

**Practice of Internal Medicine 2025**  
**Hilton Rochester Mayo Clinic Area Hotel and LIVESTREAM**  
 May 12 – May 16, 2025

<b>Monday, May 12, 2025</b>	
6:45 a.m.	<b>Registration &amp; Breakfast</b>
7:45 a.m.	<b>Welcome and Course Overview</b> <i>Hannah C. Nordhues, M.D. and Brandon P. Verdoorn, M.D.</i>
8:00 a.m.	<b>Chronic Coronary Artery Disease</b> <i>Michael W. Cullen, M.D.</i>
8:35 a.m.	<b>The Anemia Work-Up</b> <i>Carrie A. Thompson, M.D.</i>
9:10 a.m.	<b>C. Difficile – New Insights Into Management</b> <i>Sahil Khanna, M.B.B.S., M.S.</i>
<b>9:45 a.m.</b>	<b>Break</b>
10:05 a.m.	<b>Pearls and Pitfalls in Patient Communication</b> <i>Richard M. Elias, M.B.B.S., M.D.</i>
10:40 a.m.	<b>Adult ADHD – Recognition and Management</b> <i>Kristin J. Somers, M.D.</i>
11:15 a.m.	<b>Clinical Pearls - Hematology</b> <i>Urshila Durani, M.D., M.P.H.</i>
<b>11:55 a.m.</b>	<b>Lunch Break</b>
1:00 p.m.	<b>Wellness – Individual and System Strategies for Flourishing</b> <i>Colin P. West, M.D., Ph.D.</i>
1:35 p.m.	<b>Perioperative Medicine – New Updates for Your Practice</b> <i>Karen F. Mauck, M.D., M.S.</i>
<b>2:10 p.m.</b>	<b>Break</b>
2:30 p.m.	<b>Challenges in the Use of GLP-1 Analogs</b> <i>Meera Shah, M.B., Ch.B.</i>
3:05 p.m.	<b>Updates in Aortic Disease</b> <i>John P. Bois, M.D.</i>
3:40 p.m.	<b>Adjourn</b>

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<b>Tuesday, May 13, 2025</b>	
7:00 a.m.	<b>Breakfast</b>
7:55 a.m.	<b>Daily Overview</b> <i>Hannah C. Nordhues, M.D. and Brandon P. Verdoorn, M.D.</i>
8:00 a.m.	<b>Prostate Cancer Screening in 2025</b> <i>Jack R. Andrews, M.D.</i>
8:35 a.m.	<b>AI and Large Language Models for Clinical Practice</b> <i>TBD</i>
9:10 a.m.	<b>Cancer Screening and Other Primary Care Issues in Transgender Patients</b> <i>Caroline Davidge-Pitts, M.B., B.Ch.</i>
<b>9:45 a.m.</b>	<b>Break</b>
10:05 a.m.	<b>Heart Failure Pearls for Both Inpatient and Outpatient</b> <i>Paul M. McKie, M.D.</i>
10:40 a.m.	<b>Common Symptoms of Voice and Upper Airway</b> <i>TBD</i>
11:15 a.m.	<b>Clinical Pearls - Pulmonary</b> <i>Megan M. Duloher Scrogin, M.D.</i>
<b>11:55 a.m.</b>	<b>Lunch Break</b>
1:00 p.m.	<b>Cases in Abnormal Uterine Bleeding</b> <i>Jean Marie F. McGowan, M.D.</i>
1:35 p.m.	<b>Spells: Faints, Auras, TIAs, Twitches, and Jerks</b> <i>Jeremy Cutsforth-Gregory, M.D.</i>
<b>2:10 p.m.</b>	<b>Break</b>
2:30 p.m.	<b>Updates in Hospital Medicine</b> <i>Will M. Schouten, M.D. and Deanne T. Kashiwagi, M.D.</i>
3:05 p.m.	<b>Clearing the Path – Approaches to Constipation</b> <i>Iris Wang, M.D.</i>
3:40 p.m.	<b>Adjourn</b>

