

Mayo Clinic General Internal Medicine

A Systematic Approach to Medically Unexplained Symptoms 2025



Four Seasons Chicago
120 East Delaware Place
Chicago, IL 60611

EXHIBITOR PROSPECTUS

August 13-16, 2025

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To reserve your exhibitor space, please complete the required forms and payment online.

Select Exhibitor tab on the [course website](https://ce.mayo.edu/unexplained2025) (ce.mayo.edu/unexplained2025)

Paper copies or pay by check: please contact us at rstgimcme@mayo.edu

Welcome

Dear Exhibitors,

On behalf of Mayo Clinic General Internal Medicine, we are pleased to invite you to participate in A Systematic Approach to Medically Unexplained Symptoms that will take place August 13-16, 2025, at Four Seasons, Chicago, IL. This course is intended for physicians, nurse practitioners, and physician assistants who practice in or have a special interest in treating medically complex patients. In addition to the General Session, 2025 will also include an optional workshop **Burnout, Well-Being, and Resiliency** on Wednesday afternoon, 8/13/2025.

The purpose of the meeting is to provide a diagnostic framework/template for medically unexplained conditions with shared etiologies and presentations. Subsequently, more specific management strategies for each condition will be provided, along with various clinical pearls. The program will cover various medically unexplained conditions seen throughout the scope of internal medicine, selecting from a variety of pertinent general and subspecialty-derived conditions. Expert faculty will present evidence and case-based clinical approaches. The purpose of the Healthy Living Workshop is to discuss the benefits of a healthy lifestyle habits for the healthcare professionals and patients.

We have 29 expert faculty members presenting on topics that are highly relevant to the practitioner. The topics have been carefully selected to attract a wide range of attendees from sub-specialties within internal medicine. We are anticipating an audience of approximately 250 attendees, offering both in-person and virtual (livestream) option for attendees.

To view the entire program and additional information please visit ce.mayo.edu/unexplained2025

We are offering in-person exhibit space. To reserve your spot, please complete the online Letter of Agreement, and pay the exhibit fee in the amount of \$2,000.

Sincerely,

Course Directors for A Systematic Approach to Medically Unexplained Symptoms 2025

Arya Mohabbat, MD	Michael Mueller, MD	Elizabeth (Liz) Wight, MD
<i>Assistant Professor of Medicine, Mayo Clinic</i>	<i>Assistant Professor of Medicine, Mayo Clinic</i>	<i>Assistant Professor of Medicine, Mayo Clinic</i>
<i>Course Director</i>	<i>Course Director</i>	<i>Course Director</i>

Dates and Location

Meeting Date

Wednesday - Saturday

August 13, 2025 - August 16, 2025

2025 Meeting Location

Four Seasons Hotel Chicago

120 East Delaware Place

Chicago, IL 60611

Course Website ce.mayo.edu/unexplained2025

Planning Committee and Key Contacts

Planning Committee

Alan Janssen
Operations manager

Sandhya Pruthi, MD
Planning member, AAFP Diplomate

LaSonya Natividad, ARNP, CNP, MSN
Planning member, Nursing diplomate

Key Contacts

Deb Blomberg, MBA
Program Manager – CME
Direct line: 507-284-8781
Email: rstgimcme@mayo.edu

Sheila Terrill
Program Liaison
Direct line: 507-422-5140
Email: rstgimcme@mayo.edu

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Conference Highlights

Topics and speakers are carefully chosen to provide quality, practical and evidence-based sessions.

Presentation Topics for 2025 include:

- Central Sensitization
- Fibromyalgia
- Chronic Fatigue Syndrome
- Rheumatology
- Approach to Chronic Headaches
- Chest Pain & Palpitations
- Controversies in Allergy-Immunology
- Long COVID Syndrome
- Unexplained Chronic Cough
- Women's Health in Medically Unexplained Symptoms
- Approach to Breast Pain
- Psychiatry in Medically Unexplained Symptoms
- Unexplained Pelvic Pain and Dysfunction
- Adrenal Fatigue
- Evaluation of Thyroid Hormones
- Insomnia
- Approach to Chronic Gastrointestinal Symptoms
- Approach to Cognitive Rehabilitation
- Postural Tachycardia Syndrome
- Patient Stories and Medically Unexplained Symptoms
- Burnout, Well-Being and Resiliency Workshop
 - Tackling Burnout and Related Syndromes in the Healthcare Team
 - Practical Aspects of Leading a Healthy Lifestyle
 - Wellness Coaching
 - SMART Approach to Resiliency
 - Experiential Mindfulness

Why Exhibit?

