p.m.	Adjourn
<b>Physical Examination Workshop (Max 25)</b> <b>Live Only - Pacific Promenade Ballroom</b> <b>2:40 p.m. – 4:40 p.m.</b> <b>(Optional add-on)</b>	
Lumbosacral Spine Pearls - <i>John A. Freeman, D.O.</i>	
Cervical Spine Pearls - <i>Scott H. Pew, M.D.</i>	

	Shoulder Pearls - <i>Jason P. Dauffenbach, D.O.</i>
	Hip Pearls - <i>Matthew J. Pingree, M.D.</i>
	Neuro Exam. Pearls - <i>Stephanie J. Steel, M.D., and Kamal Shouman, M.D.</i>
<b>Friday, April 19, 2024</b>	
6:30 a.m.	Breakfast with the Experts – Live only (previous day speakers)
6:55 a.m.	Welcome Pacific Promenade Ballroom
7:30 a.m.	Update on Opioid Prescribing Guidelines: What is Appropriate use? <i>Jillian A. Maloney, M.D.</i>
8:00 a.m.	Methadone: Everything you Need to Know <i>Elise C. Carey, M.D.</i>
8:30 a.m.	Managing Opioid Side Effects <i>Molly A. Feely, M.D.</i>
9:00 a.m.	Chronic Pain in Elderly Patients <i>Gregory J. Hanson, M.D.</i>
9:30 a.m.	Q&A Panel
9:45 a.m.	Refreshment Break
10:00 a.m.	Regenerative Medicine: Updates, Indications & Evidence <i>Wenchun Qu, M.D., Ph.D.</i>
10:30 a.m.	Buprenorphine Management <i>Sabrina Correa Da Costa, M.D.</i>
11:00 a.m.	Approach to Opioid Tapering in the Outpatient Setting <i>Benjamin Lai, M.B., B.Ch., B.A.O.</i>
11:30 a.m.	Q&A Panel
12:00 p.m.	Lunch - Communication Skills Part II  12:10 p.m. – 12:50 p.m. The Hostile (Difficult)? Patient/Family: De-Escalation and Service Recovery Techniques Terry L. Hunt II, M.D., M.B.A., Christopher A. Collura, M.D.  Building a Collaborative Relationship with Your Patient: Empathetic Interviewing Techniques Kristin S. Vickers, Ph.D., L.P.
1:00 p.m.	Approach to the Patient with Chronic Abdominal Pain <i>Tisha N. Lunsford, M.D.</i>
1:30 p.m.	Addressing Co-Morbid Anxiety and Depression <i>Kristin J. Somers, M.D.</i>
2:00 p.m.	Approach to the Patient with Central Sensitization <i>Cynthia O. Townsend, Ph.D., L.P.</i>
2:30 p.m.	Q&A Panel
2:45 p.m.	Adjourn

<b>Saturday, April 20, 2024</b>	
6:15 a.m.	Breakfast with the Experts – Live only (previous day speakers)
6:50 a.m.	Welcome Pacific Promenade Ballroom
7:00 a.m.	Perioperative Management of Patients with Chronic Pain <i>Jillian A. Maloney, M.D.</i>
7:30 a.m.	Fibromyalgia & Chronic Fatigue <i>Arya B. Mohabbat, M.D.</i>
8:00 a.m.	Pain Management Beyond Opioids <i>Natalie H. Strand, M.D.</i>
8:30 a.m.	Sleep Management and Implications on Chronic Pain <i>Diego Zaquera Carvalho, M.D., M.S.</i>
9:00 a.m.	Q&A Panel
9:15 a.m.	Refreshment Break
9:30 a.m.	Cancer Pain: Beyond the WHO Analgesic Ladder <i>David W. Mauck, M.D.</i>
10:00 a.m.	Palliative Medicine- Goals of Care Discussions <i>Jacob J. Strand, M.D.</i>
10:30 a.m.	Red Flags in Chronic Pain: Review of Cases <i>Melissa R. Kenevan, M.D.</i>
11:30 a.m.	Q&A Panel
11:45 a.m.	Closing Summary
12:00 p.m.	Adjourn