

21st Annual Women's Health Update	
Hilton Scottsdale Resort & Villas, Scottsdale, Arizona	
March 20-22, 2025	
Mountain Standard Time	

Thursday March 20, 2025	
The Menopause Society Menopause 101 (OPTIONAL - Separate Fee)	
6:30 AM	Menopause 101 Registration & Continental Breakfast
7:20 AM	Welcome Announcements Jewel M. Kling, M.D.
7:30 AM	Menopause 101 Jewel M. Kling, M.D.
8:00 AM	Menopause Management Cynthia A. Stuenkel, M.D.
8:30 AM	Sexual Health Taryn L. Smith, M.D.
9:00 AM	Break
9:30 AM	Non-Hormone Therapies for Menopause Denise M. Millstine, M.D.
10:00 AM	CV Health Chrisandra L. Shufelt, M.D.

10:30 AM	Midlife Weight Gain Ekta Kapoor, M.D.
11:00 AM	Q & A Session Session Faculty
11:30 AM	LUNCH - <i>For Menopause 101 Attendees Only</i>
12:00 PM	Registration
	MODERATORS: Ekta Kapoor, M.D., Jewel M. Kling, M.D., and Denise M. Millstine, M.D.
12:30 PM	Welcome Announcements
12:45 PM	Longevity Medicine: Science Fact or Science Fiction Chrisandra L. Shufelt, M.D.
	Breast
1:15 PM	Approach to Benign Breast Disease: Breast Pain, Nipple Discharge and Undifferentiated Breast Mass Jessica L. Fraker, M.D.
1:45 PM	Updates in Breast Imaging including Supplemental Imaging Laura K. Harper, M.D.
2:15 PM	Question and Answer Session Session Faculty

2:45 PM	Refreshment Break
	Gynecology
3:15 PM	Updates in Cervical Cancer Screening Margaret E. Long, M.D.
3:45 PM	Pelvic Pain: Adenomyosis, Endometriosis and Beyond Megan N. Wasson, D.O.
4:15 PM	Endometrial Cancer: How to Screen, Diagnose and Treat Kristina A. Butler, M.D., M.S.
4:45 PM	Question and Answer Session Session Faculty
5:15 PM	Adjourn
Friday	March 21, 2025
6:45 AM	Continental Breakfast
6:45 AM	Optional Roundtable Discussions: 45 minutes each (separate fee)
	Menopause Basics – How to Diagnose, Role of Checking Hormones, Approach to Treatment (in-person & livestream) Sara S. Shihab, M.D. (in-person) Jewel M. Kling, M.D. (livestream)
	An Approach to Low Libido – How do you Work it up and Pearls About Treatment Options Talia Sobel, M.D. (in-person only)

	<p>Breast Density – What to do About it? Cases and More Jessica L. Fraker, M.D. (in-person only)</p>
7:35 AM	<p>Welcome Announcements</p>
	<p>MODERATORS: Ekta Kapoor, M.D., Jewel M. Kling, M.D., and Denise M. Millstine, M.D.</p>
	<p>Hormones & Menopause</p>
7:40 AM	<p>Contraception for Non-contraception Paru S. David, M.D.</p>
8:10 AM	<p>Menopausal Hormone Therapy - Clinical Pearls Susan Kok, M.D.</p>
8:40 AM	<p>Menopause Management After Early Menopause Cynthia A. Stuenkel, M.D.</p>
9:10 AM	<p>Menopause HT Case Challenges Taryn L. Smith, M.D. Panel: Susan N. Kok, M.D., Nanette Santoro, M.D., Jewel M. Kling, M.D., Cynthia A. Stuenkel, M.D.</p>
9:40 AM	<p>Question and Answer Session Session Faculty</p>
10:20 AM	<p>Refreshment Break</p>
	<p>Dermatology & Other Skin Findings</p>
10:50 AM	<p>Hair Loss Alison J. Bruce, M.B., Ch.B.</p>
11:20 AM	<p>Vulvar Dermatoses & Vaginal Products in Peri and Postmenopause Leah A. Swanson, M.D.</p>

11:50 AM	Urticaria - An Approach to Evaluation and Treatment Rohit D. Divekar, M.B.B.S., Ph.D.
12:20 PM	Question and Answer Session Session Faculty
12:50 PM	LUNCH (provided)
Hot Topics	
1:40 PM	Impact of Lifestyle on Breast Cancer Prevention Dawn M. Mussallem, D.O.
2:10 PM	Long COVID Treatment Nerissa M. Collins, M.D.
2:40 PM	Question and Answer Session Session Faculty
3:10 PM	Refreshment Break
Sex, Gender & Fertility	
3:40 PM	Sexual Health – Tips and Tricks Talia Sobel, M.D.
4:10 PM	Multidisciplinary Care in Transgender Health Bob K. Horsley, M.D.
4:40 PM	Updates in PCOS Diagnosis and Treatment Suneela Vegunta, M.D.
5:10 PM	Question and Answer Session Session Faculty

5:40 PM	Adjourn
Saturday	March 22, 2025
6:30 AM	Wellness Class - Qi Gong Debbie Elam
6:30 AM	Continental Breakfast
6:45 AM	Optional Roundtable Discussions: 45 minutes each (separate fee)
	Menopause – Non-hormone Treatment Denise M. Millstine, M.D. (livestream)
	Vaginal Health & Products Nicola A. Nicholson, P.A.-C., M.S. (in-person only)
	Osteoporosis/Bone Health Krupa B. Doshi, M.D. (in-person only)
7:35 AM	Announcements Moderators: Ekta Kapoor, M.D., Jewel M. Kling, M.D., and Denise M. Millstine, M.D.
	PRIMARY CARE +
7:40 AM	Top (6-10) Studies in Women’s Health Over the Last Year Sara S. Shihab, M.D.
8:10 AM	Androgen in Women: Friend or Foe Nanette Santoro, M.D.
8:40 AM	(SSRI Updates) Ashley A. Stillwell, D.O.

9:20 AM	Question and Answer Session Session Faculty
9:50 AM	Refreshment Break
	Pain+
10:20 AM	Sex and Gender Based Differences in Pain (Including Transgender People) Natalie H. Strand, M.D.
10:50 AM	Opioid Use Disorder: Where Do We Go from Here? Holly L. Geyer, M.D.
11:10 AM	Question and Answer Session Session Faculty
	Wellbeing
11:40 AM	Human Trafficking: Identification and Factors to Know as a Clinician Dominique Roe-Sepowitz, MSW, Ph.D.
12:15 PM	Resilience Across Your Career Anjali Bhagra, M.D., M.B.A.
1:15 PM	Question and Answer Session Session Faculty
1:30 PM	Adjourn