



Mayo Clinic Pediatric Days 2025

January 12-16, 2025

Fairmont Orchid – Kohala Coast, HI

IN PERSON & LIVESTREAM

Program is in Hawaii Standard Time (HST)

Course Directors: Angela Mattke, M.D. FAAP

Jason Anderson, M.D. FAAP

Sunday, January 12, 2025	
6:15 a.m.	Breakfast Buffet
6:50 a.m.	Welcome and Course Overview <i>Jason Anderson, M.D.</i>
DEVELOPMENTAL AND BEHAVIORAL HEALTH	
7:00 a.m.	Hidden Pitfalls of ADHD <i>Eric Pease, D.O., M.B.A.</i>
7:30 a.m.	Prescribing for Children with Developmental Disabilities <i>Flora Howie, M.D.</i>
8:00 a.m.	Panel Q&A
8:15 a.m.	AMBERG-HELMHOLZ PROFESSORSHIP LECTURE: Because We Give It All Away: Self-care for Depleted Clinicians <i>Kristin Vickers, Ph.D., L.P.</i>
9:15 a.m.	Refreshment Break
9:45 a.m.	Behavioral Management 101 <i>Megan Cassidy, Ph.D., L.P.</i>
10:15 a.m.	Fighting the Monsters Under the Bed: The Pediatrician’s Role in Screening for and Treating Trauma <i>Katie Johnson, M.D.</i>
10:45 a.m.	Tricks to Manage Tics and Their Psychiatric Comorbidities <i>Eric Pease, D.O., M.B.A.</i>
11:15 a.m.	Non-Suicidal Self-Injury in Adolescents <i>Abigail Matthews Ph.D., L.P.</i>
11:45 a.m.	Panel Q&A
12:15 p.m.	Adjourn for the Day

Monday, January 13, 2025	
6:15 a.m.	Breakfast Buffet
6:55 a.m.	Announcements and Introduction <i>Angela Mattke, M.D.</i>
UPDATES IN EVIDENCE BASED CARE	
7:00 a.m.	2025 Update on Childhood and Adolescent Vaccines <i>Robert Jacobson, M.D.</i>
8:00 a.m.	High Impact Articles of 2024: Evidence Based Review <i>David (DJ) Hall, M.D., and Jason (Jay) Homme M.D.</i>
9:00 a.m.	Panel Q&A
9:30 a.m.	Refreshment Break
EMERGENCY AND HOSPITAL MEDICINE UPDATES	
10:00 a.m.	Amoxicillin to Chest Tubes: Clearing the Air on Community Acquired Pneumonia <i>Erin Knoebel, M.D., M.P.H.</i>
10:30 a.m.	Evaluation of the Fussy Infant <i>Meghan Cain, M.D.</i>
11:00 a.m.	Signs of Sex Trafficking Among Children and Teens <i>Cree Kachelski, M.D.</i>
11:30 a.m.	Early Recognition and Management of Pediatric Sepsis: New Guidance for an Old Problem <i>Emily R. Levy, M.D.</i>
12:00 p.m.	Panel Q&A
12:30 p.m.	Adjourn for the Day

Tuesday, January 14, 2025	
6:15 a.m.	Breakfast Buffet
6:55 a.m.	Announcements and Introduction <i>Angela Mattke, M.D.</i>
OBESITY CARE UPDATES	
7:00 a.m.	Sensitive Discussions Around Obesity and Weight <i>Marcie L. Billings, M.D. and Bridget K. Biggs, Ph.D., L.P.</i>
7:30 a.m.	Risk Factors, Assessment, and Health Behavior and Lifestyle Treatment for the Pediatric Patient with Obesity <i>Brian A. Lynch, M.D.</i>
8:00 a.m.	Pharmacotherapy and Bariatric Surgery for Pediatric obesity: An Update <i>Seema Kumar, M.D.</i>
8:30 a.m.	Metabolic Dysfunction-Associated Steatotic Liver Disease (MASLD): Advances in Screening and Management <i>Samar H. Ibrahim, M.B., Ch.B.</i>
9:00 a.m.	Panel Q&A
9:30 a.m.	Refreshment Break
SPECIALTY CARE UPDATES	
10:00 a.m.	Small Gland, Big Impact: Pediatric Thyroid Disorders <i>Siobhan T. Pittock, M.B., B.Ch.</i>
10:30 a.m.	Updates in Epilepsy <i>Paul Youssef, D.O.</i>
11:00 a.m.	An Endocrinologist Approach to Growth Concerns in Children <i>Ana Creo, M.D.</i>
11:30 a.m.	Sun and Sun Protection <i>Dawn Davis, M.D.</i>

