



School of Continuous  
Professional  
Development

## HIGH PERFORMANCE RESUSCITATION TEAMS - 2024

### Guest Faculty Biography

### Meaghan Alden, MD

Meaghan Alden is a physician dual boarded in emergency medicine and surgical critical care. She is coming to us from the R. Adams Cowley Shock Trauma Center in Baltimore Maryland where she is academic faculty and attends in their critical care resuscitation unit, surgical, and multi-trauma ICU's. Additionally, she recently separated from the US Air Force where she served multiple combat deployments on special operations casualty evacuation and surgical support teams. She is particularly interested in wholistic approaches to human performance, health and wellness in mission critical environments.

