



Powering Up Your Practice

March 23-26, 2025

Dana Point, CA

IN PERSON & LIVESTREAM

Program is in Pacific Time

Sunday, March 23, 2025	
Moderators: Dr. Sanjeev Nanda, Dr. Marcia Venegas Pont	
1:45 p.m.	Welcome and Course Overview
2:00 p.m.	Neurology - Headache <i>Beth Robertson, MD</i>
2:45 p.m.	Q & A
2:50 p.m.	Nutrition, Exercise and Lifestyle <i>Kyla Lara-Breitinger, MD</i>
3:35 p.m.	Q & A
3:40 p.m.	Preventive Medicine Updates <i>Jay Adusumalli, MBBS, MPH</i>
4:25 p.m.	Q & A
4:30 p.m.	Clinical Pearls in General Internal Medicine <i>John Bundrick, MD</i>
5:15 p.m.	Q & A
5:20 p.m.	Adjourn for the Day

Monday, March 24, 2025	
6:00 a.m.	Continental Breakfast and Registration
Moderators: Dr. Sanjeev Nanda, Dr. Marcia Venegas Pont	
7:00 a.m.	Welcome and Course Overview
7:15 a.m.	Diabetes and Obesity Management <i>Meera Shah, MB, ChB</i>
8:00 a.m.	Q & A
8:05 a.m.	Pulmonary Medicine (Asthma-COPD) <i>Vivek Iyer, MD, MPH</i>
8:50 a.m.	Q & A
8:55 a.m.	Break
9:10 a.m.	Allergy and Immunology <i>Avni Joshi, MD, MS</i>
9:55 a.m.	Q & A
Moderators: Dr. Jennifer Lin, Dr. John Martin, Dr. Kim-Huong Tran	
10:00 a.m.	Cardiology Part A: Updates in Preventive Cardiology Part 1 – Focus on Biomarkers <i>Vlad Vasile, MD, PhD</i>
10:45 a.m.	Q & A
10:50 a.m.	Endocrine Part A <i>Timothy Hsieh, MD</i>
11:35 a.m.	Q & A
11:40 a.m.	Break
12:00 p.m.	Endocrine Part B <i>Timothy Hsieh, MD</i>
12:45 p.m.	Q & A
12:50 p.m.	Cardiology Part B: Updates in Cardiology Part 2

	<i>Jeffrey Geske, MD</i>
1:35 p.m.	Q & A
1:40 p.m.	Adjourn for the Day

Tuesday, March 25, 2025	
6:00 a.m.	Continental Breakfast
Moderators: Dr. Sanjeev Nanda, Dr. Marcia Venegas Pont	
7:00 a.m.	Practice-Changing Literature Updates for the Outpatient Clinician: Publications and Guidelines <i>Paul Mueller, MD</i>
7:45 a.m.	Q & A
7:50 a.m.	Updates in Rheumatology <i>Steven Lee, DO</i>
8:35 a.m.	Q & A
8:40 a.m.	Updates in Hospital Medicine <i>Deanne Kashiwagi, MD</i>
9:25 a.m.	Q & A
9:30 a.m.	Break
9:45 a.m.	Updates in Infectious Disease <i>Elie Berbari, MD, MBA</i>
10:30 a.m.	Q & A
Moderators: Dr. Jennifer Lin, Dr. John Martin, Dr. Kim-Huong Tran	
10:35 a.m.	Updates in Hematology <i>Carrie Thompson, MD</i>
11:20 a.m.	Q & A
11:25 a.m.	Break
11:40 a.m.	Oncology and Survivorship Updates for the PCP <i>Tiffany Hogan, MD</i>
12:25 p.m.	Q & A
12:30 p.m.	Mental Health and Resiliency for Health Care Providers <i>Jason Szostek, MD</i>
1:15 p.m.	Q & A
1:20 p.m.	Adjourn for the Day

Wednesday, March 26, 2025	
6:00 a.m.	Continental Breakfast
Moderators: Dr. Sanjeev Nanda, Dr. Marcia Venegas Pont	
7:00 a.m.	Dermatology: Dermoscopy and Tips for the Non-Dermatologist <i>Julio C. Sartori Valinotti, MD</i>
7:45 a.m.	Q & A
7:50 a.m.	Women's Health Updates <i>Richa Sood, M.D., M.S.</i>
8:35 a.m.	Q & A
8:40 a.m.	Break
8:55 a.m.	Updates in Gastroenterology <i>Sahil Khanna, MBBS, MS</i>
9:40 a.m.	Q & A
9:45 a.m.	Ophthalmology Pearls <i>Amir Khan, MD</i>
10:30 a.m.	Q&A
Moderators: Dr. Jennifer Lin, Dr. John Martin, Dr. Kim-Huong Tran	

10:35 a.m.	PMR/Regenerative Medicine Perles <i>Robert Nied, MD</i>
11:20 a.m.	Q & A
11:25 a.m.	Break
11:35 a.m.	Perioperative Medicine <i>Michael Mikhail, MD</i>
12:20 p.m.	Q & A
12:25 p.m.	Medicine and AI <i>Chris Stephenson, MD, MHPE</i>
1:10 p.m.	Q & A
1:15 p.m.	Adjourn