



**Mayo Clinic Opioid Conference:
Evidence, Clinical Considerations and Best Practice 2024**

San Diego, CA
September 19-21, 2024
Pacific Time

Thursday, September 19, 2024	
6:30 a.m.	Registration and Breakfast Bel Aire Lobby
7:30 a.m.	Welcome and Course Overview Dare O. Olatoye, M.D., Benjamin Lai, M.B., B.Ch., B.A.O., and Julie L. Cunningham, Pharm.D., R.Ph.
7:40 a.m.	Current State: Guidelines, Regulations, Recommendations, and Challenges (DEA) Benjamin Lai, M.B., B.Ch., B.A.O.
8:20 a.m.	CDC Opioid Prescribing Guidelines: Application in Transitions of Care Robert J. Hyde, M.D., M.A. & Gretchen A. Colbenson, M.D.
9:00 a.m.	Clinical Pearls for Opioid Prescribing (DEA) Julie L. Cunningham, Pharm.D., R.Ph.
9:40 a.m.	Refreshment Break
9:55 a.m.	Opioids in Medical Illness/Complex Pain Scenarios Dan K. Partain, M.D.
10:35 a.m.	Medical Marijuana and CBD Products: Pro Con Debate Thomas P. Pittelkow, D.O., M.P.H.
11:15 a.m.	Buprenorphine: Use in Pain Management and Opioid Use Disorder (DEA) Mark E. Deyo-Svensen, M.D.
11:55 a.m.	Buprenorphine Patient Cases at Transitions of Care: Panel Discussion (DEA) Dare O. Olatoye, M.D., Benjamin Lai, M.B., B.Ch., B.A.O., and Julie L. Cunningham, Pharm.D., R.Ph.
12:35 p.m.	Adjourn

Opioids & Pain Management: Interactive Case Reviews & In-Depth Discussion (Optional \$200 Add-on, Lunch Included) (DEA)	
1:00 p.m.	The workshop will focus on opioids and challenging patient cases. Topics will include: tapering, managing patients on multiple controlled substances, unique scenarios across the lifespan, use of buprenorphine across clinical settings, applying 2022 CDC opioid prescribing guidelines in case-based scenarios. An opportunity for audience questions. Benjamin Lai, M.B., B.Ch., B.A.O., Dare O. Olatoye, M.D., Julie L. Cunningham, Pharm.D., R.Ph., Andy A. Bock, D.O., Nathan T. Smith, Pharm.D., R.Ph., BCPS, Charles P. Hannon, M.D., M.B.A., Kim A. Bremseth, M.S.N., R.N.
4:15 p.m.	Adjourn



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Friday, September 20, 2024	
6:30 a.m.	<i>Breakfast Bel Aire Lobby</i>
7:25 a.m.	Welcome <i>Dare O. Olatoye, M.D., Benjamin Lai, M.B., B.Ch., B.A.O., and Julie L. Cunningham, Pharm.D., R.Ph.</i>
7:30 a.m.	Managing Challenges: Behaviors and Conversations <i>Wesley P. Gilliam, Ph.D., L.P.</i>
8:10 a.m.	CAREFUL Approach to Monitoring Patients on Controlled Substances & the Evidence of Combining the use of Opioids, Benzodiazepines and Other CNS Depressants <i>Nathan T. Smith, Pharm.D., R.Ph., BCPS & Kim A. Bremseth, M.S.N., R.N.</i>
8:50 a.m.	Interventional Alternatives for Pain Management <i>Tim J. Lamer, M.D.</i>
9:30 a.m.	Harm Reduction: Naloxone/New Illicit Drugs/Fentanyl Strips (DEA) <i>Christopher J. Arendt, Pharm.D., R.Ph.</i>
10:10 a.m.	<i>Refreshment Break</i>
10:25 a.m.	Supplements Commonly Used in Chronic Pain: What is the Evidence? <i>Linda Huang, Pharm.D., R.Ph., BCPS</i>
11:05 a.m.	A Surgeon's Perspective on Pain & Opioids: Myths and Pearls (DEA) <i>Charles P. Hannon, M.D., M.B.A.</i>
11:45 a.m.	Nonopioid Adjuvants <i>James C. Watson, M.D.</i>
12:25 p.m.	<i>Adjourn</i>

Saturday, September 21, 2024	
6:30 a.m.	<i>Breakfast Bel Aire Lobby</i>
7:25 a.m.	Welcome <i>Dare O. Olatoye, M.D., Benjamin Lai, M.B., B.Ch., B.A.O., and Julie L. Cunningham, Pharm.D., R.Ph.</i>
7:30 a.m.	Urine Drug Testing and Patient Conversations (DEA) <i>Loralie J. Langman, Ph.D. & Benjamin Lai, M.B., B.Ch., B.A.O.</i>
8:10 a.m.	Using Opioids in Older Adults (DEA) <i>Daniel E. Sanchez Pellecer, M.D.</i>
8:50 a.m.	Opioid Side Effects and Management (DEA) <i>Leslie R. Siegel, Pharm.D., R.Ph.</i>
9:30 a.m.	Biopsychosocial Spiritual Model of Chronic Pain & OUD <i>Holly L. Geyer, M.D. & Robert W. Kirchoff, M.D., M.S.</i>
10:10 a.m.	<i>Refreshment Break</i>
10:25 a.m.	Acute Pain Management for the Patient on Chronic Opioids (DEA) <i>Dare O. Olatoye, M.D.</i>
11:05 a.m.	Tapering Opioids (DEA) <i>Julie L. Cunningham, Pharm.D., R.Ph.</i>



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11:45 a.m.	Legal Implications of Opioid Prescribing (DEA) <i>(virtual)</i> <i>Erin C. Skold, J.D.</i>
12:25 p.m.	Closing Remarks
12:30 p.m.	<i>Adjourn</i>