



Urgent Care Updates April 6-8, 2025

**All times listed in Eastern time.*

Sunday, April 6, 2025	
7:00 a.m.	Registration, Breakfast and Exhibitors
7:50 a.m.	Welcome and Conference Overview Nathan A. Jacobson, D.O. and Jennifer M. Frank, APRN, C.N.P.
8:00 a.m.	Best Practice in Sports Physicals David B. Soma, M.D.
8:35 a.m.	ECG Tricks of the Trade Heather A. Heaton, M.D., M.S.
9:10 a.m.	Ortho Radiology Neha P. Raukar, M.D., M.S.
9:45 a.m.	Coffee Break
10:00 a.m.	Sports Dermatology David B. Soma, M.D.
10:35 a.m.	Bleeding First Trimester Heather A. Heaton, M.D., M.S.
11:10 a.m.	Migraines Neha P. Raukar, M.D., M.S.
11:45 a.m.	Refreshment Break
12:00 p.m.	Topical Steroids Mark Denis P. Davis, M.D.
12:35 p.m.	Talking People Down Off the Cliff Kristin S. Vickers, Ph.D., L.P.
1:10 p.m.	Day Wrap-up Nathan A. Jacobson, D.O. and Jennifer M. Frank, APRN, C.N.P.
1:20 p.m.	Adjourn Day

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Monday, April 7, 2025	
7:15-7:45 a.m.	Breakfast with the Experts (<i>Optional, In-Person Only</i>) Select Sunday Presenters
7:50 a.m.	Overview of Day Nathan A. Jacobson, D.O. and Jennifer M. Frank, APRN, C.N.P.
8:00 a.m.	High-yield PT Pearls to Common MSK Injuries Mike P. Trenary, P.T., D.P.T.
8:35 a.m.	Paronychia and Finger Infections Luke E. Wood, D.O.
9:10 a.m.	Point of Care Ultrasound Venkatesh R. Bellamkonda, M.D.
9:45 a.m.	Coffee Break
10:00 a.m.	Hyperglycemia Sarah A. Reiland, APRN, C.N.P.
10:35 a.m.	Anaphylaxis- How to Recognize and React Luke E. Wood, D.O.
11:10 a.m.	Burnout/Self Care Venkatesh R. Bellamkonda, M.D.
11:45 a.m.	Refreshment Break
12:00 p.m.	Antibiotic Stewardship - When and Why Not to Give Kelsey L. Jensen, Pharm.D., R.Ph., BCPS
12:35 p.m.	Neuralgia: Perfecting the Nerve Blocks Stephen P. Merry, M.D.
1:10 p.m.	Day Wrap-up Nathan A. Jacobson, D.O. and Jennifer M. Frank, APRN, C.N.P.
1:20 p.m.	Adjourn Day

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Tuesday, April 8, 2025	
7:15-7:45 a.m.	Breakfast with the Experts (<i>Optional, In-Person Only</i>) Select Monday Presenters
7:50 a.m.	Overview of Day Nathan A. Jacobson, D.O. and Jennifer M. Frank, APRN, C.N.P.
8:00 a.m.	Sideline Emergencies Kristi M. Colbenson, M.D.
8:35 a.m.	Evaluation and Treatment of Pharyngitis and Sinusitis Jim L. Homme, M.D.
9:10 a.m.	Breast Concerns Danielle J. O'Laughlin, P.A.-C., M.S.
9:45 a.m.	Coffee Break
10:00 a.m.	Mastering Ortho Exam Skills Kristi M. Colbenson, M.D.
10:35 a.m.	A Potpourri of Pediatric Rashes Jim L. Homme, M.D.
11:10 a.m.	Sexually Transmitted Diseases Danielle J. O'Laughlin, P.A.-C., M.S.
11:45 a.m.	Refreshment Break
12:00 p.m.	Suturing Best Practices Molly E. Lohman, M.D.
12:35 p.m.	Topic TBD Speaker TBD
1:10 p.m.	Closing Comments/Wrap-up Nathan A. Jacobson, D.O. and Jennifer M. Frank, APRN, C.N.P.
1:20 p.m.	Adjourn Conference

PHARMACOLOGY CONTENT

Some presentations will contain pharmacology content. It is the responsibility of the individual learner to determine the amount of pharmacology content.