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<b>Wednesday, May 14, 2025</b>	
7:00 a.m.	<b>Breakfast</b>
7:55 a.m.	<b>Daily Overview</b> <i>Hannah C. Nordhues, M.D. and Brandon P. Verdoorn, M.D.</i>
8:00 a.m.	<b>Kidney Stones</b> <i>Mira T. Keddiss, M.D. (*virtual)</i>
8:35 a.m.	<b>Introduction to Longevity and Anti-Aging for the Internist</b> <i>Sara L. Bonnes, M.D., M.S.</i>
9:10 a.m.	<b>Ischemic Stroke Updates for the Internist</b> <i>James P. Klaas, M.D.</i>
<b>9:45 a.m.</b>	<b>Break</b>
10:05 a.m.	<b>Palpitations – The Basics and Beyond</b> <i>Fatima M. Ezzeddine, M.D.</i>
10:40 a.m.	<b>Primary Care of the Patient with CLL</b> <i>Paul J. Hampel, M.D.</i>
11:15 a.m.	<b>Clinical Pearls – Women’s Health</b> <i>Hannah C. Nordhues, M.D.</i>
<b>11:55 a.m.</b>	<b>Lunch Break</b>
1:00 p.m.	<b>Demystifying OSA – Diagnosis, Management, and Prescribing</b> <i>Kara L. Dupuy-McCauley, M.D.</i>
1:35 p.m.	<b>Management of Popular Dietary Supplements</b> <i>Linda Huang, Pharm. D., R.Ph., BCPS</i>
<b>2:10 p.m.</b>	<b>Break</b>
2:30 p.m.	<b>Pharmacotherapy in Dementia</b> <i>Ericka E. Tung, M.D., M.P.H.</i>
3:05 p.m.	<b>Care of the Patient Struggling with Homelessness – Challenges and Opportunities</b> <i>Robert J. Hyde, M.D., M.A.</i>
3:40 p.m.	<b>Adjourn</b>

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<b>Thursday, May 15, 2025</b>	
7:00 a.m.	<b>Breakfast</b>
7:55 a.m.	<b>Daily Overview</b> <i>Hannah C. Nordhues, M.D. and Brandon P. Verdoorn, M.D.</i>
8:00 a.m.	<b>Practice Changing Articles in the Past Year</b> <i>Majken T. Wingo, M.D.</i>
8:35 a.m.	<b>COVID in 2024 and Beyond: Evaluation and Treatment</b> <i>Sidna M. Tullede-Scheitel, M.D., M.P.H.</i>
9:10 a.m.	<b>Optimizing Exercise in Older Adults - How to Keep a Baby Boomer Buff</b> <i>Edward R. Laskowski, M.D.</i>
<b>9:45 a.m.</b>	<b>Break</b>
10:05 a.m.	<b>Crystalline Arthropathies</b> <i>Kerry Wright, M.D., M.B.B.S.</i>
10:40 a.m.	<b>Common Dermatology Cases for the Primary Care Clinician</b> <i>Jenny L. Link, M.D., Ph.D.</i>
11:15 a.m.	<b>Clinical Pearls – Geriatric Medicine</b> <i>Brandon P. Verdoorn, M.D.</i>
<b>11:55 a.m.</b>	<b>Lunch Break (on your own)</b>
1:00 p.m.	<b>Myth Busting and Optimizing PPI Therapy</b> <i>Karthik Ravi, M.D.</i>
1:35 p.m.	<b>Approach to Common Cardiac Exam Findings in Primary Care</b> <i>Jeffrey B. Geske, M.D.</i>
<b>2:10 p.m.</b>	<b>Break</b>
2:30 p.m.	<b>Lyme Disease and Other Tick-Borne Illness</b> <i>Daniel C. DeSimone, M.D.</i>
3:05 p.m.	<b>Updates in Management of Migraines</b> <i>Nathan P. Young, D.O.</i>
3:40 p.m.	<b>Adjourn</b>

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<b>Friday, May 16, 2025</b>	
7:00 a.m.	<b>Breakfast</b>
7:55 a.m.	<b>Daily Overview</b> <i>Hannah C. Nordhues, M.D. and Brandon P. Verdoorn, M.D.</i>
8:00 a.m.	<b>What a Generalist Needs to Know About Autoimmune Interstitial Lung Disease</b> <i>Elena K. Joerns, M.D., M.P.H.</i>
8:35 a.m.	<b>PAD Pearls in 2025</b> <i>Stan Henkin, M.D.</i>
9:10 a.m.	<b>Clearing the Weeds Around Cannabis Use</b> <i>Linda Huang, Pharm. D., R.Ph., BCPS</i>
<b>9:45 a.m.</b>	<b>Break</b>
10:05 a.m.	<b>Social Determinants of Health – How to Take Action as a Clinician</b> <i>Erin C. Westfall, D.O.</i>
10:40 a.m.	<b>Integrative Medicine for the Primary Care Clinician</b> <i>Bright P. Thilagar, M.D.</i>
11:15 a.m.	<b>Men’s Health and the Heart</b> <i>Tobias S. Kohler, M.D., M.P.H.</i>
<b>11:50 a.m.</b> <b>12:00 pm.</b>	<b>Wrap-Up and Closing Remarks – Drs. Nordhues and Verdoorn</b> <b>Adjourn</b>