

**2024 Hispanic Women in Medicine:
Critical Needs for Empowerment
and Transformation in Practice
September 13-15, 2024**
All Presentations Mountain Standard Time

Friday, September 13, 2024

- 6:45 a.m. **Registration, Continental Breakfast, and Exhibits**
- 7:30 a.m. **Opening Remarks**
Rosie D. Frazier, M.D.
Sofia Davila, M.D.
- 8:00 a.m. **A Seat at the Table: Empowering Women in Leadership and Beyond**
Connie Mariano, M.D., Center for Executive Medicine
- 8:30 a.m. **Panel Session: “Strategies for Promotion and Career Growth”**
Facilitator: TBD
- 9:00 a.m. **Journey to Zero: A Daily Well-being Practice to Help You Choose Your Journey**
Keith W. Jones, MA, Mayo Clinic
- 9:30 a.m. **Q & A**
- 9:45 a.m. **Break and Exhibits**
- 10:00 a.m. **Network Building: Connecting for Success**
Rafael Fonseca, M.D., Mayo Clinic
- 10:30 a.m. **Research, Grants, and Tears**
Diana Zepeda-Orozco, M.D., Nationwide Children’s Hospital
- 11:00 a.m. **Nurturing the Next Generation through Effective Mentorship**
Elizabeth Bonachea, M.D., Nationwide Children’s Hospital
- 11:30 a.m. **Mastering the Art of Contract Negotiation**
Vivian Hernandez-Trujillo, M.D., Niclaus Children’s Hospital
- 12:00 p.m. **Q & A**

Friday, September 13, 2024 *(continued)*

12:15 p.m.

Lunch

1:15 p.m.

Navigating Multitasking: Lessons Learned

Blanca C. Lizaola-Mayo, M.D., Mayo Clinic

1:45 p.m.

Conflict Resolution and Strategic Thinking

Sarah B. Umar, M.D., Mayo Clinic

2:15 p.m.

Workshop: Microaggressions Simulation

Monica Hoff, M.D., Nationwide Children's Hospital

Jeanette Schnierle, M.D., Nationwide Children's Hospital

2:50 p.m.

Question and Answer Session

Rosie D. Frazier, M.D.

Sofia Davila, M.D.

3:00 p.m.

Adjourn

Saturday, September 14, 2024

- 7:00 a.m. **Continental Breakfast and Exhibits**
- 8:00 a.m. **Announcements**
Rosie D. Frazier, M.D.
Sofia Davila, M.D.
- 8:15 a.m. **Empowering Women to Achieve their Dreams**
Mirla Avila, M.D., Texas Tech University Health Sciences Center
- 8:45 a.m. **Failing Forward: The Art of Harnessing Failure**
Mariela Rivera, M.D., Mayo Clinic
- 9:15 a.m. **Embracing Progress Over Perfection**
Tisha N. Lunsford, M.D., Mayo Clinic
- 9:45 a.m. **Q & A**
- 10:00 a.m. **Break and Exhibits**
- 10:15 a.m. **Panel: “Familia and Career: The Latina Juggling Act”**
Facilitator: Rosie Frazier, M.D.
- 10:45 a.m. **Establishing and Cultivating Your Distinctive Personal Brand**
Jean C. Fox, M.D., Mayo Clinic
- 11:15 a.m. **Conquering Burnout for a Harmonious Life**
Eva M. Carmona Porquera, M.D., Ph.D., Mayo Clinic
- 11:45 a.m. **Q & A**
- 12:00 p.m. **Lunch**

Saturday, September 14, 2024 *(continued)*

- 1:00 p.m. **Speak with Confidence: Unveiling Clarity in Public Address**
Heidi Renpenning, Univision Arizona
- 1:30 p.m. **Unlocking Financial Wisdom: Empowering Physicians on the Path to
Financial Freedom**
Akintade Latifat, M.D., MoneyFitMD
- 2:00 p.m. **Silencing Your Inner Critic**
Jenny Zablah, M.D., Children’s Hospital Colorado
- 2:30 p.m. **Finding Strength During Challenging Times**
Fiorella Hernandez, M.D., Anderson Houston
- 3:00 p.m. **Q & A**
- 3:15 p.m. **Adjourn**

Sunday, September 15, 2024

- 7:00 a.m. **Continental Breakfast and Exhibits**
- 7:50 a.m. **Announcements**
Rosie D. Frazier, M.D.
Sofia Davila, M.D.
- 8:00 a.m. **Discovering Belonging: A Journey of Inclusion**
Ana C. Zamora Martinez, M.D., Mayo Clinic
- 8:30 a.m. **Catalyzing Healthcare Policy Change: Expanding Access to Care for Undocumented Immigrants**
Lilia Cervantes, M.D., University of Colorado School of Medicine
- 9:00 a.m. **Strategies for Providing Culturally Sensitive Care**
Laura Suarez Pardo, M.D., Mayo Clinic
- 9:30 a.m. **Advocacy and Community Engagement for Change**
Leticia Rolon, M.D., Mayo Clinic
- 10:00 a.m. **Q & A**
- 10:15 a.m. **Break**
- 10:30 a.m. **Panel Session : “Disrupting systems: Being an Effective Advocate for Healthcare Equity”**
Facilitator: Nathan Delafield, M.D. and Maite Arce, Hispanic Access Foundation
- 11:00 a.m. **Initiatives to Reduce Healthcare Disparities**
Niko Verdecias, Dr.PH, Arizona State University
- 11:30 a.m. **Panel Session: “Healthcare Training Challenges for Latinas”**
Facilitator: Sofia Davila, M.D.
- 12:00 p.m. **Navigating the US Healthcare System: What I Wish I had Known**
Evamaria Anvari, M.D., Mayo Clinic
- 12:30 p.m. **Question and Answer Session**
Rosie D. Frazier, M.D.
Sofia Davila, M.D.
- 12:45 p.m. **Closing Remarks**
Rosie D. Frazier, M.D.
Sofia Davila, M.D.
- 1:00 p.m. **Adjourn**