

Clinical Updates in Pain Medicine
Ritz Carlton Half-Moon Bay, CA
April 10-12, 2025 (Pacific Time)

Thursday, April 10, 2025	
6:45 a.m.	Registration, Breakfast & Exhibits Salon Foyer
7:30 a.m.	Welcome and Introduction <i>Susan M. Moeschler, M.D., Oludare (Dare) O. Olatoye, M.D., Richard H. Rho, M.D.</i>
7:45 a.m.	Common Neuropathic Pain Conditions – Exam and Testing <i>James C. Watson, M.D.</i>
8:30 a.m.	Update on Opioid Prescribing Guidelines: What is Appropriate use? <i>Jillian A. Maloney, M.D.</i>
9:00 a.m.	Buprenorphine for Patients with Chronic Pain <i>Benjamin Lai, M.B., B.Ch., B.A.O.</i>
9:30 a.m.	Common Medications to Treat Neuropathic Pain <i>James C. Watson, M.D.</i>
9:45 a.m.	Q & A Panel
10:00 a.m.	Refreshment Break & Exhibits
10:15 a.m.	Low Back Pain <i>John A. Freeman, D.O.</i>
11:00 a.m.	Imaging of the Spine <i>Christin A Tiegs-Heiden, M.D.</i>
11:45 a.m.	Cases in Spine Care <i>Nick C. Canzanello, D.O.</i>
12:15 p.m.	Q & A Panel
12:30 p.m.	Break – Exhibits - Grab Lunch
12:45 p.m.	Lunch & Learn: Strategies and Resources at Home for CBT <i>Cynthia O. Townsend, Ph.D., L.P., Joan B. B. Cronin, APRN, CNS, M.S.</i>
1:30 p.m.	Clinical Approach to Neck Pain <i>Timothy J. Lamer, M.D.</i>
2:00 p.m.	Headache: Clinical Approach <i>Stephanie J. Steel, M.D.</i>
2:45 p.m.	Q&A Panel
3:00 p.m.	Adjourn

Friday, April 11, 2025	
6:45 a.m.	Breakfast – Exhibits Salon Foyer
7:20 a.m.	Welcome
7:30 a.m.	Optimizing the Patient Experience <i>Terry L. Hunt II, M.D., M.B.A.</i>
8:00 a.m.	Nutrition Interventions for Chronic Pain

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	<i>Chelsey M. Hoffmann, P.A.-C., M.S.</i>
8:30 am	Lifestyle Medicine <i>Jon M. Hagedorn, M.D.</i>
9:00 a.m.	Q&A Panel
9:15 a.m.	Migraine Headache <i>Stephanie J. Steel, M.D.</i>
9:45 a.m.	Facial Pain <i>Narayan R. Kissoon, M.D.</i>
10:15 a.m.	Q & A
10:30 a.m.	Break
10:45 a.m.	Fibromyalgia & Chronic Fatigue <i>Arya B. Mohabbat, M.D.</i>
11:30 a.m.	Addressing Co-Morbid Anxiety and Depression <i>Kristin J. Somers, M.D.</i>
12:00 p.m.	Q & A Panel
12:15 p.m.	Break – Exhibits – Grab Lunch
12:30 p.m.	Lunch & Learn: What is the Role of Ketamine in Chronic Pain? <i>Natalie H. Strand, M.D.</i>
1:00 p.m.	Cannabinoids <i>Jacob J. Strand, M.D.</i>
1:45 p.m.	The Obesity Epidemic and Chronic Pain <i>Michael J. Derr, DO</i>
2:15 p.m.	Management of Opioid Induced Side Effects <i>Molly Feely, M.D.</i>
2:45 p.m.	Q&A Panel
3:00 p.m.	Adjourn

Saturday, April 12, 2025	
6:45 a.m.	Breakfast – Exhibits
7:20 a.m.	Welcome
7:30 a.m.	Approach to the Patient with Chronic Abdominal Pain <i>Rosie Frazier, M.D.</i>
8:00 a.m.	Approach to the Patient with Chronic Pelvic Pain <i>Isabel C. Green, M.D.</i>
8:30 a.m.	Q&A Panel
8:45 a.m.	Pharmacogenomics: Strategic Selection of Pain Medications for Your Patient <i>Sanny Juresic, PharmD</i>
9:15 a.m.	Perioperative Management of Patients with Chronic Pain <i>Christopher S. Wie, M.D.</i>
9:45 a.m.	Q&A Panel
10:00 a.m.	Break
10:15 a.m.	Goals of Care Discussion

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	<i>Jacob J. Strand, M.D., Christopher A. Collura, M.D.</i>
11:00 a.m.	Cases from the Clinic: Chronic Pain <i>Fransoua F. Her, M.D., Ph.D., Melissa R. Kenevan, M.D.</i>
11:30 a.m.	Clinical Pearls: Central Neuropathic Pain <i>Jennifer I. Stern, M.D.</i>
12:00 p.m.	Closing Summary
12:15 p.m.	Adjourn