

A Systematic Approach to Medically Unexplained Symptoms 2024

Wednesday, August 7, 2024 – General Session

Note: Times are listed in Pacific time

7:15 – 7:50 AM	Breakfast and Registration Livestream begins at 7:35 am
7:50 - 8:00 AM	Introduction and Announcements
8:00 - 8:45 AM	Central Sensitization: A Pathophysiological Review Chris A. Aakre, MD
8:45 – 8:55 AM	Q&A
8:55 - 9:25 AM	Fibromyalgia LaSonya T. Natividad, APRN, CNP, MSN
9:25 – 9:35 AM	Q & A
9:35 – 10:20 AM	Approach to Chronic Headaches Nathan P. Young, DO
10:20 – 10:30 AM	Q & A
10:30 – 11:00 am	Break
11:00 - 11:30 AM	Chronic Dizziness Elizabeth Westby, MD
11:30 - 11:40 AM	Q & A
11:40 AM – 12:10 PM	Approach to Insomnia Mithri Junna, MD
12:10 – 12:20 PM	Q & A
12:20 – 12:50 PM	Chronic Pruritus Julio C. Sartori Valinotti, MD
12:50 – 1:00 PM	Q&A
1:00 pm	Adjourn General Session

Thursday, August 8, 2024 – General Session

Note: Times are listed in Pacific time

7:00 - 7:55 AM	<p>Breakfast with the Experts Livestream Begins: 7:00 am</p> <p>Breakfast with the experts This time provides a structured opportunity for previous day speakers and learners to connect. Specific case, additional questions and unanswered questions from the Q&A time can be answered at this time.</p> <p>Livestream audience will access Breakout rooms within Zoom to connect with presenters. The livestream audience will be able to participate in the conversations and ask questions.</p>
7:55 - 8:00 AM	<p>Introduction and Announcements Course Directors</p>
8:00 - 8:45 AM	<p>Chronic Fatigue Syndrome Stephanie L. Grach, MD, MS</p>
8:45 – 8:55 AM	Q & A
8:55 - 9:40 AM	<p>Evaluation of Thyroid Hormones: Myths, Truths, and In-Between Mabel Ryder, MD</p>
9:40 – 9:50 AM	Q & A
9:50 – 10:35 AM	<p>Unexplained Chest Pain and Palpitations Michael W. Cullen, MD</p>
10:35 – 10:45 AM	Q & A
10:45 – 11:15	Break
11:15 AM – 12:00 PM	<p>Approach to Chronic Gastrointestinal Symptoms Amindra S. Arora, MBBChir</p>
12:00 – 12:10 PM	Q & A
12:10 – 12:40 PM	<p>Approach to the Patient with "Adrenal Fatigue" Neena Natt, MD</p>
12:40 AM – 12:50 PM	Q & A
12:50 PM	Adjourn General Session

Optional Healthy Living Workshop, Thursday August 8, 2024

Optional: Separate fee applies

Registration for the General Session is required to register for this optional workshop.

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12:50 – 1:15 PM	Pick up lunches workshop (in-person) attendees only
1:15 – 1:45 PM	Why Healthy Lifestyle? Warren G. Thompson, MD
1:45 – 2:25 PM	Palatable Prevention Donald D. Hensrud, MD, MS
2:25 – 3:05 PM	Physical Activity and Health Warren G. Thompson, MD
3:05 – 3:20 PM	Q&A
3:20 – 3:35 PM	Break
3:35 – 4:05 PM	Liquid Health? Donald D. Hensrud, MD, MS
4:05 – 4:35 pm	Risks and Benefits of Moderate Alcohol Consumption Warren G. Thompson, MD
4:35 – 5:05 PM	Nutrition Controversies Donald D. Hensrud, MD, MS
5:05 – 5:15 PM	Q&A
5:15 PM	Adjourn Workshop

Friday, August 9, 2024 – General Session

Note: Times are listed in Pacific time

7:00 – 7:55 AM	Breakfast with the Experts Livestream Begins: 7:00 am This time provides a structured opportunity for previous day speakers and learners to connect. Specific case, additional questions and unanswered questions from the Q&A time can be answered at this time. Livestream audience will access Breakout rooms within Zoom to connect with presenters. The livestream audience will be able to participate in the conversations and ask questions.
7:55-8:00 AM	Introduction and announcements Course Directors
8:00 - 8:45 AM	Postural Tachycardia Syndrome Daniel V. Dudenkov, MD
8:45 – 8:55 AM	Q & A
8:55 - 9:40 AM	Chronic GI/Pelvic Pain and Symptoms Isabel C. Green, MD and Iris Wang, MD
9:40 – 9:50 AM	Q & A
9:50 – 10:35 AM	The Rheumatologist Will See You Now Kerry Wright, MBBS
10:35 – 10:45 AM	Q & A
10:45 - 11:15 AM	Break
11:15 AM - 12:00 PM	Brain Fog Leanne M. Elmer, MS., CCC –SLP and Jessica L. Petersen, OT
12:00 – 12:10 PM	Q & A
12:10 -12:55 PM	Medically Unexplained Symptoms in Allergy-Immunology Rohit D. Divekar, MBBS, PhD
12:55 – 1:05 PM	Q & A
1:05 PM	Adjourn General Session

Saturday, August 10, 2024 – General Session

Note: Times are listed in Pacific time

7:00 - 7:55 AM	<p>Breakfast with the Experts Livestream Begins: 7:00 am</p> <p>This time provides a structured opportunity for previous day speakers and learners to connect. Specific case, additional questions and unanswered questions from the Q&A time can be answered at this time.</p> <p>Livestream audience will access Breakout rooms within Zoom to connect with presenters. The livestream audience will be able to participate in the conversations and ask questions.</p>
7:55 - 8:00 AM	<p>Introduction and announcements Course Directors</p>
8:00 - 8:45 AM	<p>Long COVID Syndrome Joshua Overgaard, MD</p>
8:45 – 8:55 AM	Q & A
8:55 – 9:40 AM	<p>Unexplained Chronic Cough Vivek N. Iyer, MD, MPH (Virtual)</p>
9:40 – 9:50 AM	Q & A
9:50 - 10:35 AM	<p>Unexplained Breast Pain Sandhya Pruthi, MD</p>
10:35 – 10:45 AM	Q & A
10:45 – 11:15 AM	Break
11:15 - 11:55 PM	<p>Importance of Patient Stories and Medically Unexplained Symptoms Larry R. Bergstrom, MD</p>
11:55 AM - 12:05 PM	Q & A
12:05 AM - 12:50 PM	<p>Rehabilitation - Bringing it All Together Erica Bellamkonda, MD</p>
12:50 – 1:00 PM	Q&A
1:00 PM	Adjourn General Session