

**Mayo Clinic and Kaiser Permanente  
Updates in Family Medicine  
March 13-15, 2025**

*\*All times listed in **PACIFIC** time zone.*

Thursday, March 13, 2025	
6:30 a.m.	Registration / Breakfast and Exhibitors
7:20 a.m.	Welcome and Conference Overview Nathan A. Jacobson, D.O. and Sean T. Powell, M.D.
7:30 a.m.	Simplifying the Shoulder Exam: What Every Primary Care Physician Needs to Know Christopher L. Camp, M.D.
8:05 a.m.	Transgender Care in Family Medicine Keith A. Roe, APRN, C.N.P., D.N.P.
8:40 a.m.	Updates for the Primary Care Provider – STI, Hepatitis and HIV 2025 MJ J. Kasten, M.D.
9:15 a.m.	Break and Exhibitors
9:30 a.m.	Nonalcoholic Fatty Liver Disease William Sanchez, M.D.
10:05 a.m.	Low Down on LDL: Navigating Non-Statins Therapies Danielle M. Firkus, Pharm.D., R.Ph., BCPS
10:40 a.m.	Review of ACLS Brittane J. Samuelson, M.D.
11:15 a.m.	Break and Exhibitors
11:30 a.m.	Skin Cancer for Primary Care - Confidently Identify, Diagnose, and Treat William J. Ward, M.D.
12:05 p.m.	Health Topics in the Aging Male Hossein Mirheydar, M.D. (KP)
12:40 p.m.	Congestive Heart Failure in Primary Care Paul M. McKie, M.D.
1:15 p.m.	Day Wrap-up
1:20 p.m.	Adjourn
1:30 – 5:30 p.m.	Heart Disease ABFM KSA (Optional, In-person only, Additional Fee to Attend) Elizabeth Cozine, M.D., Paul M. McKie, M.D., Meghan G. Theofiles, M.D.

Friday, March 14, 2025	
6:30 a.m.	Breakfast and Exhibitors
6:45 – 7:15 a.m.	Breakfast with the Experts ( <i>Optional, In-Person Only</i> ) Select Thursday Presenters
7:20 a.m.	Overview of Day
7:30 a.m.	Dizziness: My Oh My! Elizabeth Westby, M.D.
8:05 a.m.	I Checked an ANA...Now What? Steve S. Lee, D.O.
8:40 a.m.	Endometriosis and Pelvic Pain Isabel C. Green, M.D.
9:15 a.m.	Break and Exhibitors
9:30 a.m.	Obstructive Sleep Apnea Meghna P. Mansukhani, M.D.
10:05 a.m.	Stroke / Cerebrovascular Disease Update Eugene L. Scharf, M.D.
10:40 a.m.	Esophageal Dysfunction Chamil C. Codipilly, M.D.
11:15 a.m.	Break and Exhibitors
11:30 a.m.	Pharmacogenomics for Primary Care Providers Alison Quinn, PharmD (KP)
12:05 p.m.	Vaccine Update: What's New for 2025 Robert M. Jacobson, M.D.
12:40 p.m.	Refractory Anxiety/Depression Thomas G. Salter, M.D.
1:15 p.m.	Day Wrap-up
1:20 p.m.	Adjourn Day

Saturday, March 15, 2025	
6:30 a.m.	Breakfast and Exhibitors
6:45 – 7:15 a.m.	Breakfast with the Experts ( <i>Optional, In-Person Only</i> ) Select Friday Presenters
7:20 a.m.	Overview of Day
7:30 a.m.	Perioperative Medicine: The PMed Clinic – New Frontiers in Surgical Medicine Vimal Desai, M.D. (KP)
8:05 a.m.	Managing Menopause in the Shadow of the Women’s Health Initiative Carol L. Kuhle, D.O., M.P.H.
8:40 a.m.	Nutritional Counseling in a Crunch Regina B. Ragasa, D.O. (KP)
9:15 a.m.	Pediatric Urology Cases for the Family Practitioner Anna B. Strand, APRN, C.N.P., M.S.N.
9:50 a.m.	Break and Exhibitors
10:05 a.m.	Topic TBD Tyler S. Oesterle, M.D., M.P.H.
10:40 a.m.	Evaluation of Thyroid Hormones: Myths, Truths, and In-Between Mabel Ryder, M.D.
11:15 a.m.	Thrombocytopenia/Thrombocytosis Carrie A. Thompson, M.D.
11:50 a.m.	Conference Highlights and Wrap Up Sean T. Powell, M.D.
12:05 p.m.	Adjourn

**PHARMACOLOGY CONTENT**

Some presentations will contain pharmacology content. It is the responsibility of the individual learner to determine the amount of pharmacology content.