12:00 p.m.	Panel Q&A
12:30 p.m.	Adjourn for the Day

Wednesday, January 15, 2025	
6:15 a.m.	Breakfast Buffet
6:55 a.m.	Announcements and Introduction <i>Angela Mattke, M.D.</i>
THE BIG DEBATE	
7:00 a.m.	Tackling the Tough Question: Should Kids Play Football <i>Dave Soma, M.D. and Luke Radel, M.D.</i>
7:50 a.m.	Tongue Tie: Does the Evidence Support Interventions <i>Jay Homme M.D. and Victoria Tuen-Behm, M.D.</i>
8:40 a.m.	Universal ECG and Echocardiograms Before Sports Participation and Sudden Cardiac Death <i>Philip L. Wackel, M.D. and Jonathan N. Johnson, M.D.</i>
9:30 a.m.	Refreshment Break
HOT TOPICS IN PEDIATRICS	
10:00 a.m.	Preventing and Managing Vaccine Hesitancy <i>Robert Jacobson, M.D.</i>
10:30 a.m.	What is New in STI Treatment and Prevention <i>Asma Chattha, M.B.B.S.</i>
11:00 a.m.	Hot Topics in Pediatric Nutrition and Gastroenterology <i>Dana Steien, M.D.</i>
11:30 a.m.	Acne Science and Pseudoscience <i>Megha M. Tollefson, M.D.</i>
12:00 p.m.	Panel Q&A
12:30 p.m.	Lunch on your own
Interactive Session	
1:30 p.m.	Bracing and Splinting Hands-on Workshop <i>David Soma, M.D. and Luke Radel, M.D.</i>
3:00 p.m.	Adjourn for the Day

Thursday, January 16, 2025	
6:15 a.m.	Breakfast Buffet
6:55 a.m.	Announcements and Introduction <i>Angela Mattke, M.D.</i>
SURGICAL CARE UPDATES	
7:00 a.m.	Strabismus <i>Eric Kim, M.D.</i>
7:30 a.m.	Plumbing Problems in the Nursery: Updates on Hydronephrosis and Associated Urologic Abnormalities <i>Candace Granberg, M.D.</i>
8:00 a.m.	Developmental Hip Dysplasia <i>Emmanouil Grigoriou, M.D.</i>
8:30 a.m.	Innovative Approaches to the Treatment of Appendicitis <i>Stephanie Polites, M.D., M.P.H.</i>
9:00 a.m.	Panel Q&A
9:30 a.m.	Refreshment Break
SPECIALTY CARE UPDATES	
10:00 a.m.	Pro-Calcitonin or Con-Calcitonin: Is Procalcitonin a Useful Biomarker in Children? <i>Nipunie Rajapakse, M.D., M.P.H.</i>

10:30 a.m.	Evaluating of Recurrent Infections – Who and When to Test? <i>Avni Joshi, M.D., M.S</i>
11:00 a.m.	Post-Viral Fatigue and Pain Syndromes <i>Kelsey Klaas, M.D.</i>
11:30 a.m.	Bone Health in Children <i>Peter Tebben, M.D.</i>
12:00 p.m.	Panel Q&A
12:30 p.m.	Course Adjourns