



Care of the Older Adult

Huntington Beach, CA | November 14-16, 2024

All times listed reflect **PACIFIC** time zone.

Thursday, November 14, 2024	
6:45 – 7:20 a.m.	Registration & Continental Breakfast
7:20 a.m.	Welcome and Conference Overview
Cognitive and Mental Health	
7:30 a.m.	Updates in Alzheimer’s Dementia: Navigating Current Treatment Options <i>Vijay K. Ramanan, M.D., Ph.D.</i>
8:05 a.m.	Symptom Management in Advanced Stage Dementia: Behaviors and Beyond <i>Mairead Bartley, M.B. B.Ch., B.A.O., M.D.</i>
8:40 a.m.	Assessment of Late Life Mood Symptoms: Is it Dementia, Depression or Both? <i>Maureen M. Shelton, M.D.</i>
9:15 am	Refreshment Break
Functional and Physical Health	
9:30 a.m.	Geriatric Trauma and Falls: Tips on Management from the ER to the Outpatient Practice <i>Brandon P. Verdoorn, M.D. and John M. Zietlow, M.D.</i>
10:05 a.m.	Functional Assessment in an Older Adult and How to Choose Gait Aids <i>Kyle M. McKenzie, M.D.</i>
10:40 a.m.	Optimizing Exercise in Older Adults: How to Keep a Baby Boomer Buff <i>Edward R. Laskowski, M.D.</i>
Annual Special Topic and Keynote Speaker Updates on the Forefront of Aging Research	
11:15 a.m.	Aging, Frailty, and Cellular Senescence: Where the Research is Taking Us and What to Anticipate in Clinical Practice in the Future <i>James Kirkland M.D., Ph.D.</i>
12:00 p.m.	Day Wrap Up
12:05 p.m.	Adjourn Day
12:15 – 4:15 p.m.	Palliative Care ABFM KSA Module (Optional, additional fee to attend)



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Friday, November 15, 2024	
6:45 a.m.	Breakfast with the Professor
7:20 a.m.	Overview of the Day
Topics in Post-Acute/Long-Term Care	
7:30 a.m.	The Art of Deprescribing in Long Term Care and Beyond <i>Maria D. Mendoza De La Garza, M.D.</i>
8:05 a.m.	Safety Considerations During Care Transitions – Choosing Wisely <i>Sara T. Medina-Bielski, M.D.</i>
8:40 a.m.	Tips for Assessing Hospice Eligibility in Skilled Nursing Facilities <i>Natalie F. Mohammad, APRN, C.N.P.</i>
9:15 a.m.	Refreshment Break
Selected Topics in Geriatric Syndromes and Case Studies	
9:30 a.m.	Wound Management: Prevention & Principles in Navigating Dressing Choices <i>Danielle T. Vlazny, P.A.-C., M.S.</i>
10:05 a.m.	Rest Assured: Navigating Sleep Management and Pharmacotherapy for Older Adults <i>Melissa H. Bogin, M.D.</i>
10:40 a.m.	Practical Approach to Evaluating Dizziness in the Geriatric Patient <i>Amit A. Shah, M.D.</i>
11:15 a.m.	Cases and Geriatric Pearls from the Fellows' Clinic <i>Andres Azuero, M.D.; Sara M. Shu, D.O.; Eliza R. Thompson, M.D.</i>
12:00 p.m.	Day Wrap Up
12:05 p.m.	Adjourn Day



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Saturday, November 16, 2024	
6:45 a.m.	Breakfast with the Professor
7:25 a.m.	Overview of the Day
Chronic Disease Management in Older Adults	
7:30 a.m.	Updates in Diabetes Management in Older Adults - Considerations of SGLT2 and GLP-1 Agonist Use <i>Rozalina G. McCoy, M.D.</i>
8:05 a.m.	Management of Urinary Incontinence in Older Adults <i>John A. Occhino, M.D., M.S.</i>
8:40 a.m.	Optimizing Respiratory Care: COPD Updates <i>Kara L. Dupuy-McCauley, M.D.</i>
9:15 a.m.	Diagnostic Approach in the Older Adult with Chronic Diarrhea <i>Stephanie L. Hansel, M.D., M.S.</i>
9:50 a.m.	Refreshment Break
Pain Management and Palliative Care Topics	
10:05 a.m.	Case Based Conundrums in Geriatric Palliative Care <i>Jacob J. Strand, M.D.</i>
10:40 a.m.	Opioid Use in Older Patients <i>Daniel E. Sanchez Pellecer, M.D.</i>
11:15 a.m.	Managing Chronic Pain in Older Adults: Rethinking Buprenorphine as an Option <i>Benjamin Lai, M.B., B.Ch., B.A.O.</i>
11:50 a.m.	Conference Wrap-Up
12:00 p.m.	Conference Adjourns Thank you for attending!

Pharmacology Content:

Some presentations will contain pharmacology content. It is the responsibility of the individual learner to determine the amount of pharmacology