



**Mayo Clinic Pediatric Days 2025**

January 12-16, 2025

Fairmont Orchid – Kohala Coast, HI

**IN PERSON & LIVESTREAM**

*Program is in Hawaii Standard Time (HST)*

Course Directors: Angela Mattke, M.D. FAAP

Jason Anderson, M.D. FAAP

<b>Sunday, January 12, 2025</b>	
6:15 a.m.	<b>Breakfast Buffet</b>
6:50 a.m.	<b>Welcome and Course Overview</b> <i>Jason Anderson, M.D.</i>
<b>DEVELOPMENTAL AND BEHAVIORAL HEALTH</b>	
7:00 a.m.	<b>Hidden Pitfalls of ADHD</b> <i>Eric Pease, D.O., M.B.A.</i>
7:30 a.m.	<b>Prescribing for Children with Developmental Disabilities</b> <i>Flora Howie, M.D.</i>
8:00 a.m.	<b>Panel Q&amp;A</b>
8:15 a.m.	<b>AMBERG-HELMHOLZ PROFESSORSHIP LECTURE:</b> <b>Because We Give It All Away: Self-care for Depleted Clinicians</b> <i>Kristin Vickers, Ph.D., L.P.</i>
9:15 a.m.	Refreshment Break
9:45 a.m.	<b>Behavioral Management 101</b> <i>Megan Cassidy, Ph.D., L.P.</i>
10:15 a.m.	<b>Fighting the Monsters Under the Bed: The Pediatrician’s Role in Screening for and Treating Trauma</b> <i>Katie Johnson, M.D.</i>
10:45 a.m.	<b>Tricks to Manage Tics and Their Psychiatric Comorbidities</b> <i>Eric Pease, D.O., M.B.A.</i>
11:15 a.m.	<b>Non-Suicidal Self-Injury in Adolescents</b> <i>Abigail Matthews Ph.D., L.P.</i>
11:45 a.m.	<b>Panel Q&amp;A</b>
12:15 p.m.	<b>Adjourn for the Day</b>

<b>Monday, January 13, 2025</b>	
6:15 a.m.	<b>Breakfast Buffet</b>
6:55 a.m.	<b>Announcements and Introduction</b> <i>Angela Mattke, M.D.</i>
<b>UPDATES IN EVIDENCE BASED CARE</b>	
7:00 a.m.	<b>2025 Update on Childhood and Adolescent Vaccines</b> <i>Robert Jacobson, M.D.</i>
8:00 a.m.	<b>High Impact Articles of 2024: Evidence Based Review</b> <i>David (DJ) Hall, M.D., and Jason (Jay) Homme M.D.</i>
9:00 a.m.	<b>Panel Q&amp;A</b>
9:30 a.m.	Refreshment Break
<b>EMERGENCY AND HOSPITAL MEDICINE UPDATES</b>	
10:00 a.m.	<b>Amoxicillin to Chest Tubes: Clearing the Air on Community Acquired Pneumonia</b> <i>Erin Knoebel, M.D., M.P.H.</i>
10:30 a.m.	<b>Evaluation of the Fussy Infant</b> <i>Meghan Cain, M.D.</i>
11:00 a.m.	<b>Signs of Sex Trafficking Among Children and Teens</b> <i>Cree Kachelski, M.D.</i>
11:30 a.m.	<b>Early Recognition and Management of Pediatric Sepsis: New Guidance for an Old Problem</b> <i>Emily R. Levy, M.D.</i>
12:00 p.m.	<b>Panel Q&amp;A</b>
12:30 p.m.	<b>Adjourn for the Day</b>

<b>Tuesday, January 14, 2025</b>	
6:15 a.m.	<b>Breakfast Buffet</b>
6:55 a.m.	<b>Announcements and Introduction</b> <i>Angela Mattke, M.D.</i>
<b>OBESITY CARE UPDATES</b>	
7:00 a.m.	<b>Sensitive Discussions Around Obesity and Weight</b> <i>Marcie L. Billings, M.D. and Bridget K. Biggs, Ph.D., L.P.</i>
7:30 a.m.	<b>Risk Factors, Assessment, and Health Behavior and Lifestyle Treatment for the Pediatric Patient with Obesity</b> <i>Brian A. Lynch, M.D.</i>
8:00 a.m.	<b>Pharmacotherapy and Bariatric Surgery for Pediatric obesity: An Update</b> <i>Seema Kumar, M.D.</i>
8:30 a.m.	<b>Metabolic Dysfunction-Associated Steatotic Liver Disease (MASLD): Advances in Screening and Management</b> <i>Samar H. Ibrahim, M.B., Ch.B.</i>
9:00 a.m.	<b>Panel Q&amp;A</b>
9:30 a.m.	Refreshment Break
<b>SPECIALTY CARE UPDATES</b>	
10:00 a.m.	<b>Abnormal Thyroid Tests</b> <i>Siobhan T. Pittock, M.B., B.Ch.</i>
10:30 a.m.	<b>Updates in Epilepsy</b> <i>Paul Youssef, D.O.</i>
11:00 a.m.	<b>An Endocrinologist Approach to Growth Concerns in Children</b> <i>Alaa Al Nofal, M.D., M.B.A.</i>
11:30 a.m.	<b>Sun and Sun Protection</b> <i>Dawn Davis, M.D.</i>

