



**Powering Up Your Practice**

March 23-26, 2025

Dana Point, CA

**IN PERSON & LIVESTREAM**

*Program is in Pacific Time*

<b>Sunday, March 23, 2025</b>	
Moderators: Dr. Sanjeev Nanda, Dr. Marcia Venegas Pont	
1:45 p.m.	<b>Welcome and Course Overview</b>
2:00 p.m.	<b>Neurology - Headache</b> <i>Beth Robertson, MD</i>
2:45 p.m.	<b>Q &amp; A</b>
2:50 p.m.	<b>Nutrition, Exercise and Lifestyle</b> <i>Kyla Lara-Breitinger, MD</i>
3:35 p.m.	<b>Q &amp; A</b>
3:40 p.m.	<b>Preventive Medicine Updates</b> <i>Jay Adusumalli, MBBS, MPH</i>
4:25 p.m.	<b>Q &amp; A</b>
4:30 p.m.	<b>Clinical Pearls in General Internal Medicine</b> <i>John Bundrick, MD</i>
5:15 p.m.	<b>Q &amp; A</b>
5:20 p.m.	Adjourn for the Day

<b>Monday, March 24, 2025</b>	
<b>6:00 a.m.</b>	<b>Continental Breakfast and Registration</b>
Moderators: Dr. Sanjeev Nanda, Dr. Marcia Venegas Pont	
7:00 a.m.	<b>Welcome and Course Overview</b>
7:15 a.m.	<b>Diabetes and Obesity Management</b> <i>Meera Shah, MB, ChB</i>
8:00 a.m.	<b>Q &amp; A</b>
8:05 a.m.	<b>Pulmonary Medicine (Asthma-COPD)</b> <i>Vivek Iyer, MD, MPH</i>
8:50 a.m.	<b>Q &amp; A</b>
8:55 a.m.	Break
9:10 a.m.	<b>Cardiology Part A: Updates in Cardiology Part 1</b> <i>Jeffrey Geske, MD</i>
9:55 a.m.	<b>Q &amp; A</b>
Moderators: Dr. Jennifer Lin, Dr. John Martin, Dr. Kim-Huong Tran	
10:00 a.m.	<b>Cardiology Part B: Updates in Preventive Cardiology Part 2</b> <i>Vlad Vasile, MD, PhD</i>
10:45 a.m.	<b>Q &amp; A</b>
10:50 a.m.	<b>Endocrine Part A</b> <i>Timothy Hsieh, MD</i>
11:35 a.m.	<b>Q &amp; A</b>
11:40 a.m.	Break
12:00 p.m.	<b>Endocrine Part B</b> <i>Timothy Hsieh, MD</i>
12:45 p.m.	<b>Q &amp; A</b>
12:50 p.m.	<b>Allergy and Immunology</b> <i>Avni Joshi, MD, MS</i>

1:35 p.m.	<b>Q &amp; A</b>
1:40 p.m.	Adjourn for the Day

## Tuesday, March 25, 2025

<b>6:00 a.m.</b>	<b>Continental Breakfast</b>
Moderators: Dr. Sanjeev Nanda, Dr. Marcia Venegas Pont	
7:00 a.m.	<b>Practice-Changing Literature Updates for the Outpatient Clinician: Publications and Guidelines</b> <i>Paul Mueller, MD</i>
7:45 a.m.	<b>Q &amp; A</b>
7:50 a.m.	<b>Updates in Rheumatology</b> <i>Steven Lee, DO</i>
8:35 a.m.	<b>Q &amp; A</b>
8:40 a.m.	<b>Updates in Hospital Medicine</b> <i>Deanne Kashiwagi, MD</i>
9:25 a.m.	<b>Q &amp; A</b>
9:30 a.m.	Break
9:45 a.m.	<b>Updates in Infectious Disease</b> <i>Elie Berbari, MD, MBA</i>
10:30 a.m.	<b>Q &amp; A</b>
Moderators: Dr. Jennifer Lin, Dr. John Martin, Dr. Kim-Huong Tran	
10:35 a.m.	<b>Updates in Hematology</b> <i>Carrie Thompson, MD</i>
11:20 a.m.	<b>Q &amp; A</b>
11:25 a.m.	Break
11:40 a.m.	<b>Oncology and Survivorship Updates for the PCP</b> <i>Tiffany Hogan, MD</i>
12:25 p.m.	<b>Q &amp; A</b>
12:30 p.m.	<b>Mental Health and Resiliency for Health Care Providers</b> <i>Jason Szostek, MD</i>
1:15 p.m.	<b>Q &amp; A</b>
1:20 p.m.	Adjourn for the Day

## Wednesday, March 26, 2025

<b>6:00 a.m.</b>	<b>Continental Breakfast</b>
Moderators: Dr. Sanjeev Nanda, Dr. Marcia Venegas Pont	
7:00 a.m.	<b>Dermatology: Dermoscopy and Tips for the Non-Dermatologist</b> <i>Julio C. Sartori Valinotti, MD</i>
7:45 a.m.	<b>Q &amp; A</b>
7:50 a.m.	<b>Women's Health Updates</b> <i>Richa Sood, M.D., M.S.</i>
8:35 a.m.	<b>Q &amp; A</b>
8:40 a.m.	Break
8:55 a.m.	<b>Updates in Gastroenterology</b> <i>Sahil Khanna, MBBS, MS</i>
9:40 a.m.	<b>Q &amp; A</b>
9:45 a.m.	<b>Ophthalmology Perles</b> <i>Amir Khan, MD</i>
10:30 a.m.	<b>Q&amp;A</b>
Moderators: Dr. Jennifer Lin, Dr. John Martin, Dr. Kim-Huong Tran	
10:35 a.m.	<b>PMR/Regenerative Medicine Perles</b>

	<i>Robert Nied, MD</i>
11:20 a.m.	<b>Q &amp; A</b>
11:25 a.m.	Break
11:35 a.m.	<b>Perioperative Medicine</b> <i>Michael Mikhail, MD</i>
12:20 p.m.	<b>Q &amp; A</b>
12:25 p.m.	<b>Medicine and AI</b> <i>Chris Stephenson, MD, MHPE</i>
1:10 p.m.	<b>Q &amp; A</b>
1:15 p.m.	Adjourn