Technical and educational exhibits provide a professional and educational environment in which the physician can receive demonstrations, view products and services and discuss the clinical and surgical uses of these products and services, including how they may improve the quality of care and the management of the medical/surgical practice. Additionally, the exhibits enhance the educational content of the meeting helping to provide quality continuing medical education.

Benefits:

- Interact face-to-face with influential decision makers in the field of internal medicine
- Build visibility for your company in a competitive marketplace
- Expand your customer base and strengthen existing customer relationships
 - Introduce new products and services

General Exhibitor Information

EXHIBIT CONTACT:

Deb Blomberg
Mayo Clinic General Internal Medicine
200 First ST SW
Mayo Building 17-40E
Rochester, MN 55905
Ph: 507-284-8781
E-mail: rstgimcme@mayo.edu

EXHIBIT FEE \$2,000

- Attendee list including Name, Credentials, City, State
- In-Person Booth
 - (1) 6' draped table (2) chairs
 - ID sign
 - General maintenance of the common areas of the exhibit hall

EXHIBITOR ASSIGNMENTS

Every effort will be made to give exhibitors their first choice of location. In case of conflicting requests, priority will be determined on the basis of:

1. Amount of space requested
2. Date full payment was received
3. Special needs of the exhibitors

Booth assignments will be made when full payment is received.

Exhibit Hall Schedule

PRELIMINARY SCHEDULE (Subject to change)

Tuesday, August 12, 2025

Exhibitor Set-Up 4:00 PM – 5:00 PM

EXHIBIT HOURS:

Wednesday, August 13, 2025 7:15 AM – 5:05 PM

Thursday, August 14, 2025 7:00 AM – 1:35 PM

Friday, August 15, 2025 7:00 AM – 1:05 PM

Saturday, August 16, 2025 7:00 AM – 11:15 AM

Saturday, August 16, 2026

Exhibitor Tear Down 11:15 AM – 1:00 PM

SHIPPING INFORMATION:

Materials may be shipped to The Four Seasons Hotel Chicago. All shipments should not be delivered to the Hotel more than (3) three business days prior to the Event. Shipping charges are the responsibility of the exhibitor.

Shipping Address

Banquet Department – Att. Emma Harner

Contact: Emma Harner - *Mayo Clinic-Pre-Assembly Area*

Four Seasons Hotel

120 East Delaware Place

Chicago, IL 60611, USA

Contact the hotel to coordinate the shipping.

Emma Harner, Catering & Conference Services Manager

Voice: (312) 649-2356

Emma.Harner@fourseasons.com

Hotel Accommodations

Guest rooms have been reserved for attendees and their guests with special course rates at Four Seasons Hotel Chicago. In order to receive the special rate, reservations must be made before the room block is filled or before the *expiration date of July 21, 2025*, whichever comes first. Reservations will be taken following this date based on space and rate availability.

Reserve early, the room block and hotel are expected to fill.

Online Reservations

[Four Seasons Online Reservations](#)

1. Enter stay dates* under "Check-in / Check-out"
 - a. When booking on the website, guests must enter dates within the contracted date range of August 12-17, 2025. If they enter shoulder dates, the code will appear invalid. Should guests prefer to book outside of this date range to extend their stay, please call our on-site Reservations team directly (instructions below). Please note shoulder dates and rates are based on hotel availability.
2. Under Promo Code, type in 250805MCS (do not copy and paste the code as it will appear invalid)
3. Click "Check Rates"
4. The below screen will appear with the option to select the one of the room options at \$375.00 and proceed to confirm reservation

Reservation team phone: 1-312-280-8800

Reference the group name when booking your reservation "Mayo Clinic 2025 program" or the block code 250805MCS.

Room Block Details

- King Bedded Room \$375 per night (plus city taxes 4.5%, state tax 11.9%, county tax 1%)
 - A *maximum* of three (3) adults will be allowed per room. An additional charge of \$40.00 per night will be assessed for a third adult (18 years or older)
- Waived fee for rollaway bed
- Complimentary basic wireless internet in guestrooms
- Complimentary access to the Swimming Pool and 24-hour Fitness Center

Parking:

Hotel offers limited valet-only parking. Current hourly valet parking rates apply.

- Valet parking for \$77 per night.
- Self-parking is available in the 900 North Michigan building for \$54 per night.

All travel and lodging expenses are the sole responsibility of the individual exhibitor.



We look forward to seeing you at Four Seasons Hotel Chicago, IL!