12:00 p.m.	<b>Panel Q&amp;A</b>
12:30 p.m.	<b>Adjourn for the Day</b>

<b>Wednesday, January 15, 2025</b>	
6:15 a.m.	<b>Breakfast Buffet</b>
6:55 a.m.	<b>Announcements and Introduction</b> <i>Angela Mattke, M.D.</i>
<b>THE BIG DEBATE</b>	
7:00 a.m.	<b>Tackling the Tough Question: Should Kids Play Football</b> <i>Dave Soma, M.D. and Luke Radel, M.D.</i>
7:50 a.m.	<b>Tongue Tie: Does the Evidence Support Interventions</b> <i>Jay Homme M.D. and Angela Mattke, M.D.</i>
8:40 a.m.	<b>Universal ECG and Echocardiograms Before Sports Participation and Sudden Cardiac Death</b> <i>Philip L. Wackel, M.D. and Jonathan N. Johnson, M.D.</i>
9:30 a.m.	Refreshment Break
<b>HOT TOPICS IN PEDIATRICS</b>	
10:00 a.m.	<b>Preventing and Managing Vaccine Hesitancy</b> <i>Robert Jacobson, M.D.</i>
10:30 a.m.	<b>What New in STI Treatment and Prevention</b> <i>Asma Chattha, M.B.B.S.</i>
11:00 a.m.	<b>Asthma Care in the Time of Medication Shortages</b> <i>Manuel Arteta, M.D.</i>
11:30 a.m.	<b>Acne Science and Pseudoscience</b> <i>Megha M. Tollefson, M.D.</i>
12:00 p.m.	<b>Panel Q&amp;A</b>
12:30 p.m.	<b>Lunch on your own</b>
<b>Interactive Session</b>	
1:30 p.m.	<b>Bracing and Splinting Hands-on Workshop</b> <i>David Soma, M.D. and Luke Radel, M.D.</i>
3:00 p.m.	<b>Adjourn for the Day</b>

<b>Thursday, January 16, 2025</b>	
6:15 a.m.	<b>Breakfast Buffet</b>
6:55 a.m.	<b>Announcements and Introduction</b> <i>Angela Mattke, M.D.</i>
<b>SURGICAL CARE UPDATES</b>	
7:00 a.m.	<b>Strabismus</b> <i>Eric Kim, M.D.</i>
7:30 a.m.	<b>Plumbing Problems in the Nursery: Updates on Hydronephrosis and Associated Urologic Abnormalities</b> <i>Candace Granberg, M.D.</i>
8:00 a.m.	<b>Developmental Hip Dysplasia</b> <i>Emmanouil Grigoriou, M.D.</i>
8:30 a.m.	<b>Innovative Approaches to the Treatment of Appendicitis</b> <i>Stephanie Polites, M.D., M.P.H.</i>
9:00 a.m.	<b>Panel Q&amp;A</b>
9:30 a.m.	Refreshment Break
<b>SPECIALTY CARE UPDATES</b>	
10:00 a.m.	<b>Pro-Calcitonin or Con-Calcitonin: Is Procalcitonin a Useful Biomarker in Children?</b> <i>Nipunie Rajapakse, M.D., M.P.H.</i>

10:30 a.m.	<b>Evaluating for Immune Dysfunction</b> <i>Avni Joshi, M.D., M.S</i>
11:00 a.m.	<b>Chronic Fatigue Pain Syndromes</b> <i>Kelsey Klaas, M.D.</i>
11:30 a.m.	<b>Bone Health in Children</b> <i>Peter Tebben, M.D.</i>
12:00 p.m.	<b>Panel Q&amp;A</b>
12:30 p.m.	<b>Course Adjourns</b>